

# DISTRICT DIRECTORY INNER WHEEL DISTRICT 308







### **OBJECTIVES OF INNER WHEEL**

- TO PROMOTE TRUE FRIENDSHIP
- TO ENCOURAGE IDEALS OF PERSONAL SERVICE
- TO FOSTER INTERNATIONAL UNDERSTANDING

## This Directory belongs to:

	Name :
	Club Name :
00	Designation:



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# Inner Wheel Prayer

Instil in us O Lord, the true meaning of friendship.

Never let us forget that we are all thy children.

Notwithstanding the differences in our culture and creeds.

Endow us with a desire to serve our fellow men.

Remembering that we too often need help.

Whenever or wherever the need for service arises.
Help us to be ready to serve.

Endeavouring to make our badge of Inner Wheel worthwhile. Ensuring that we have not lived in vain

# इत्ररहील प्रार्थना

20GE

मित्रभाव के सत्य अर्थ को हम सब में हे ईश्वर भर दो । हम सब ही हैं तेरे बालक भूलें ना यह इतना कर दो ।। धर्म और संस्कृति भेदों का मन में नहीं स्थान रहे। सभी मानवों की सेवा का हमें सदा ही ध्यान रहे।। आवश्यकता हमें मदद की हो सकती यह याद रहे। सेवा करने की जरूरतें जहाँ कहीं भी आन पड़े।। सेवा करने को सब जन की तत्पर हम सब डटे रहें। मानव जीवन व्यर्थ न जाये प्रभु यह कृपा प्रदान करो।। 'इनरव्हील' की शान बढायें यह वर हमें प्रदान करो।



# Founder of Inner Wheel

# "The Candle that lit the Flame of Inner Wheel"



## Mrs. Margarette Oliver Golding

Manchester, UK

Heres To The Women! Who is loyal to the family and friends, Who expects no more from others, Than she is willing to give.

Margarette Owen, later Mrs. Oliver Golding the wife of a Manchester Rotarian, was born of Welsh parentage at Hey-Brecon. She was trained as a nurse and had served as such during the First World War. This triggered off a deep desire to help all ailing, deprived humanity. She was an extremely capable business woman and a great philanthropist; her chief social interest being the Manchester Girls Orphanage & Ancoats Hospital, for which the Inner Wheel Club of Manchester provided and furnished a mortuary chapel. She also did a great deal for the Girl Guide Movement, in which she held the office of Commissioner.

She formed, directly and personally, numerous clubs and several Districts and her inspiration is remembered to this day; she successfully achieved an even harder task in persuading Members to look beyond their local concerns and become part of a greater whole.

Hers was a vital personality combined with a clear brain and the ability to convey ideals to others. She was an excellent speaker and had a lively sense of humour which enriched her words. Nature had endowed her with gift of inspiring friendship and even devotion. Her greatest attribute was courage and courage was what Inner Wheel needed in the beginning. Inner Wheel was firmly established during her lifetime upon the path which it was to follow thereafter.



# The Glorious Years of District 308

### **History of Inner Wheel District 308**

Inner Wheel District 308 came into existence on 1 July 1985, by carving out from District 309 & 310. Mrs. Nira Nath from Inner Wheel Club of Ambala took over as the Founder District Chairman. The District extends to 22 revenue districts in 5 States & 1 Union Territory. At the time of birth, there were 16 clubs with a strength of 470 members. Today we have grown to 65 clubs in 36 cities with a strength of 2110 members.

IWC Shimla is the oldest club that has completed its glorious 50 years (Golden Jubilee) in 2017-18. Three other oldest clubs are Chandigarh, Ambala and Dehradun. IWC Shimla was formed in 1967-68, when it was part of District 315. Upon bifurcation of District 315 on 5th December 1968, it became part of District 310. Later on 1st July1971, District 310 was bifurcated into District 310 and District 311. IWC Chandigarh and Shimla continued in District 310 and Mrs. Sushil Baljee of IWC Shimla became District Chairman for 1971-72. Later, Mrs. Krishna Sagar (1978-79) and Mrs. Swarn Kanwar (1982-83), both from IWC Ambala also served as District Chairman of larger District 310.

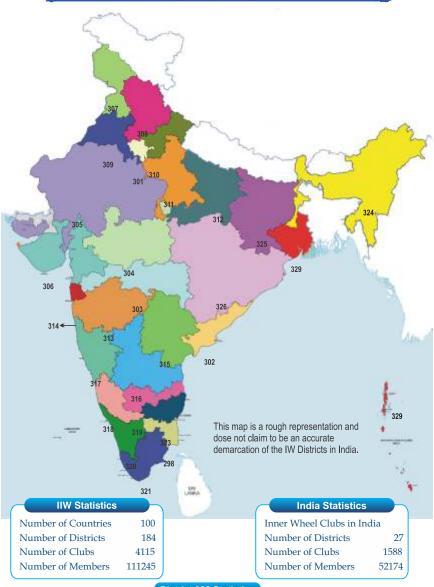
In 1978, District 309 was carved out of District 310. All the clubs of Punjab and few clubs of Haryana were affiliated with District 309. Then on 1 July 1985, District 310 was bifurcated into District 310, District 301 and District 308. Few clubs of Punjab & Haryana of District 309 were also merged into new District 308. Since then, our District 308 is in the same shape & form. District 308 can boast to have produced dynamic jewels who got opportunities to serve at Association & International levels, these are:

- 1. Krishna Sagar (DC 1978-79) Association Treasurer 1979-80
- 2. Anuradha Kalra (DC 1990-91) Association President 1996-97
- Renu Baljee (DC 1994-95) Association Secretary 1995-96, Association President 1999-2000, IIW Board Director 2001-2002, (CCC Chairman 2007-2010
- 4. Patricia Hilton (DC 2011-12) Association Treasurer 2012-13, Association President 2017-18, IIW Board Director 2019-20
- 5. Megha Bansal (DC 2014-15) Association Secretary 2015-16
- 6. Late Rachna Agarwal (DC 2018-19) Association Treasurer 2019-20

The execution of excellent projects has been the hallmark of the District with all the clubs playing their part in providing meaningful service to the community. The Salient Focus Areas have been the Protection & Conservation of the Environment, Humanitarian Services, consisting Care for the Aged/Special Children/Orphans, TEACH - Literacy, Health & Hygiene, Women Empowerment and Village Upliftment, Rebuilding Shelters & Schools in natural calamity hit areas of Uttarakhand, converting schools to Happy Schools, providing Girls Toilets and Artificial limbs, etc. have been some of the hallmark efforts by the District. The District has its own Website since August 21, 2010, launched by Mrs. Neelam Vij , District Chairman 2010-11. The updated version of the website has been launched in 2021-22 by PDC Sangeeta Trehan, District Chairman 2016-17.



## Inner Wheel Districts in India



#### **District 308 Statistics**

Number of Clubs 65 Number of Members 2110



# Association of Inner Wheel Clubs in India

They were formed in the year 1976 & affiliated to International Inner Wheel comprising of all the Inner Wheel Clubs spread in 27 Inner Wheel Districts all over India.

District 298 - Tamil Nadu, Puducherry

District 301 – Delhi, Haryana, Uttar Pradesh

District 302 - Andhra Pradesh

District 303 - Maharashtra

District 304 - Madhya Pradesh, Gujarat

District 305 — Madhya Pradesh, Rajasthan, Gujarat

District 306 — Gujarat, Maharashtra, Daman & Diu

District 307 — Punjab, Himachal Pradesh, Jammu & Kashmir

District 308 — Chandigarh, Haryana, Himachal Pradesh, Punjab, Uttar Pradesh, Uttarakhand

District 309 - Haryana, Punjab, Rajasthan

District 310 - Uttar Pradesh

District 311 - Uttar Pradesh, Uttarakhand

District 312 – Uttar Pradesh, Madhya Pradesh

District 313 – Maharashtra

District 314 – Maharashtra

District 315 - Andhra Pradesh, Telangana

District 316 – Karnataka, Andhra Pradesh, Telangana

District 317 - Karnataka, Maharashtra, Goa

District 318 - Karnataka

District 319 - Karnataka, Andhra Pradesh

District 320 — Tamil Nadu, Kerala

District 321 - Kerala, Tamil Nadu

District 323 - Tamil Nadu

District 324 - Assam, Meghalaya, West Bengal, Sikkim, Nagaland

District 325 - Bihar, Jharkhand

District 326 – Odisha, Chhattisgarh, Madhya Pradesh

District 329 – West Bengal, Andaman Nicobar



# My Family - My Backbone







# My Family - My Backbone









"Having somewhere to go is home. Having someone to love is family. And having both is a blessing."



## District Chairman 2022-23

# PROFILE **Mrs. Apeksha Ko. Garg**



Apeksha Kotahwala Garg, an affectionate and passionate woman of substance who inspires people to walk over the path of success with grace & elegance. Being an inspiration for all generations around, she has been transforming people's lives by infusing gravitas, happiness & success in their life. Having been born in New Delhi and brought up in Mumbai and Jaipur, in a jewellers family, she has a complete cosmopolitan exposure. She is MBA in finance and marketing, an image consultant, a soft skills trainer and a social worker. She is also the District President, Yamuna Nagar (2021-24) of Akhil Bhartiya Aggarwal Mahila Sammelan. She has recently ventured into the fashion business and started her own brand by the name of D'ARKA ENSEMBLE. She is the better half of a reputed industrialist of Yamuna Nagar, Paul Harris Fellow Rotarian Atul Garg and the mother of two awesome teenagers - Kashish & Ryan. They are a fun loving and an adventurous family of four.

Having seen her in-laws actively involved in Rotary and Inner Wheel, she too got interested in joining the platform and serving the society. Inner Wheel came in her life in 2006, when her younger child was only six months old and soon became an integral part of her existence. Gradually taking up different posts in her club, the Inner Wheel Club of Jagadhri- Yamuna Nagar, she climbed up to be the President in 2011-12. 'Think Ahead Aim High' - being the Inner Wheel Theme of the year, she worked upon multifarious projects like Mega Dental camps, blood donation camps (herself being a blood donor 13 times), pulse polio drive, women vocational centres; educating and empowering-women, children, senior citizens and the list is endless. The club also hosted the District Intercity during her presidentship where she got the opportunity to connect with the first International Inner Wheel President from India Mrs. Minna Kapur (Chief Guest).

Apeksha has participated in various District and Inter-District events and competitions and has won numerous accolades for the same. She has been awarded as Excellent Editor, Best Secretary and Outstanding President by the



District. Serving in different District sub-committees, she was elected as the District Editor for 2017-2018 of Inner Wheel District 308. In capacity of the District Editor, she complied, drafted and presented the annual Souvenir "Nav Saupan". As the District ISO, she exchanged a number of flags, organized varied District and Inter-District competitions which received tremendous response. The most sought after was the Ramp Walk on Recycled Fashion which appealed many hearts.

Carrying forward as the District Treasurer, she encouraged and helped a lot of clubs to get their pan cards made. She organized the first ever competition for the club treasurers in the District-'A Declamation Contest' on topics related to Inner Wheel. Apeksha also participated in the All Women's District Car Rally - "Tejaswini" where 4 ladies in two cars self-drove covering 500 kms, visiting twelve towns of Inner Wheel District 308, giving presentations in 16 colleges and to groups of women. District Secretaryship brought her closer to the Inner Wheel family and created unforgettable bonds. She has attended all the Zonal, District and Inter-District and National events ever since she became the District Editorbe it the North Zone Meets, Triennial, Golden Jubilee Celebration, IIW Convention or the National Meet- "Miration" and has actively participated in performances and presentations and been recognized for the same.

Came 2021 and everyone was hit with the covid pandemic. She too lost her dear ones and decided to serve the covid patients in hospitals with coconut water for one whole month. The gleam on their faces and the wait in their eyes said it allwhen not even their own family members were ready to serve them, being embraced by a stranger was like a ray of light for them. Her efforts were duly acknowledged by all the local dailies and recognized by awarding her with the Covid Warrior Honour. This has been her biggest achievement ever.

Now comes 2022, the most awaited year to be able to help and serve the society much more than ever as she reaches the pinnacle of District leadership. New hopes, new desires, new aspirations and new plans, she is all geared up for her stint as the District Chairman 2022-2023 and looks forward to creating new bonds, new memories, new platforms, new avenues and newer paths to be explored. She truly appreciates and is thankful to one and all in her journey to create magic. Apeksha truly believes:

''जहां कोशिशों की ऊंचाई अधिक होती है, वहाँ जीत भी शानदार होती है।''



## District Chairman 2022-23

# *M E S S A G E* **Mrs. Apeksha Ko. Garg**



"Learn from yesterday, live for today and hope for tomorrow". As the year turns and a new chapter is written is the history of Inner Wheel District 308, I feel elated to be associated with the organization which has brought hope in the lives of those who had embraced darkness due to innumerable reasons. Inner Wheel has helped me grow as an individual and all the levels that I have worked at are a testimony to the changed person I am today. They say that it is easy to sympathize than to empathize and Inner Wheel has taught me the true essence of both the words. I feel blessed to have been given the opportunity to serve at the highest level in the District and I am sure that this year too shall be an enthralling experience for each one of us.

I remember having joined Inner Wheel as an amateur who had no idea about what social service means and how much satisfaction it brings along. But today after being in service for 16 years, I can vouch for the fact that these 16 years have been the best years of my life. The relationships I have made will last a lifetime and all the people I have met throughout this time span have a special place in my heart. My gratitude to everyone for believing in me that I could be given the responsibility of taking charge of this coveted post in the district.

Dream big if you want to achieve something bigger and this is what has kept me going in my journey in Inner Wheel! We all think of a changed society but forget to understand the fact that we are the change makers. Nothing great will happen if we don't change our outlook. And for the outlook to change we need to prune our thoughts which can further culminate into positive and negative actions. What you do and what you say speaks a lot about your thoughts and thus, it is important that your thoughts are rich and pious. Expecting an overnight change is unfair but once you are associated with Inner Wheel you gradually start walking on the path of positivity, happiness and joy. The feeling of accomplishment when a girl starts studying because of the fees you gave or when a woman starts earning when you give her a platform to rise, cannot be expressed in words. And all this has been possible because of Inner Wheel. No matter how much I thank Almighty for putting me in touch with this wonderful organization, I will never be able to thank Him enough for this beautiful gift!

Making wonders happen is what we in Inner Wheel strive for and this year's theme "Work Wonders" will help us to go a step further in all our endeavors in serving the society. With the support of the seniors, friends and members we will be able to carve a niche in all that we plan to do!

Wishing everyone a miraculous year ahead!

Apeksha Ko. Garg

District Chairman 2022-2023



## Association President 2022-23

# PROFILE **Dr. Surjit Kaur**



A doctor whose life's mission is to heal the sick and ailing, to give Hope where all seems hopeless, to bring new life into the world and happiness to many, describes in a few short sentences, our Incoming Association President for 2022-23 Dr. Suriit Kaur.

Her early years were spent in Jammu & Kashmir where her father who was in the Armed forces was stationed. She did her Senior Cambridge from Carmel Convent Chandigarh. Even as a young girl her deep desire was to care for the sick. Her inspiration was Dr Mary Poonen Lukose, from

Kerala who was an Indian gynaecologist and obstetrician and the first female Surgeon General in India. Dr Surjit went on to do her MBBS from Jammu & Kashmir, followed by her post-graduation in Anesthesia, Obstetrics & Gynaecology. She had found her calling - Care of women and girls

She worked in the Punjab Civil Medical services for 25 years, offering her dedicated services to the state at the grass root level.

The Multi Speciality Hospital in Kapurthala ,stands testimony to the dedication of Dr Surjit and her family, who are also doctors, to serve the community with love and compassion for the past 28 years.

Her IW journey began in 1999 when she became the Charter member of the newly formed Inner Wheel Club of Kapurthala. She was declared the "Best Member" in 2001-2002.

She took over as President of her club in 2005. Bubbling with energy and enthusiasm she took part in all club projects and served with dedication on all the executive posts. She was declared the "Best President" and her club also received the "Best Club" award during her President ship

Her work in Breast Feeding promotion was awarded the "Best Project" in the District. The club received a cash prize on Rain Water Harvesting at the National level along with "Best Medical Project" of the year.

She entered the District in 2006 and served at all the district posts with distinction. As District Chairman in 2011-2012, she increased membership by 100. She organized Zonal Meets on Membership Development and Image Building, District Past Presidents Meet , and PDC Meet during her tenure.. She was the first to compile, publish and print a District Souvenir in her District. The hallmark of her Chairmanship was the frequent medical camps held and the follow up , and till today she provides free medical help to the underprivileged . "Her mantra is Health for all"



She was also the Chairman of the very successful Multi District Rally held at Amritsar. She was elected National Editor in 2018-2019 and won many accolades from International IW Editor for her excellent reporting and coverage of all IW projects and events in India. She compiled, published ,printed , and released "Empower & Evolve" a book highlighting the projects done by the Chairmen of all the 27 Inner Wheel Districts in India .which received great acclaim

She has attended the National PDC Meet, several Triennial Conferences, South Asia Rallies, and IIW Conventions. She was a scribe at the Triennial Conference 2019 at Pune and the Co-Convenor of the North Zone Meet held at Jammu in 2019 as well.

In 2021 -2022 she was elected as Association Vice president /Deputy NR .. She will be the 47 th President of the Association of Inner Wheel Clubs in India -2022-2023.

A busy doctor, a dedicated member of Inner Wheel, she is an active Rotarian too. She was the charter member of Rotary Club Kapurthala Elite and served as Club President. She has also served as Assistant Governor, District Secretary and District Co-Editor of RI District 3070. She is a Major Donor.

In her chosen medical field, Dr.Surjit serves devotedly on various forums and associations sharing her medical expertise and skill

She is a life member of the Indian Medical Association and Executive member of IMA Kapurthala. She was the Indian Medical Association President for 2 years She is also the Vice-chairman of Prevention of Female Feticide Committee, life member of Indian Red Cross Society; Secretary of the Federation of Obstetrics & Gynaecology Society India - Kapurthala branch, Treasurer of Indian Menopause Society - Jalandar Region and life member NARCHI (National Association of Reproductive and Child Health in India)

She has also worked extensively for the Eradication of Polio. She has been holding free camps for menopausal women, as well as frequent thyroid and bone density camps in her hospital for the past 20 years. Adult education in villages and micro financing for village women are issues close to her heart and she is actively involved in working for both.

Dr. Surjit Kaur is happily married to PDG Rtn. Dr. Sarbjeet Singh who is an E.N.T. specialist from P.G.I. Chandigarh. They are blessed with 3 children- 2 sons and a daughter and like the parents they believe in bringing healing and wellness to the sick .All of them are doctors. She is blessed with one grandson-Kabir, who follows the family tradition of helping the underprivileged, even at the very young age of Four

She strongly advocates empowerment of women and deeply concerned about other women related issues. Positive health for women is her major focus. She believes that women must be healthy as a first step towards Empowerment. She believes that Inner Wheel is the vehicle through which our vision of an Empowered Woman can be transformed into reality. If all the Inner Wheel members join hands to support and encourage women, it will build stronger communities. Together we can help women and girls lift themselves and their families out of extreme backwardness and penury, live healthier lives, and reach their full potential. When girls and women are empowered, everyone wins. And, when her potential is unleashed, she is a powerhouse of strength and energy that cannot be crushed

Dr. Surjit Kaur loves reading, writing short stories, watching musical concerts and theatre plays. The warmth of her friendship and hospitality are a bye word to all at Inner Wheel.



## Association President 2022-23

# M E S S A G E **Dr. Surjit Kaur**



#### Work Wonders!!

My dear friends in Inner Wheel,

WE CARE.....Yes, we do!

Dare, Care and Share ......Yes, we will!

This is the challenge I place before you this year - Dare, Care and Share. Three small words yet with great depth of meaning .As members of Inner Wheel, this great women voluntary organization, we Dare to do the impossible, because we Care and we wish to Share.

It is so simple. Ever since the inception of Inner Wheel, in 1924, we as members have taken up many challenges, without fear, and with a genuine desire to serve those who need help. Our Inner Wheel prayer says that wherever the need for service arises, be ready to serve.

And we at Inner Wheel have come forward with courage and compassion to serve. The world in the last hundred years has seen wars, famines, pestilences, earthquakes, floods, epidemics, and the most recent Covid -19 which shook the world to its very foundations.

Yet Inner Wheel members were to be seen everywhere serving the people in any way they could. Nothing could stop them. They DARED because they CARED

The IIW theme for the year 2022-2023 by our IIW President Zenaida Farcon-Work Wonders - is a theme that encompasses a very broad spectrum of what we as members can do, to make a difference to the community, society, and the world at large. It inspires us to work Wonders and miracles, when all seems hopeless. Let us all join together to Work Wonders and we will watch the miracles unfold.



I believe that a woman needs to be healthy .She needs to be educated. She needs to be given equal opportunity. She needs skill training. She needs to stand tall and empowered. Keeping this in mind my major focus would be on Adolescent and Women Welfare. Positive health for adolescents and women is my primary goal. A battle against the dreaded Cancer, anemia - spreading awareness regarding early detection and treatment and other health issues will be dealt with

"Education is the most powerful weapon which you can use to change the world" said Nelson Mandela. We will use this weapon to educate children who have never seen the inside of a school, school dropouts, educate the adult whose identity is her fingerprint as well as foster E Learning for all. Voluntary teachers would be encouraged and their social conscience awakened

Save the environment, Save the world. The Dalai Lama says that it is our collective and individual responsibility to preserve and tend to the environment in which we all live. We must ensure that the world we pass on to future generations is better than what we found it.

With this in mind, a major drive to minimize air, water, noise pollution and regulate waste management will be undertaken. Efforts to bring back tall shady leafy trees that were a part of our childhood and afforestation on a war footing will be organized. "Each one plant many" is my wish.

An increased membership means more hands to serve. Let us bring into the Inner Wheel fold those women who wish to serve and are looking for a forum of likeminded women to channelize their compassion and generosity.

As we step into a New Year of Friendship , Service and International Understanding, as we build further on the mighty edifice of Inner Wheel in India, as we Work Wonders and Miracles as we make the impossible possible with courage, dedication & friendship, let us in the words of Swami Vivekananda "Arise, Awake And Stop Not Till The GOAL is reached".

I wish you all the best my dear Wonder Workers.

God bless you

Dr. Sujit Kaur

Association President / National Representative



## IIW President, 2022-2023

# PROFILE **Zenaida Y. Farcon**



Zenaida Y. Farcon, or Zeny, as she is fondly called, is a dedicated and committed Servant Leader of Inner Wheel. At a very young age of 28, she joined the Inner Wheel Club of Marikina in 1988. She was recruited by her mother-in-law, Past National Treasurer Lourdes Farcon. With barely two years' experience as a club member, she served as President in 1990. In 1994-1995, she was elected as Chairman of District 380. As District Chairman, she sat on the Board of Inner Wheel Clubs of the Philippines, Inc. She concurrently served as National Secretary and Chairman of the National Leadership Training Seminar.

She served again as President of her club when her husband became President of the Rotary Club of Marikina in 1996. It was to honor the tradition of her husband's Rotary Club, where both husband and wife shall serve as President of the Rotary Club and the Inner Wheel Club as a team. Both clubs became the Most Outstanding Clubs of IWCPI District 380 and RI District 3800.

Zeny Farcon has high Organizational Sensitivity, exhibiting respect for the diversity of members, clubs, and districts while preserving systems thinking and big picture image. Her passion and love for Inner Wheel moved her to serve in higher positions and important committees. Her engagements in these activities showed her Competency in Project and Events Management.

Her entry into the National Board of Trustees of Inner Wheel Clubs of the Philippines, Inc, was progressive and developmental, serving as Deputy National Representative in 1995, First Vice President for two terms in 2000-2002, Internal Auditor in 2002-2003, National Representative in 2003-2004.



Given her sincerity, dedication, generosity, hard work, leadership management competencies, and experience, Zeny, at age 47, was ready to sit as National President in 2007-2008.

Her competency in "Managing Change and Transitions" made her a significant Contributor to the historic First, Second, and Third Leadership Summits. She was a Discussant, Team Leader, and Process Owner of identified concerns affecting IWCPI's Assets and Finances.

Zeny was a member of the National Learning and Development Committee (NLDC) and a Subject Matter Expert (SME), and served as Resource Speaker in National and District Leadership Training Seminars. She is well-remembered for her poignant presentations on topics like Revisiting the IWCPI Vision, Mission and Core Values, the Heart of a Servant Leader, Communications, Inner Wheel Branding, IWCPI History and Structure, Duties of Club and District Officers, and many more.

Zeny is a Certified Public Accountant (CPA) by profession. She graduated Cum Laude and landed top 20 among 10,500 examinees in the 1981 CPA Board examination. She is currently managing her accounting and auditing firm. She is married to a Lawyer-CPA, Past District Governor Virgilio "Jun" Farcon, Jr, Rotary International's Endowment and Major Gifts Adviser for Zone 10A for Rotary Year 2022-2025.

They have three children.

- JAYJAY, eldest, is a CPA and a Juris Doctor Law graduate and recently passed the BAR exams
- Their second JOJO is a practicing lawyer and newly married to MACRI, who is also a lawyer
- Their youngest ZARAH, is a former TV scriptwriter, graduated Second Honors from Law School with a degree of Juris Doctor and recently passed the BAR exams together with her brother Jayjay

Zeny is celebrating her 34 years of friendship and service in Inner Wheel. She served as IIW Board Director for 2019-2020 and 2020-2021. She was nominated and elected as IIW Vice-President for 2021-2022. Zeny is very much prepared to serve as IIW President for 2022-2023, where her dedication and competence shall contribute to the continual improvement of the management system of Inner Wheel, the organization she loves most.



## IIW President, 2022-2023

# MESSAGE **Zenaida Y. Farcon**



Another pandemic year has passed, and it is very pleasing to note that our Inner Wheel members in India have successfully fulfilled their mission to bring about change in the lives of those in need. Felicitations to the Pink First National Board led by its National President, SAROJ KATIYAR. You all have hurdled the volatile, uncertain, complex, and ambiguous times by excellently showing our members how to act with vision, understanding, clarity, and agility. Notwithstanding the obstacles such as distance and, of course, the threat of the virus, you bravely went on missions to show those who are disadvantaged that women like us care for them.

As we begin another season of selfless service to humanity, I wish all the best to the equally courageous National President SURJIT KAUR and the officers of the National Governing Body. No doubt that your team is determined to Work Wonders to inspire all Inner Wheel members to do what is necessary to respond to the needs of others. Your genuine concern for making a difference in people's lives will be the strength that will carry you through these challenging times.

Cheers to all the Wonder Women of the Association of Inner Wheel Clubs of India, and praying that we all remain Strong Women as we create a Stronger World.

#### ZENAIDA "ZENY" Y. FARCON

International Inner Wheel
International President, 2022-2023



## 11W Theme 2022-23

#### Art Concept:

The creation of the stars is a wonder of creation across cultures and time.

The figurines in Inner Wheel blue and yellow represents the members, in lively pose as they show their amazing and spectacular work.

The stars are in the colours of the rainbow representing the myriad of activities in all spheres. The rainbow of lights when combined is the white light that Inner Wheel women shines to the world.





#### Dear Friends,



I'd like to share with you some ideas on how we, Inner Wheel members, can give our valuable contribution to achieve more just and equal societies.

#### There will be FOUR areas of attention:







4 Empowerment



# **HEALTH** focus will be centered mainly

extending healthy life expectancy, and ending gender-based violence.



#### EDUCATION focus can leverage on



- outcomes, decreases the number of early marriages and improves their health and well-being.
- Another field of action will be harnessing new technologies for digital gender equality and enhancing Science Technology Electronics Mathematics (STEM) studies for

#### OPPORTUNITY will focus on:

- increasing women participation in labour force, helping them to get a job or starting a business; recognizing and valuing unpaid care and domestic work by providing public services, infrastructures and social protection policies as nationally appropriate;

striving for ending of occupational segregation



#### Women EMPOWERMENT can be done through:

- Ensuring women's participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life;
- Encouraging women to take decisions on their own health care, own earnings and investments;



## Rotary District Governor 3080

2021-22

## MESSAGE **Ajay Madan**



#### Dear Apeksha Ko Garg,

Congratulations and Greetings to you and your team 2022-23 on taking the mantle of IW District Leadership.

Innerwheel is the largest Women's Voluntary Service Organisation in the world and Rotary International is an international service organization whose stated purpose is to bring together business and professional leaders in order to provide humanitarian service and to advance goodwill and peace around the world. The purposes of both the organizations are SERVICE ABOVE SELF.

Women are the real architects of the society and empowering them would pave the way for a healthy and a more equitable nation. International Social Project Theme of Innerwheel 'STRONG WOMEN STRONGER WORLD' goes hand in hand with the Rotary Theme 'IMAGINE'. A strong woman knows she has strength enough for the journey, but a woman of strength knows it is in the journey where she will become strong. You must love and care for yourself because that's when the best comes out.

We are changing the lives of many seen and unseen by our grass root level social activities. I really wish that more and more people recognize the value of our organizations for our service to community. For that we need to make our work more visible by proper branding and by increasing our membership strength.

Rotary and Inner Wheel together can achieves more and can do greater things. Teamwork divides the task and multiplies the success. Let's come together and pledge together with a fresh beginning with a beautiful mindset to fulfil the aims and objectives of Rotary and Inner Wheel to help the less privileged in the world.

SAVITA AND I SEND YOU OUR VERY BEST WISHES.

Yours in service

AJAY MADAN District Governor 2021-22 RID 3080



## Message of Rotary District Governor 3080

#### 2022-23

I am glad to know that Inner Wheel District 308 is coming out with its official Directory for the year 2022-2023. The District Directory is the most utilized and resourceful publication of the year. It helps in establishing a network amongst members which is as strong as any family bond and helps us to know and help each other. The District Directory reflects the strength of its organization. It serves as a source of active communication and understanding amongst members and in the process facilitates the enhancement of human interaction and above all the service of mankind.



Every great dream begins with an Imagination. Always remember, we all have within us the strength and passion to reach the moon and to change this world for a better place to live in.

Inner Wheel District 308 greatest achievers have been those who have always stayed focused on their goals and have been consistent in their efforts. Further I hope your incoming leaders will set standards to such levels that all records are broken and the unachievable is achieved.

Rotary and innerwheel year 2021-22 has completed its full circle. The year gone by shall be remembered as recovery year from the trauma and suffering caused by Covid pandemic. We look forward to a year with hope and anticipation that this world is on the cusps of an economic revival that will lift millions of lesser privileged from the bonds of poverty.

The coming year is going to be an exciting year. In the Rotary history of 117 years we are having first time women International President in the name of Jonnifer Jones. Let's do more and more women centric and women empowerment projects together and engage in work focused in the fields of social, economic and political upliftment of women.

While I pledge my support to Innerwheel District 308, I urge you all to challenge your own expectations and exceed them in every sphere. There is no better joy than to feel that you have done better than what you thought you could.

Veena joins me wish to Innerwheel Dist Chairman Apeksha Garg and her dedicated team a very successful and meaningful year 2022-23.

Stay Strong, Stay Blessed. With Best Regards,

Rtn VP Kalta DG-2022-23 RID-3080



# Crown Jewel of Our District

# The Margarette Golding Award

An Award created in the name of Margarette Golding for highly commendable personal service through Inner Wheel or in the community.



Margarette Golding Awardee 2017-18

KRISHNA SAGAR

**Past Association Treasurer** 



# Lifetime Achievement Awards

## 2019-20



**PAT Krishna Sagar** Home Club: IWC Ambala



**PDC Dr. Sunita Saluja** Home Club: IWC Jagadhri Yamunanagar

### 2020-21



PDC Nira Nath Home Club: IWC Ambala



**PDC Kanan Diwan** Home Club: IWC Shimla

### 2021-22



PDC Swarn Kanwar Home Club: IWC Ambala



**PDC Bhuvan Rana** Home Club: IWC Shimla



### District Executive Committee 2022-23

#### District Chairman



#### APEKSHA KO. GARG

26-C, Model Town, Gobindpuri Road Yamuna Nagar - 135001, Haryana 9416020866 apekshakogarg@yahoo.com DOB: 2-May; DOA: 20-Apr

Home Club: IWC Jagadhri Yamunanagar

#### District Vice Chairman



#### SEEMA KAPOOR

C/o Louis Philippe 37, Opp. Reporting Room The Mall Shimla - 171001, H. P. 9318807000 iwseemakapoor@gmail.com

DOB: 3-Sep; DOA: 18-May Home Club: IWC Shimla Midtown

#### IPDC/AC Member



#### **GURPREET KAUR**

#279/3, Ward No.15, Near Old Bus Stand LADWA 136132 (Kurukshetra) Haryana 98125-50741 gur01876@gmail.com

DOB: 1-Aug; DOA: 29-Nov Home Club: IWC Ladwa

#### **District Secretary**



#### **SUJATA AHUJA**

32, Civil Line, Behind Roadways Bus Stand Roorkee - 247667, Haridwar, U.K. 98970 46113, 99970 63530 sujataahuja1960@gmail.com DOB: 30 June; DOA: 18-Feb Home Club: IWC Roorkee

#### **District Treasurer**



#### **POOJA GOEL**

Pooja Villa, # HIG-2, Sec-1A, Parwanoo District Solan - 173220 H.P. 7018741649

pooja.goel99@yahoo.com DOB : 4-June; DOA : 14-Feb Home Club : IWC Parwanoo



### District Executive Committee 2022-23

#### District ESO



#### PDC SHASHI KIR

445-37, Civil Lines Roorkee - 247667, Haridwar, Uttarakhand 9837274709, 1332-273339 shashikir28@gmail.com

DOB: 28-Sep; DOA: 5-May; Spouse: Rtn. Pramod Kir

Home Club: IWC Roorkee

**District ISO** 



#### KIRAN JAIN

Jakkimulls, The Mall Kasauli Pin Code: 173204 H.P. 9418027400, 9872242249 iwkiranjain@gmail.com

DOB: 25th March; DOA: 2nd Dec Home Club: IWC Kasauli

#### **District Editor**



#### MEENAKSHI S. ANAND

#208, MDC, Sector 4, Panchkula - 134114, Haryana 9815186397

ms\_2198@yahoo.com

DOB: 16th Aug.; DOA: 14th Oct. Home Club: IWC Panchkula

#### District CCC Chairman



#### PDC SUNITA SHARMA

Regency Complex River View Lane, Paonta Sahib - 173025, H. P. 9418021122, 9736633333, 1704-223431 sunitasharma5100@gmail.com DOB: 30-Dec; DOA: 24-Sep; Spouse: PDG Rtn. Arun Sharma Home Club: IWC Paonta Sahib



## Pride of Our District



PIIWBD Renu Baljee
Association Secretary 1995-1996
Association President 1999-2000
IIW Board Director 2001-2002
CCC Chairman 2007-2010



PIIWBD Patricia Hilton Association Treasurer 2012-2013 Association President 2017-2018 IIW Board Director 2019-2020



PAP Anuradha Kalra Association President 1996-1997



PDC Krishna Sagar Association Treasurer 1979-1980 Margarette Golding Awardee 2017-2018



PDC Megha Bansal Association Secretary 2015-2016



Late PDC Rachna Agarwal
Association Treasurer 2019-2020



#### 1978-79 - Work for Peace Through Love



#### **PAT Krishna Sagar**

OSAW Agro Industries (P) Ltd. Jagadhari Road, Ambala Cantt. - 133001, Haryana 9812040590, 1712634156, 171-2699503 lakshmisagar@rocketmail.com DOB: 7-July; Spouse: Late Lakshmi Sagar Home Club: IWC Ambala

#### 1982-83 - Understanding & Peace



#### **PDC Swarn Kanwar**

Home Club: IWC Ambala

170, Staff Road, Ambala Cantt. - 133001, Haryana 9896343917, 171-2670132 sabharwal.nk@hotmail.com DOB: 3-Dec; DOA: 15-May; Spouse: Rtn. Jai Kanwar



#### 1985-86 - Co-operate



#### PDC Nira Nath

Imperial Flour Mills, Seth Bros, Circular Road Ambala City - 134003, Haryana 9812095564, 9813795564 niranath@hotmail.com DOB: 19-Sep: DOA: 9-Jul: Spouse: PDG Rtn. M

DOB: 19-Sep; DOA: 9-Jul; Spouse: PDG Rtn. Manmohan Nath

Home Club: IWC Ambala





### PDC Dr. Sunita Saluja

Oriental House, Industrial Area, Yamunanagar- 135001, Haryana 9215551755, 01732-251755 dr.sunitasaluja@oewil.com

dr.sunitasaluja@oewil.com DOB: 2-Oct.; DOA: 4th Dec., Spouse: PDG Rtn. Satish Saluja Home Club: IWC Jagadhri Yamunanagar



#### 1987-88 - Have Patience



#### PDC Kanan Diwan

1536, Sector 33D, Chandigarh - 160047, Chandigarh 8427681536, 6280216080, 172-4631536

kanandiwan6@gmail.com

DOB: 20-Apr; DOA: 12-Nov; Spouse: PDG Rtn. Yoginder Diwan

Home Club: IWC Shimla



#### 1988-89 - Protect Children, they are the future



#### PDC Bhuvan Rana

Yodha Niwas Lower Jakhu, Shimla - 171001, H. P. 9816468468, 177-2802710 rajesh\_sml@yahoo.com DOB: 1-Mar; Spouse: Late PDG Rtn. Jagdish Rana

Home Club: IWC Shimla

#### 1989-90 - Put your Heart in to it



#### PDC Kuldip Kalra

H. No. 727, Sector 11B Chandigarh - 160011, Chandigarh 9915172360, 172-2749700 DOB: 12-Jun; Spouse: Late Tajinder Singh Kalra

Home Club: IWC Chandigarh



#### 1990-91 - Give your World a Future



#### PAP Anuradha Kalra

100. Model Town Panipat - 132103, Haryana 9813016555, 180-2657777 anudevinder@hotmail.com

DOB: 22-Sep; DOA: 31-Jan; Spouse: PDG Rtn. Devinder P. Kalra

Home Club: IWC Panipat





#### PDC Dr. Rashmi Thakral

#102 Spring's Exotica-II, Vasna-Bhayli Road, Near White House Vasna, Vadodara - 391410, Gujrat 9897260999, 135-2632999 dr.rashmithakral@gmail.com

DOB: 18-Nov; DOA: 20-Feb; Spouse: PDG Rtn. Dr. G. K. Thakral Home Club: IWC Mussoorie



#### 1994-95 - Widen your Horizons



#### PIIWBD Renu Baljee

Baljees Cateres (P) Ltd. Fingask Estate, Shimla - 171003, H. P. 9816077130, 177-2658926

baljees@gmail.com

DOB: 25-Apr; Spouse: Late Rtn. Harsh Baljee

Home Club: IWC Shimla



#### 1995-96 - Open your Heart & Home



PDC Sangeeta Sood 3703/5, Brham Niwas, Near Civil Hospital Ambala Cantt. - 133001, Haryana 9416446839, 171-2643313 avinashsood1@yahoo.com

DOB: 15-Sep; DOA: 9-Oct; Spouse: Rtn. Avinash Sood

Home Club: IWC Ambala

#### 1997-98 - Together we are Stronger



DOB: 18-Jul; Spouse: Late Harish Chandra Home Club: IWC Ambala



1998-99 - Make our World a better place, Communicate & Educate



PDC Neerja Pandhi Heart's Office, 1st Floor, Kulri Mussoorie - 248179, Uttarakhand 9837089339, 135-2631677 anilpandhi@yahoo.co.in

DOB: 7-Nov; DOA: 15-Oct; Spouse: Anil Pandhi

Home Club: IWC Mussoorie





#### PDC Sunita Sharma Regency Complex onta Sahib - 173025, H. P.

River View Lane, Paonta Sahib - 173025, H. P. 9418021122, 9736633333, 1704-223431 sunitasharma5100@gmail.com

DOB: 30-Dec; DOA: 24-Sep; Spouse: PDG Rtn. Arun Sharma Home Club: IWC Paonta Sahib



#### 2001-02 - Enthusiasm creates Action



PDC Dr. G. K. Bedi 181, Sector 33A Chandigarh - 160047, Chandigarh 9814027600, 172-2605047 dr.rsbedi@gmail.com

DOB: 20-Sep; DOA: 11-Sep; Spouse: Rtn. Dr. R. S. Bedi

Home Club: IWC Chandigarh Central



#### 2002-03 - Care for the Future



#### PDC Anita Saluja

Erol Exports (P) Ltd. M-6, Industrial Area, Yamuna Nagar - 135001, Haryana 9812054546, 1732-251756 salujaanita@gmail.com DOB: 4-Apr; Spouse: Late Rtn. Lalit Mohan Saluja

2003-04 - Make the Friendship Positive



Home Club: IWC Jagadhri Yamuna Nagar

#### PDC Saroj Kakkar

84, Model Town Ambala City - 134003, Haryana 9468159543, 171-3208270

DOB: 3-May; DOA: 30-Apr; Spouse: Rtn. Vidya Bhushan Kakkar Home Club: IWC Ambala



#### 2004-05 - Work Together and Give Hope



PDC Dr. Geeta Gupta

Geeta Hospital N. S. Park, Panipat - 132103, Haryana 9416351897, 180-4011232 drsngupta@hotmail.com

DOB: 17-Nov; DOA: 1-Dec; Spouse: Rtn. Dr. S. N. Gupta

Home Club: IWC Panipat





#### PDC Neeru Khattar

156, Sector 6 Panchkula - 134109, Haryana 9814902336, 172-2560386 neerukhattar05@gmail.com

DOB: 5-Dec; DOA: 29-Jul; Spouse: Rtn. Raj Kumar Khattar Home Club: IWC Chandigarh Midtown





#### PDC Neeru Guglani

A-24, Sector-1, Eldeco Estate One, Near Eldeco Club, Panipat - 132103, Haryana 9812800685, 9812053685, 180-4012685

neeruguglani9@gmail.com

DOB: 9-Dec; DOA: 2-Dec; Spouse: Rtn. Suresh Guglani

Home Club: IWC Panipat



#### 2007-08 - Communicate our Vision



PDC Samira Saluja

Oriental House Industrial Area, Yamuna Nagar - 135001, Haryana 9215551754, 1732290750, 1732-251750 samirasaluja@oewin.com

DOB: 15-Sep; DOA: 7-Jul; Spouse: Rtn. Raman Saluja Home Club: IWC Jagadhri Yamuna Nagar

#### 2008-09 - Realize your Visions & Make a Difference

#### PDC Meena Ranaut The Blessing Kufri, Shimla Hills, Shimla - 171012, H. P.

nla Hills, Shimla - 1/1012, H. P. 9816000088, 177-2648005 mdhianchand@hotmail.com

DOB: 8-Feb; DOA: 3-Aug; Spouse: PDG Rtn. Dhian Chand Home Club: IWC Shimla



#### 2009-10 - Help brings Hope



#### PDC Santosh Gupta

125, Shivalik Enclave Nac Manimajra, Chandigarh - 160101, UT 9316040998, 9216585825, 172-4667890 santoshgupta125@gmail.com

DOB: 25-Dec; DOA: 11-May; Spouse: Dr. Keshav Ram Gupta

Home Club: IWC Chandigarh Midtown

#### 2010-11 - Commit with Conviction, Compassion, Consistency



### PDC Neelam Vij

D/32, Sector 2 New Shimla - 170009, H. P. 9816052000, 177-2670510 neelamvij59@gmail.com

DOB: 28-Feb; DOA: 26-May; Spouse: Rtn. Ajay Vij Home Club: IWC Shimla



#### 2011-12 - Think Ahead - Aim High



#### PIIWBD Patricia Hilton

Hilton's School, Brightlands Estate Saharanpur Road, Majra, Dehradun - 248171, Uttarakhand 9997445711, 135-2640240 patriciamhilton@gmail.com

DOB: 3-Jan; DOA: 28-Jun; Spouse: PDG Rtn. David Hilton

Home Club: IWC Dehradun



#### 2012-13 - Be a Friend



PDC Brij Parmar Parmar Nursing Home Parmar Villa, Bela Road, Roop Nagar - 140001, Punjab 9872386605, 1881-220275 parmarbrij@yahoo.com DOB: 30-Jul; DOA: 10-May; Spouse: PDG Rtn. Dr. R. S. Parmar

Home Club: IWC Roopnagar

Home Club: IWC Dehradun

#### 2013-14 - We for Women

### PDC Shalini Chaudhry

1065/11, Model Town, Adj. ICICI Bank, Kurukshetra Road, Kaithal - 136027, Haryana 9315822456, 1746-234275 shalinichaudhry20@yahoo.com

DOB: 20-Feb; DOA: 29-Nov; Spouse: Rtn. Sandeep Chaudhry Home Club: IWC Kaithal



#### 2014-15 - Light the Path



PAS Megha Bansal 263/1, Vasant Vihar Dehradun - 248001, Uttarakhand 9897404422 maggi123@gmail.com DOB: 16-Oct; DOA: 16-Nov; Spouse: Rtn. Manish Bansal



#### **PDC Mala Awasthy** Villa no. B2/44, Sector 4 Eldeco Estate One, Panipat - 132103, Haryana 9050009427

malaawasthy@gmail.com

DOB: 27-Sep; DOA: 1-Jun; Spouse: Rtn. Amitabh Awasthy Home Club: IWC Panipat



#### 2016-17 - Touch a Heart



PDC Sangeeta Trehan Trehan Cottage Madhuban Colony, Solan - 173212, H. P. 9816165759, 7018227251, 1792-220171 sangeetasolan@gmail.com DOB: 21-Jul; DOA: 3-Feb; Spouse: Rtn. Arun Trehan Home Club: IWC Solan



# Past District Chairmen

### 2017-18 - Leave a lasting legacy



PDC Shashi Kir 445-37, Civil Lines Roorkee - 247667, Haridwar, Uttarakhand 9837274709, 1332-273339 shashikir28@gmail.com

DOB: 28-Sep; DOA: 5-May; Spouse: Rtn. Pramod Kir

Home Club: IWC Roorkee

### 2019-20 Together We Can

### PDC Seema Chopra

798, Model Town, Ekta Park, Near Shivaji Stadium Panipat - 132103, Haryana 98125-05050

seema.17973@gmail.com

DOB: 17-Sep; DOA: 15-Nov; Spouse: Rtn. Atul Chopra Home Club: IWC Panipat



### 2020-21 Lead The Change



PDC Kanta Kapoor Shiva Associates, NH-22, Sector-2 Near Tarun Filling Centre, Parwanoo - 173220, H. P. 9816033372, 9816740001 kantakapoor72@yahoo.co.in

DOB: 12-Jun

Home Club: IWC Parwanoo

2021-22 - Pink First



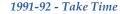
IPDC & AC Member Gurpreet Kaur #279/3, Ward No.15, Near Old Bus Stand LADWA 136132 (Kurukshetra) Haryana 98125-50741

> gur01876@gmail.com DOB: 1-Aug | DOA: 29-Nov Home Club: IWC Ladwa





## In Our Memories Forever





Late PDC Dr. Devangna (9 March 1924 to 7 October 2020) Spouse: Late Rtn. Dr. Krishan Kumar Home Club: IWC Ambala



1992-93 - Understanding



Late PDC Usha Jain (1 July 1949 to 29 August 2021) Spouse: Late Rtn. Er. Vijay Kumar Jain Home Club: IWC Ambala City





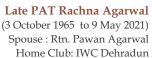


1999-00 - Reach out & keep Hope alive, Turn Giving in to Living



**Late PDC Pushpa Khanna** (23 October 1935 to 23 June 2016) Spouse: Late Sh. J.R. Khanna Home Club: IWC Chandigarh

2018-19 Empower and Evolve







# International Inner Wheel 2022-23



President **Zenaida Farcon**Philippines



Vice President Trish Douglas GB&I



Imm. Past President **Ebe Martines**Italy



Treasurer Sarita Lunani India



Constitution Chairman Sissel H Michelsen Norway

### IIW Board Directors

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Dot Andersen-Lee Kirsten Moller Marie-Francoise Pignard Ingelog Wyndhamn Beatrix von Fassong Cinzia Tomatis Elizabeth Tooke Marlies Arnold-Luiten Liv Elin Broberg Lewin Zena Coles Zhivka Stoyanova Uche Agbim Gillette Broadaway Kaija Keijola Fe Victoria de Guia Shanta Jayalath

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Nigeria
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Philippines

Sri Lanka



Editor / Media Manager Prabha Raghunandan India



# Association Executive Committee 2022-23

# Association President & National Representative



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Kapurthala Hospital & Nursing Home,
Jalandhar Road, Kapurthala -144601, Punjab
Mob: 9814063457
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# Association Vice President & Deputy National Representative



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IP Assn. President



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Hon. Assn. Secretary



Mrs. Ratna Behere
(District 317)

"Tushar", 83/5, Sri Ram Colony,
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Hon. Assn. Treasurer



Mrs. Archana Bajpai (District 312) D-31, Gandhi Nagar Sigra, Varanasi Uttar Pradesh 221010 Mob: 9839070008 Email:anjubajpai09@gmail.com



**Association CCCC** 



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### National Editor



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# District Chairmen 2022-23

### District 298



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# District 305



Reena Agarwal Jatan Todarmal Marg Ajmer 305001 Rajasthan M: 9828398167 agarwalreena988@gmail.com

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Mala Rishi House No, 70 (T.F) Pocket 2, Jasola New Delhi-110025 M: 9818029959 malarishi1911@gmail.com

### **District 306**



**Sipra Chakrabarti** 6 & 7, Sahyog Flats, Dr.kurien Enclave, Anand-388001 Gujarat M: 9824419350 siprachakrabarti@yahoo.com

### **District 302**



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### **District 307**



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### **District 303**



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'Payas ' Sri Krishna Colony,
Satana Naka Malegaon
( Nashik)-423203
M : 9403710204
girisha.thakare7@gmail.com

### **District 308**



Apeksha Ko Garg
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Gobindpuri Road,
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Haryana
M: 9416020866
apekshakogarg@yahoo.com

### **District 304**



Shashi Shukla E7, HIG -131 Arera Colony, Bhopal, Mp - 462016 M: 9826026412 new61@rediffmail.com



Bela Sachdeva 1-A-19 Sukhadia Nagar Sriganganagar-335001 Rajasthan M: 9783919440, belasachdeva4@gmail.com



# District Chairmen 2022-23

### District 310



Preeti Saxena C-47, Ramganga Vihar Phase-1, Mda , Moradabad-244001 Uttar Pradesh M: 9412340404 preetiumb136@gmail.com

### **District 315**



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### **District 311**



Mrs. Renu Agarwal 35-Z/11-A, Rampur Garden, Bareilly-243001 Uttar Pradesh M: 9927850024 renu.agarwal2809@gmail.com

### **District 316**



Dr. P.Sri Madhavi Devi Varidhi Academy Of Training Above Dtdc Courier, Ice Land Road Hospet-583201 Karnataka M: 9845055086 jcdrmadhavi@gmail.com

### **District 312**



Dr. Versha Vinay Kumar 1202, Triumph Tower, Omaxe Heights, Vibhuti Khand, Gomti Nagar,-226010, Lucknow (up) M: 9335249912 vershainnerwheel312@gmail.com

### **District 317**



Mahananda Chandargi "Shivgiri"-Chandargi-Hospital, Ayyappa Swami Nagar, Takke Road, Vijayapura-586102 Karnataka (M): 8352-354059 /7760208383 mahanandachandargi@gmail.com

### **District 313**



Mukti Panse Mohak Bunglow, Plot No 370, Sector 21 (Ynr.) Nigidi Pune 411044 Maharashtra M: 9823387031 muktipansedistrict313@gmail.com

### District 318



Kavitha Niyath Basaveshwara Poly Clinic, 1-G Road, Chikmagalur-577101 Chikmagalur, Karnataka M: 9845330780 Kavithaniyath@gmail.com

### **District 314**



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Vinutha Harish 364,19th "F" Main, 1st N , Block, Rajaji Nagar, Bangalore- 560010 Karnataka M : 9448088052 vinutah9@gmail.com



# District Chairmen 2022-23

### **District 320**



**Asha Sunil** 13, B, Link Horizon Marine Drive Ernakulam-682011 Kerala M: 9846773371 Ashaatsasha@gmail.com

### **District 326**



T. Chiranjeevi Spectrum Heights, Flat No.201, Berhampur-760001 Odisha M: 9438211442 districtchairman326@gmail.com

### **District 321**



Suriaprabha Rajasekaran 2/52-2, Raaj Kudil, Pilliarnatham, Pithalaipatti, Dindigul-624002 Tamilnadu M: 9842133417/9345833088 Prabharsekaran@gmail.com

### **District 329**



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### **District 323**



A.T. Arasi Ponmozhi New No.53, Amirjhan Street, Choolaimedu, Chennai- 600094 Tamilnadu M: 9841186617 arasipons62@gmail.com

### District 324



Kakoli Chowdhury H.NO. 79/9 Gairi Gaon (Below Chandra Bhawan) Dali, Darjeeling 734101 M: 9319024333 kakoliiwc@gmail.com

# Take up one Idea. Make that one Idea your LifeThink of It, Dream of it, Live on that Idea.

- Swami Vivekanand



Dr. Rita Jha
D,31, Vatika Green City
Near Dimna Chowk Mango
Jamshedpur-831018 Jharkhand
M: 9835165119 /9334820744 /
0657-3551743
Docritajha@gmail.com



# Association Council Members 2022-23

### District 298



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### **District 305**



Rakhi Desai Sai Krupa, Near Old Krishna Cinema, Pilajiganj Mehsana Gujarat - 384001 M: 9879752868 rakhi52868@gmail.com

### **District 301**



Anita Jain House No. 1104, D-3, D block, Puri Pranayam, Sector 82-85, Faridabad, Haryana, 121002 M: 99110-86060 anitajain0308@gmail.com

### District 306



Sushma Agrawal Keshav Garden, Agra Road, Dhule-424001, Maharashtra M: 9423493357 agrawal.sushma2@gmail.com

### District 302



P Yasoda 27-44-5/2, Patibandavari Street, M.G. Road, Governorpet Vijayawada - 520002 M: 9346276145/0866-2576145 patibandayasoda@yahoo.com

### District 307



Guninder Kaur 303, Master Tara Singh Nagar Jalandhar – 144001 Punjab M : 9815061809 winnie1360@yahoo.com

### District 303



Ashwini Gujarathi Gujarathi lane,Post Box. No. 1 Chopda - 425107 Dist.Jalgaon Maharashtra M: 9922119111 ashwinigujarathi@gmail.com

### District 308



Gurpreet Kaur H. No. 279/3, Ward No.15, Near Old Bus Stand, Ladwa -136132 Distt. Kurukshetra M: 9812550741 gur01876@gmail.com

### **District 304**



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Neeta Puri B-1, Krishna Appartment Balaji Enclave, GTM Colony Sirsa-125055, Haryana. M: 9416921542, 94859-20542 nitapuri13july@gmail.com



# Association Council Members 2022-23

### **District 310**



**Sonal Bhatia** 109, Shanti Nagar. Civil Lines, Moradabad – 244001 (UP) M: 9917475401 sonalbhatia69@gmail.com

### **District 315**



V. Sunitha 23-6-85, Sainagar Colony, Hunter Road, Warangal-506001, Telangana. M: 9701045045 sunithavallam8@gmail.com

### **District 311**



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### District 316



Jyothi Laxman Sharada Nilaya, Old Post Office Road, Neelakanteshwara Extension, Chitradurga- 577501 M: 9845256442 jyothilaxman09@gmail.com

### **District 312**



Archana Bajpai D31 Gandhi Nagar Sigra Varanasi-221010 M: 9839070008 anjubajpai09@gmail.com

### **District 317**



Ratna V Behere Tushar 83/5, Sri Ram Colony, 4th Cross, Adarsh Nagar, Vadagaon Road, Belgaum -590005 Karnataka M: 9448141948 ratnabehere@yahoo.in

### **District 313**



Santosh Gupta Singh Sanskar Villa, Plot No. 101/4 HOCEL CHS Swami Nityanand Marg Near Gradan Hotel, Oppst. IDBI ATM, Panvel-410206 M: 99304-51699 dist313santosh@gmail.com

### District 318



Pushpa Gururaj 85/3,"SOORU", BEML Colony 15th Block, Srirampura, 2nd Stage, Mysuru - 570023, Karnataka, India M: 94484-67088 pushpagururaj@gmail.com

### District 314



Sunita Jain Neelkanth Woods,Villa No 46 Manpada ,Thane west 400610 M : 9833104700 sunitaiwc314@gmail.com



Veena Niranjan
House of Hiranandani,
Lake Verandas, B–1902, Begur
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Bangalore - 560114
M: 98441-10350
veena.niranjan@yahoo.com



# Association Council Members 2022-23

### **District 320**



Alamelu Sivaramakrishnan NGS - 278, " Dhwani", Near Thankam Pickles, Panchagramam Nurani, Palakkad – 678004,Kerala M: 9947253661 dhanyasivaramakrishnan@yahoo.in

### **District 326**



Manisha Shrivastava 1580 /13 Nand Villa Near Vice Chancellor Bungalow Pachpedi Jabalpur, 482001 M.P. M: 9425861656/7000664072 manisha25nk@gmail.com

### **District 321**



Cinda Jojy Vadakkekalam Green Villa, Chamber Road Alleppey - 688012 Kerala M: 9446039399 cindazachariasjojy@gmail.com

### District 329



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### District 323



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### District 324



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# Service to HUMANITY is Service to DIVINITY

- Swami Vivekanand



Poonam Thakur Bibiganj, Chitrakut Nagar, Road Number - 2 Muzaffarpur, Bihar - 842001 M: 9931975953 pinki.poonamthakur@gmail.com



# Goals for 2022-23



**Association of Inner Wheel Clubs in India The Key Focus Points** 





# DARE CARE SHARE

W WOMEN & ADOLESCENT GIRL WELFARE

**E ENVIRONMENT** 

UE CAPIT

C CANCER

A ANAEMIA

R RETENTION & EXTENSION

IN INNER WHEEL

E EDUCATION

# Association on Inner Wheel Clubs in India

The key focus points







# PROJECT POSITIVE HEALTH STOP NON COMMUNICABLE DISEASES

- PAN INDIA CAMPS- POSITIVE HEALTH DAYS
- 29TH SEPTEMBER-WORLD HEART DAY
- 14TH NOVEMBER-WORLD DIABETES DAY
- 10TH JANUARY-INNER WHEEL DAY
- 7TH APRIL -WORLD HEALTH DAY
- ANY OTHER DAY

### GOALS

- 4 CAMPS PER CLUB ON FIXED DAYS
- ADDITIONAL CAMPS IF POSSIBLE
- AWARENESS CAMPS IN SCHOOLS For CLASS 7TH & 8TH
- TEACHING YOUNG ABOUT HEALTHY FOOD

# MENSTRUAL HYGIENE MANAGEMENT GOALS

- MHM TRAINING IN SCHOOLS
- AWARENESS ABOUT OPTIONS / CHOICES AVAILABLE
- TRAINING OF TEACHERS
- STUDENTS AS GROUP TRAINERS
- SUPPLY OF REUSABLE MATERIALS
- STRENGTHENING WASH FACILITIES

### LEGAL HELP GOALS

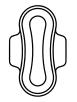
- Awareness of free legal services for women & children
- · Helping those who need help.

### SENIOR CITIZENS GOALS

- CELEBRATE FESTIVALS WITH THEN MAKE THEM FEEL NEEDED AND USEFUL
- CAMPS FOR MENOPAUSAL WOMEN
- HOLD HEALTH CHECK UP CAMPS FOR THEM.















### AWARENESS ABOUT GOVERNMENT WELFARE SCHEMES

**GOALS** 



 AWARENESS TALKS AT VARIOUS LEVELS

### **SKILL DEVELOPMENT & REHABILITATION**

**GOALS** 

### START SKILL TRAINING SCHOOLS:

• At CLUB LEVEL WITH CSR & GOVERNMENT

### SPONSOR /FINANCE DESERVING WOMEN:

AWARENESS ABOUT FREE SEWING MACHINE FOR POOR





- SOLID WASTE MANAGEMENT
- BIODEGRADABLE & PLASTIC WASTE MANAGEMENT
- GREY WATER MANAGEMENT
- AIR POLLUTION
- NOISE POLLUTION

### **GOALS**

### ADOPT A VILLAGE TO CREATE AWARENESS & START PROJECTS FOR THESE CLEAN DRINKING WATER

- WORK IN SLUMS / NO PIPED WATER SUPPLY/ ( SAWYER) etc
- SAVING WATER CAMPAIGN
- TALKS ON WATER POLLUTION
- TALKS IN SCHOOLS
- RECHARGING WATER-1 Project per club

### **ENVIRONMENT: TREE PLANTATION & AFFORESTATION**

### **GOALS**

- PLANTATION AND TAKING CARE
- 1 TREE FOR EVERY FAMILY MEMBER
- TAKING CARE OF THOSE TREES FOR 1-2 YEARS











### **AWARENESS:**

- · Warning signs IEC display
- Health talks

### EARLY DETECTION:

- SELF EXAMINATION OF BREAST (VIDEO) TO BE SHARED AMONGST MEMBERS
   SOCIAL MEDIA TO CREATE AWARENESS ABOUT SELF EXAMINATION.
- PAP SMEAR CAMPS
- COLPOSCOPY CAMPS
- MAMMOGRAPHY CAMPS

### PREVENTION:

VACCINATION FOR CA CERVIX FUNDING (CSR, DONATION, GOVERNMENT SCHEMES) MEASLES & RUBELLA VACCINATION.





- HEMOGLOBIN CHECK UP CAMPS IN
- SCHOOLS- 2 Schools per club
- SLUM AREAS

TALKS IN

- SCHOOLS
- COLLEGES
- SLUM AREAS
- IRON FOLIC ACID SUPPLEMENTS
- . DEWORMING of school children,& adults
- TALKS ABOUT HEALTHY BALANCED

**IRON RICH DIET IN SCHOOLS, COLLEGES & SLUM AREAS** 

# ANAEMIA & DISEASE PREVENTION HAND WASHING

- WHEN AND HOW TO WASH HANDS IN ATLEAST 5 SCHOOLS PER CLUB
- UPGRADING AND SUPPORTING HAND WASH FACILITIES IN SCHOOLS
- I.E.C ON WHEN AND HOW TO WASH HANDS
- GROUP HAND WASH STATIONS
- PROVISION OF SOAP FOR HAND WASHING











- GOALS
- Increase in club Membership by 20%
- Increase Newgen club by 5%
- Retention of 95% members In every club



- ADULT EDUCATION Involve 5 Schools/Colleges per Club for Adult Education 1 to 1 aproach.
- VOLUNTEER TEACHERS In your area where there is shortage of teachers in this school.



- OUT OF SCHOOL CHILDREN
  Bring At least 10 Out of School Children back to Schools.
- E-LEARNING
  Provide E-Learning Kits to Govt. Schools.

TRY TO DO PROJECTS IN ONE AREA/ ADOPT A VILLAGE FOR ONE YEAR FOR GREATER IMPACT OF ALL THE GOALS



# District Chairman's Thrust Areas

### HEALTH CARE ASSISTANT TRAINING PROGRAMME:

A 4-month Skill Development Programme for Super 30 girls and women aged 18 to 35 years with minimum educational qualification as Class 10th pass will be organised starting 15th July 2022. The course will be 2 months Theory, fully residential based in Yamuna Nagar and 2 months Internship in their respective towns.

### **ZONAL PUBLIC SPEAKING SEMINARS:**

The fear of Public Speaking is the biggest fear in the world. To combat that we plan to organise Zone-wise Interactive Seminars for our members in the month of September.

### **INNERWHEEL FORESTS**

This year we propose massive plantations throughout the Inner Wheel District to fight Global Warming and leave a legacy for generations to come.

### INNER WHEEL LANDMARK IN YOUR TOWN

One important location in your town should bear Inner Wheel's name. It could be as simple as "Inner Wheel Welcomes you to Yamuna Nagar". You may adopt a park, a chowk, a deserted corner; beautify it and erect an Inner Wheel Sculpture as a landmark.

### **MONTHLY WEBINARS**

We would be organising a Webinar every month covering thought provoking topics, awareness about new skills and gaining new insights.

### **PINKATHON**

A fund raising and awareness creation walkathon would be organised for Cancer Patients on 9th October 2022; the proceeds of which would directly go towards their medicines and treatment.

### INTER DISTRICT CAR RALLY

An Inter District Car Rally is scheduled in the month of March 2023 to mark International Women's Day as a symbol of Empowering Women and Branding Inner Wheel.

### INNER WHEEL YOUTH FESTIVAL

A Youth Festival across the Inner Wheel District 308 would be organised for all the New Gen Clubs.



# Inner Wheel District 308



Punjab Haryana Chandigarh Uttarakhand Uttar Pradesh Himachal Pradesh 

 ZONE - 1
 ZONE - 7

 ZONE - 2
 ZONE - 8

 ZONE - 3
 ZONE - 9

 ZONE - 4
 ZONE - 10

 ZONE - 5
 ZONE - 11

 ZONE - 6
 ZONE - 12



### **Zonal Counsellor**



PDC Neelam Vij Home Club: IWC Shimla New Shimla - 170009, H. P. 9816052000, 177-2670510 neelamvij59@gmail.com

DOB: 28th Feb DOA: 26th May

### ZONE - 1

Shimla
Shimla Midtown
Shimla Vikasnagar
Theog

### **Zonal Club Coordinator**



Rajni Salwan

Home Club: IWC Shimla Midtown

New Verma Appt. Block-B, Set No 5,

Dyerton Estate Old Beer Khana Khalini Shimla-1

93188 03284 • rajnisalwan@gmail.com

DOB: 19th Jan DOA: 10th Oct

### **Zonal Counsellor**



PDC Sangeeta Trehan
Home Club: IWC Solan
Madhuban Colony, Solan - 173212, H. P.
9816165759, 7018227251, 1792-220171
sangeetasolan@gmail.com
DOB: 21st July DOA: 3rd Feb

### ZONE - 2

Kasauli
New Gen Solan Pearls
Solan
Solan City
Solan Midtown

### **Zonal Club Coordinator**



Shivika Gupta

Home Club: IWC Solan City
Gupta Sales Corporation, Shop No 10,
Murari Market, The Mall Solan, H.P-173212
9816155515 • shivikaleo@gmail.com
DOB: 15th Aug DOA: 22nd Nov

### **Zonal Counsellor**



PDC Kanta Kapoor Home Club: IWC Parwanoo Shiva Associates, NH-22, Sector-2 Parwanoo - 173220, H.P. 9816033372, 9816740001 kantakapoor72@yahoo.co.in DOB: 12th June

### **ZONE - 3**

Baddi
Chandigarh Central
Chandigarh City Beautiful
Kalka Hills
Parwanoo

### **Zonal Club Coordinator**



Veena Singla

Home Club: IWC Chandigarh Central
#142, Sector-16, Panchkula-134109
98149 77470
veenasingla2002@yahoo.com
DOB: 25th Sept



### **Zonal Counsellor**



**PDC Neeru Khattar** 

Home Club: IWC Chandigarh Midtown 156, Sector 6, Panchkula - 134109, Haryana 981490 2336, 172-2560386 neerukhattar05@gmail.com DOB: 5th Dec DOA: 29th July

### ZONE - 4

Chandigarh
Chandigarh Midtown
Chandigarh Harmony
Panchkula
Panchkula Tulips
New Gen Panchkula

### **Zonal Club Coordinator**



**Anupama Jain** 

Home Club: IWC Panchkula #4, Sector-6, Panchkula, Haryana 134109 98149 04745, 98148 04745 anupamajainnawal@gmail.com DOB: 13th Jan. DOA: 11th Feb.

### **Zonal Counsellor**



**PDC Brij Parmar** 

Home Club: IWC Roop Nagar Parmar Nursing Home, Parmar Villa, Bela Road, Roop Nagar - 140001, Punjab 9872386605, 1881-220275 parmarbrij@yahoo.com DOB: 30th July DOA: 10th May

**ZONE - 5** 

Chandigarh Ashiyana
Kharar
Mohali Symphony
Roopnagar
Zirakpur

### **Zonal Club Coordinator**



Manju Sharma

Home Club: IWC Zirakpur 160 Sector-17, Panchkula, Haryana-134109 Mobile 7696003496 cool.mandy17@gmail.com DOB: 10th Nov. DOA: 5th Dec.

### **Zonal Counsellor**



**PDC Nira Nath** 

Home Club: IWC Ambala
Imperial Flour Mills, Seth Bros, Circular Road
Ambala City - 134003, Haryana
9812095564, 9813795564 • niranath@hotmail.com
DOB: 19th Sept DOA: 9th July

### **ZONE - 6**

Ambala
Ambala City
Ambala Industrial Area
New Gen Ambala Utkarsh
Shahbad Markanda

### **Zonal Club Coordinator**



Dr. Anju Jain

Home Club: IWC Ambala R-19, Mahesh Nagar, Ambala Cantt-133001 Mob. 9416281007 dranjoojain@gmail.com DOB: 6th Sept DOA: 25th May



### **Zonal Counsellor**



PDC Samira Saluja
Home Club: IWC Jag-Ynr
Oriental House, Industrial Area,
Yamuna Nagar - 135001 (HR)
9215551754, 1732-251750
samirasaluja@oewin.com
DOB: 15th Sept DOA: 7th July

### Zonal Counsellor



PDC Megha Bansal
Home Club: IWC Dehradun
263/1, Vasant Vihar
Dehradun - 248001, Uttarakhand
9897404422 • maggi123@gmail.com
DOB: 16th Oct DOA: 16th Nov

### **Zonal Counsellor**



PDC Shalini Chaudhary
Home Club: IWC Kaital
1065/11, Model Town, Adj. ICICI Bank,
Kaithal - 136027, Haryana
9315822456, 1746-234275
shalinichaudhry20@yahoo.com
DOB: 20th Feb DOA: 29th Nov

### **ZONE - 7**

Gangoh
Jagadhri North
Jagadhri - Yamuna Nagar
Karnal Young Stars
Ladwa

Radaur

### ZONE - 8

Haridwar
Kankhal
Lakshman Jhula
Rishikesh
Roorkee

Roorkee Sparkles

### ZONE - 9

Kaithal
Kaithal Shining Star
Karnal
Karnal Midtown
Karnal Tarang
Narwana

### **Zonal Club Coordinator**



**Shweta Dhiman** 

Home Club: IWC Jagadhri North B51/52 Gate-9, Sec-20, Ansal Town, Jagadhri, Yamunanagar, Haryana-135001 9896400519, 7015885652 shwtdhmn@gmail.com DOB: 6th March DOA: 16th Jan

### **Zonal Club Coordinator**



Vinita Goniyal

Home Club : IWC Haridwar Anand Vatika, Gayatri Vihar, Opp. Shantikunj Line No. 3, Haridwar-249410 8979075799 • vinitagonial@gmail.com DOB : 13th Feb. DOA : 8th July

### **Zonal Club Coordinator**



Ruby Miglani

Home Club : IWC Kaithal Shining Star #145, Huda Sec- 21, Kaithal, Haryana-136027 Mob. 9812800475 • rubymiglani5@gmail.com DOB : 5th May DOA : 14th Feb.



### Zonal Counsellor



**PDC Mala Awasthy** 

Home Club: IWC Panipat Villa no. B2/44, Sector 4, Eldeco Estate One, Panipat - 132103, Haryana 9050009427 • malaawasthy@gmail.com DOB: 27th Sept DOA: 1st June

### Zonal Counsellor



**PDC Neerja Pandhi** 

Home Club: IWC Mussoorie Heart's Office. 1st Floor. Kulri Mussoorie - 248179, Uttarakhand 9837089339 • anilpandhi@yahoo.co.in DOB: 7th Nov DOA: 15th Oct

### Zonal Counsellor



**PDC Sunita Sharma** 

Home Club : IWC Paonta Sahib Regency Complex, River View Lane, Paonta Sahib - 173025, H. P. 94180 21122, 97366 33333 sunitasharma5100@gmail.com DOB: 30th Dec DOA: 24th Sept

### **ZONE - 10**

.lind

Jind united

**Panipat** 

Panipat Central

Panipat Midtown

Panipat South

### **ZONE - 11**

Dehradun

Dehradun Daffodils

Doon Valley

Mussoorie

Shivalik Hills

Dehradun West

### **ZONE - 12**

Dakpathar Valley

Doon Vikas

Nahan

Nahan Classic

Paonta Sahib

### Zonal Club Coordinator



Dr. Rajnish Jain

Home Club: IWC Jind Balaji Hospital, Rohtak Road, Jind, Haryana-126102 9466629020 • rajnishjain6@gmail.com DOB: 26th July DOA: 17th Feb

### **Zonal Club Coordinator**



Puja Kapur

Home Club: IWC Dehradun 5/2-A. Subhash Road. Dehradun-248001 9897500646. 0135-2713010 pramodkapur2009@gmail.com DOB: 26th Jan. DOA: 26th Sept.

### **Zonal Club Coordinator**



Rachna Gautam

Home Club: IWC Nahan Rangoli Showroom, #321/7, Near Old Shiv Temple, Nahan-173001 (HP) 94188 25575 • rachnagautam0607@gmail.com DOB: 6th July DOA: 30th June



# Inner Wheel Clubs in District 308

One of the Largest Women's Service Voluntary Organisations in the World



### **IWC AMBALA**

Charter No. 1758

No. of Members 133

Date of Formation 19th Jan. 1973

Date of Registration 17th Aug. 1973

Founder Chairman PDC Prem Mukhi Saxena

### President



### Dr. Bharti Bandhu

# 1117, Prabhu Prem Puram, Khozkipur Road, Ambala Cantt 133006 HARYANA Mob: 9416076765 bhartibandhu10@gmail.com DOB: 6th Jan DOA: 18th Nov.

### Vice President



### Vandana Goel

61, Sector 9, Main Market Ambala city-134003, Haryana Mob: 9896345909 vandnagoel61@gmail.com DOB: 29th Dec. DOA: 23rd April

### Secretary



### Reecha Aggarwal

99, sec-b, Defence colony, Shiv mandir Ambala Cantt 133001 Haryana Mob: 9896266790 reecha74@gmail.com DOB: 5th Sept. DOA: 13th Dec.

### Treasurer



### Rubina Jain

2580/29, Subhash Park Road, Behind S.D.Public School, Ambala Cantt Mob: 9896340886 123rubina.rj@gmail.com DOB: 1st March DOA: 26th June

ISO



### Akanksha Arora

117 sector D Defence colony

Ambala Cantt 133001 HARYANA Mob: 9996019902 akankshaarora1719@gmail.com DOB: 20th March DOA: 12th March

**Editor** 



### Sushila Malik

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### IWC AMBALA CITY

Charter No. 1914 No. of Members 56 Date of Formation 16th Nov. 1974 Date of Registration 21st May 1975

### President



### Paramjit Kaur

Founder Chairman PDC Dr. Surendera Mohan

22-1, Model Town, Ambala City 134003 Haryana Mob.: 9017110880 pammi1961hj@gmail.com DOB:1st May DOA: 26th June

### Vice President



### Sangeeta Sachdeva

#944, Sector-7 Urban Estate Ambala City, Near Peer Baba-134003 Mob: 9034455624 sangeetasachdeva14@gmail.com DOB: 14 Sept DOA: 15 Feb

### Secretary



### Suman Bagga

# 72 Sector-7 Urban Estate, Ambala City, Sector-7 - 134003 Mob: 7206625144 sumansoni72@gmail.com DOB: 11th Dec. DOA: 01 Sept.

### Treasurer



### Manju Kharbanda

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### ISO



### **Jaswinder Kaur Walia**

DOB: 26th Mar. DOA: 16th Feb.

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### Editor



### Veena Dua

152, Sector-1, Mohan Bakery, Ambala City 134003 HARYANA Mob: 9034025055 veenadua151@gmail.com DOB: 7th Aug. DOA: 4th May



### IWC AMBALA INDUSTRIAL AREA

Charter No. 4910 No. of Members 14 Date of Formation 12th July 1999 Date of Registration 26th Oct. 1999 Founder Chairman PDC Pushpa Khanna

### President



Veena Garg

H.No. 4358, Science Market, Hargolal Dharmshala Ambala Cantt-133001 Hr. Mob: 9896520766 veenaji47@gmail.com DOB: 1st Aug. DOA: 16th July

### Vice President



Neelam Sharma

573, B.C. Bazar, Ambala GPO, Harvana, 133001 Mob: 94684 05350 shaggusharma57@gmail.com DOB: 27th April DOA: x/x/xxxx

Secretary



Rekha Raj Rastogi

H.No. 5086, Kasera mohalla, Bartan bazar, Ambala Cantt 133001 Hr. Mob: 7988901840 shivam.ece.juit@gmail.com DOB: 18th June DOA: 16th Nov.

Treasurer



Charanjeet Vaid

23, Vaids Farms, Near JD Farms, Kalerheri, Panjokhra Road, Ambala Cantt 133001 Hr. Mob: 9813061355 vaidcharanjeet58@gmail.com DOB: 30th July DOA: 30th Jan.



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### Vice President

### Secretary

### Treasurer

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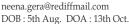
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Date of Registration 29th May 1996
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No. of Members 05
Date of Formation 12th May 2019
Date of Registration 15th May 2019
Founder Chairman PDC Rachna Aggarwal

#### President

#### xxxxxxxxxxxxxxxx

#### Vice President

#### Secretary

#### xxxxxxxxxxxxxxxx

#### Treasurer

### xxxxxxxxxxxxxxxx

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#### XXXXXXXXXXXXXXXXXX

#### Editor

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Date of Registration 9th February 2021
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Date of Registration 14 May 2019
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#### President



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A leader is one who knows the way, goes the way, and shows the way.

-Iohn Maxwell





# Role of Zonal Club Co-ordinator (ZCC)

#### Your role towards District Officers:

- 1. Be in constant touch with District Chairman and Zonal Counsellor to brief the good work or any difficulties of Clubs in your Zone.
- 2. Comply to directives of District Officers punctually and meticulously.
- 3. As and when any information is sought, collect from the clubs, compile and report to District Officers.
- 4. As far as possible, accompany the District Chairman during her visits to Clubs in your Zone.

#### Your role towards Clubs in your Zone:

- 1. Be in constant touch with Club President and get information of their meetings and programs during current and next month.
- 2. Make informal visits to club meetings and programs, on their call.
- 3. Guide clubs on best practices of club administration, compliance with Inner Wheel rules & regulations and for organising programs.
- 4. Make sure that club officers properly understand the incoming correspondence from District/Other Districts/Association/International and they take prompt actions as desired.
- 5. Assist Club Officers to make preparation for official visit of District Chairman to make it useful and purposeful.
- 6. Motivate Clubs to have joint meeting/programs with weak clubs.
- 7. Motivate members of clubs to attend District Events, manage car-pooling and try to make it an excursion by arranging visits to nearby tourist places.

### $\label{lem:makesure that Clubs in your Zone timely accomplish following obligations:$

- 1. To remit District Dues before the date fixed by District Treasurer.
- $2. \hspace{0.5cm} \hbox{To send the Club reports in correct format timely.} \\$
- 3. 100% Balloting at International/Association/District level, timely and correctly.
- 4. Minimum 10% members from each Club attend every District Event.

### $During \ your \ visits \ in \ Club \ meetings, educate \ new/weak \ Clubs/new \ members \ about:$

- 1. Motto of Inner Wheel (Why we are in IW and what we can do through IW).
- 2. Protocols in Inner Wheel.
- 3. Importance of Fund-raising programmes.
- $4. \quad Importance of continuous membership growth \&\,membership\,retention.$
- 5. What are benefits of attending District Events.
- 6. What to do for enhancing public image of IW (Branding Inner Wheel).
- 7. How to conduct successful meetings and programs in Weak Clubs.
- 8. Ways for maintaining unity, understanding, proper communication and cooperation amongst the members.



# Action Ideas under each Sub-Committee

#### **WOMEN & ADOLESCENT GIRL WELFARE** 1.

- Organise programs for personality development like, public speaking, communication skills, Career counselling, self-defence, etc.
- Educate on 'good touch, bad touch', puberty (periods), etc.
- Find & promote talent in underprivileged children; organise competitions; award the winners profusely. They should feel as if 'they have earned it'.
- Women related issues female foeticide, women safety, dowry harassment, etc.
- Organise vocational training programs, creating self-employment opportunities for Women, arranging Mudra Loans - to make them independent.
- Awareness on Women's Rights through Talks, provide legal assistance to poor & needy women on matters relating to domestic violence or suppression of their rights.
- Menstrual Hygiene-Increase awareness and accessibility by audio-video or print among adolescent girls about the need and usage of sanitary napkins.
- Ensure safe disposal of Sanitary Napkins in an environment friendly manner.
- Promote Self Hygiene-Usage of mask (if required), sanitizers, cleanliness at home and nearby places.
- Awareness talks on Alternative Medicines & Therapies like, Yoga, Aerobic, Pranik Healing.
- Develop financial literacy and money saving habits. Coordinate with Government officials, Banks, MSME to inculcate the knowledge of various schemes available and make efforts to enable them to fetch those benefits.
- Invest in income generating activity schemes, skill development projects to all level of women.
- Adopt girl child for Education.

### WHEN PAN - INDIA CAMPS - PPH DAYS

29th SEPTEMBER | WORLD HEART DAY 14th NOVEMBER | WORLD DIABETES DAY 10th JANUARY | INNER WHEEL DAY 7th APRIL | WORLD HEALTH DAY

ANY DAY



#### 2. EARTH CARE: ENVIRONMENTAL PROTECTION

### Water Conservation - Save Water/Clean and Revive dead water bodies:

- Conserve Water, drinking water is fast depleting.
- Promote RECHARGING WATER methods like Rainwater Harvesting.
- Create awareness for water conservation and save water for tomorrow through seminars.
- Start from home look for areas where rainwater harvesting projects can be carried out.
- Consider alternative methods to RO water systems.
- Organise Save Water Campaign.
- Work on Grey Water Management (Reduce, Reuse, Recharge).

#### Inner Wheel Forests:

- Develop Inner Wheel forests. Best way of branding Inner Wheel.
- Plant trees and take care of them. Put tree guards to protect saplings. Our target is to plants 10 lakh trees throughout the Inner Wheel District.
- Organise competitions and seminars in schools creating awareness on environmental issues.
- Celebrate Earth Day and Word Environment Day in a significant way.
- Undertake plantation in schools, colony parks, offices/factories so that it could get after-care.
- Identify any abandoned area in your locality, adopt it, plant trees and look after it.

### Use of Alternate Energy Sources: Solar Power

 This will at least slow down the overuse of the natural resources and dire needs for our survival. So let us not do it out of compulsion but out of compassion.

### Plastic Waste and E-Waste Management:

- Say "No to Plastic". We have to come forward for its waste management also. Many concerned agencies and government cells will welcome our calls.
- Bring awareness to waste recovery, reuse and recycling and consideration of the environment with the help of new recycling projects.
- Organize street plays on various environmental issues.
- Organise flyer, poster making & slogan writing competitions in school, colleges & institutions.
- Avoid using plastic bags. Encourage Eco-friendly material. Carry Jute/paper bags, whenever you go for shopping.
- Conserve paper. Emphasize on 3-R's Reduce- Recycle-Reuse, promote making handicraft items from waste material.
- Awareness programs for waste management, garbage disposal, Swachh Bharat, use of Toilets, anti-plastic.



#### 3. FIGHT AGAINST CANCER

#### Awareness

Organise Talks in schools, colleges, colonies, housing societies, corporate offices, etc. creating awareness about the warning signs, IEC Display, healthy and nutritive diet, active lifestyle, etc.

Early Detection through camps:

### • Self Examination of Breast (Video)

PAP Smear camps

Colpscopy camps

Mammography camps

#### Prevention

Vaccination for CA Cervix (Funding -CSR, Donation, Government Schemes) Measles & Rubella Vaccination?

#### Treatment

Contribute towards medicines and treatment of needy patients, where needed

#### 4. HEALTH CARE: ANAEMIA

- Identify slum areas and conduct health camps with the aid of local doctors, tie up with health department for providing medicines and medical aid through primary health centre.
- Organise health camps in adopted schools, colleges, institutions according to the needs of their children.
- Awareness talk about healthy balanced iron rich diet.
- Providing Deworming, Iron folic acids supplements to the students and women.
- ♦ Motivate member doctors or others from the locality who willingly agree to provide their services for 1-2 hours, once a month/quarter to visit adopted village, schools, old-age homes, etc. to take care of medical needs of inmates.
- Give monetary help in deserving cases; Charity for 'health & education' is like recharging the forex card with the currency of God's country; you will use it when you are there; recharge it now.
- ♦ Awareness programs for mosquito control, 100% coverage on NID's, vaccination for measles & rubella; participating in 'Mission Indradhanush', a health mission of Government of India to immunize all children under the age of 2 years, as well as all pregnant women, against seven vaccine preventable diseases.
- ♦ Organise "Know your Numbers " camps to identify your Height, Weight, BMI (Body Mass Index), Blood Pressure, Blood Sugar, Haemoglobin, etc. so that diseases can be prevented & diagnosed timely.
- ♦ Focus on NCD's (Non Communicable Diseases) like diabetes, hypertension, heart diseases, strokes (Paralytic Attacks), Kidney diseases and chronic lung diseases.
- ♦ Organise "when & how to wash hands" sessions in at least 5 schools per club.
- Upgrade & support hand wash facilities in schools.
- Create Group Hand Wash Stations where required and ensure provision of soap for hand washing.



### 5. NARCOTICS / DRUG DE-ADDICTION

- Spread awareness through print, audio and visual methods about hazards of tobacco consumption in school children and college students.
- Focus on good social environment, moral education, character building and counselling.
- Organize workshops to spread awareness for betterment and rehabilitation of addicts.
- Conduct research based programs preventing drug abuse at schools and colleges.
- Create awareness among the students and general public regarding the harmful effects of drugs on individuals, society and nation.

#### 6. EDUCATION-INNERWHEEL SCHOOLS

- ♦ Identify the communities where any children are not going to school. Motivate them to send to school and provide monetary assistance, where necessary.
- ♦ Identify school dropouts and children in different circumstances in the neighbourhood and motivate them to study.
- ♦ Identify Ex-teachers and motivate them to join this movement; to reward their contributions, invite them for honorary membership.
- Motivate members & others to announce scholarship/award in the name of their ancestors.
- Organise adult education classes, give material and incentives to those who join the classes.
- Organise workshops for adults for technical support and guidance.
- Open E-Learning centers for school children as well as adults.
- Vocational courses for e-learning should be introduced at various government aided schools.
- Provide e-learning equipments in your adopted schools.
- Donate smart phones, computers and laptops to needy students.
- $\blacklozenge \qquad \text{Volunteer your time to teach basic e-learning to underprivileged students}.$
- ♦ Identify and put children into school-provide them with books, stationery, uniform, tiffin etc. Keep a check on their performance.
- Pursue low cost literacy programmes that provide basic education to the needy.
- Sponsor students for vocational training in computers. Provide and help get them jobs after they finish training.

### 7. CARE FOR SENIOR CITIZENS AND SPECIALLY ABLED

 Organise special events for the elderly to rejuvenate them. Spend time with them, listen to their problems and help them solve. Get Club members to provide home cooked food on special occasions.



- Organise games, cultural programmes, education, vocational training and rehabilitation and provide employment to physically and mentally challenged people.
- Provide medical, monetary and material help.
- Donate necessary items of use, clothes and food grains etc.
- Provide school fees, educational supplies and sports equipments to centers.
- Become a personal advocate of a child through monitoring and sponsoring.

#### 8. COMMUNITY SERVICES - VILLAGE ADOPTION & UPLIFTMENT

- Survey for a village in the neighbourhood.
- Meet the Sarpanch, local school Principal, some senior village people and inform them about Inner Wheel and how you want to adopt the village and conduct developmental projects.
- Find out the population, number of senior citizens, number of women, men, youth and children.
- ♦ Adopt one or more High School/ Intermediate school(s) in a village/outskirts of city area and formulate need based programs.
- Start a senior citizens club and make some senior citizens-office bearers like President and Secretary. Encourage them to meet every week at a convenient place -temple, school premises etc.
- ♦ The best way to serve is to spend time with such persons, arrange pot-luck (home-cooked meals) by members with them on their special days. Sing bhajans, read the religious texts etc., read or listen to news etc.
- ♦ If you have resources, make programs to rejuvenate the elderly peoples by arranging visits to religious places; for transport, you can arrange a school bus, etc.
- ♦ Marriage of poor and needy girls.
- ♦ Food to needy/Roti Banks etc.
- Any type of personalized help.
- Organise educational, medical and environment related projects at least once every month.
- Invite some speakers to talk to the youth and women on communication skills; personality development; importance of values in life, effects of smoking, drugs, aids; sex education, good parenting, cleanliness, importance of hygiene.
- Plant saplings in the village school and let the students nurture them.

#### 9. BRANDING INNER WHEEL

♦ Fix Inner Wheel Signage on city entry points or outside premises where major service projects are undertaken. Use posters with IW logo with slogans, like, 'Beti Bachao Beti Padao', celebrate IIW Day, Founder's birthday, Club's Charter Day & give its media coverage.



- Celebrate Independence Day, Republic Day in schools.
- Road show for Road safety, Immunisation & Vaccines Awareness, etc.
- Maximum coverage of club activities in print, electronic and social media, like facebook, Whatsapp.
- ♦ Wearing IW lapel pins in social functions, carrying Jute bags with IW logo for shopping, giving coffee mugs, T-shirts with IW logo as memento, etc.
- Co-ordinating with local administration to name any area in the name of Inner Wheel, like Inner Wheel Chowk.

### 10. SPREADING OUR WINGS-MEMBERSHIP RETENTION & GROWTH

- Every existing club should add a minimum of 10 new members or 20% increase in membership.
- Focus on membership extension in July, October and January. Induct the members on special occasions, like Installation in July, IIW day on 10th January, etc.
- Invite friends/relatives in programmes/projects and District Events to inspire them to join Inner Wheel movement.
- Make meetings interesting and informative Hold IW quiz, games, entertaining programmes.
- Develop leadership skills in members, ask their opinions, identify their talents and weave programs to suit their skills, hobbies & vocation.
- ♦ Hold joint meetings with nearby clubs or invite their members to your meetings/ projects, esp. from weak clubs and new clubs.
- Restore and revive non-functional Clubs, recruit new members, retain current members and invite former members to rejoin.

#### 11. FRIENDSHIP EXCHANGE MEET

- Celebrate festivals together; Visit members' residences to create deeper bonding.
- Encourage members to participate in District/ Association events and befriend with others.
- Organise Picnics, Excursions; participate in District's Service Exchange Programs.
- Correspond with members of other Clubs in own District & other districts, also exchange flags.
- Invite members of other cities to your city. Provide home hospitality, wherever possible, take care and show them places of interest in and around your area.
- Keeping our culture alive: Art, Music, Dance, Yoga and Celebrations.
- Organise Inter District Friendship and Service Exchange programmes in consultation with your counsellor.



District Sub Committee Chairmen are appointed to assist the District Chairman and Committee Counsellors in promoting programmes, their duties are as follows:

- Collect information on assigned projects.
- Release a circular containing guidelines and suggested projects, programmes to clubs and motivate them.
- Link up with government projects and other organizations & clubs working for a similar cause.
- Keep a check and guide the club in the zone.

## Role of Zonal Project Co-ordinator (ZPC)

#### Your role towards District Officers:

- 1. Share ideas of possible projects falling under your sub-committee with Counsellor/Co-counsellor and DC.
- 2. As and when any information is sought, to collect from the clubs, compile and report to District Officers.
- 3. Submit a consolidated report of projects done by clubs in your zone under your sub-committee.

### Your role towards Clubs in your Zone:

- 1. Make sure that club officers properly understand the correspondence related to ideas of projects under the sub-committee.
- 2. Motivate clubs to undertake projects under the respective sub-committee and assist in formulating and organising the projects.
- 3. Attend projects and programmes, on their call.
- 4. Motivate clubs to undertake programmes as per 'Service of the month' as suggested by District Chairman; it will automatically fulfil the objectives of 'Branding Inner Wheel'.



### Women & Adolescent Girl Welfare

### PDC Vijaya Gupta

Counsellor

## PDC Kanta Kapoor

Co-Counsellor

### Meenakshi S. Anand

District Editor

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IWC Solan Mob : 95017 73249

Zone - 7 & 8 Dr. Sarita Agarwal

IWC Kankhal Mob.: 97190 90000 Zone - 3 & 4 Amita Tyagi IWC Parwanoo

Mob.: 98166 30961 Zone - 9 & 10 Nidhi Chaudhry

IWC Karnal Mob.: 90344 44633 Zone - 5 & 6 Neelam Sharma

IWC Kharar Mob.: 98147 80980

Zone - 11 & 12 Rachna Thakur IWC Nahan Classic

Mob.: 97361 79967

### Earth Care: Environmental Protection

PDC Neelam Vij Counsellor

PDC Swarn Kanwar

Co-Counsellor

Pooja Goel District Treasurer

### **Zonal Project Co-ordinators (ZPC)**

Zone - 1 & 2 Renu Sharma

IWC Solan Midtown Mob.: 98162 77774

Zone - 7 & 8 Monika Arora

IWC Haridwar Mob.: 89585 27954 Zone - 3 & 4 Kusum Seengal IWC Panchkula

Mob : 94170 17088 Zone - 9 & 10

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Zone - 5 & 6 Vibha Kanwar IWC Ambala

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### **Fight Against Cancer**

PDC Dr. G.K. Bedi

Counsellor

PDC Anita Saluja

Co-Counsellor

**Gurpreet Kaur** 

AC Member

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IWC Kasauli Mob.: 94180 02274

Zone - 7 & 8 Savinder Kaur IWC Ladwa

Mob.: 97287 00325

Zone - 3 & 4 Dr. Vandana Narula

IWC Chandigarh Mob.: 98769 33333

Zone - 9 & 10 Ritu Jindal

IWC Kaithal Shining Star Mob.: 98967 76326

Zone - 5 & 6 Suman Anand IWC Ambala

Mob.: 93156 05393 Zone - 11 & 12

Divya Oberoi IWC Dehradun Mob.: 98978 43557



### Health Care: Anaemia

### PDC Kanan Diwan

Counsellor

### PDC Mala Awasthy

Co-Counsellor

### Seema Kapoor

District Vice Chairman

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IWC Kasauli Mob. : 88945 11737

Zone - 7 & 8 Geeta Singh

IWC Jagadhri North Mob.: 93557 22586 Zone - 3 & 4 Asha Gupta

IWC Chandigarh Midtown

Mob.: 93560 99358

Zone - 9 & 10 Neena Gera

IWC Jind United Mob.: 90174 25159 Zone - 5 & 6 Raman Kanta Sharma

IWC Shahbad Markanda Mob.: 95182 87882

Zone - 11 & 12 Anubha Gupta

IWC Nahan Mob.: 86849 41414

### Narcotics / Drug Deaddiction

PDC Dr. Geeta Gupta

Counsellor

PDC Sangeeta Trehan
Co-Counsellor

Sujata Ahuja District Secretary

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IWC Shimla Midtown Mob.: 98170 46786

Zone - 7 & 8 Suman Arora

IWC Roorkee Mob.: 94111 75200 Zone - 3 & 4 Komal Gupta

IWC Chandigarh Mob. : 99151 96250

Zone - 9 & 10 Vandana Bansal

IWC Kaithal Mob.: 94679 93666 Zone - 5 & 6 Dr. Richa Setia

IWC Zirakpur Mob. : 98154 66411

Zone - 11 & 12 Hema Joshi

IWC Shivalik Hills Mob.: 88593 37335

### **Education -Inner Wheel Schools**

## PAP Anuradha Kalra

Counsellor

### **PDC Santosh Gupta**

Co-Counsellor

## Seema Kapoor

Distt. Vice Chairman

### **Zonal Project Co-ordinators (ZPC)**

Zone - 1 & 2 Madhu Sood IWC Shimla

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Zone - 7 & 8 Leena Gupta

IWC Jag. - Yamuna Nagar Mob.: 93154 32686 **Zone - 3 & 4 Sonia Gupta**IWC Kalka Hills
Mob.: 74046 83279

Zone - 9 & 10 Deepika Mohindru

IWC Panipat South Mob.: 97296 88366 Zone - 5 & 6 Sukhwinder Kaur

IWC Ambala City Mob.: 98964 57100

Zone - 11 & 12 Alka Dhamija

IWC Doon Vikas Mob.: 99274 82186



### Care for Senior Citizens and Specially Abled

## PDC Brij Parmar

Counsellor

### PDC Seema Chopra

Co-Counsellor

### **Gurpreet Kaur**

AC Member

### Zonal Project Co-ordinators (ZPC)

Zone - 1 & 2 Neeta Agarwal

IWC Solan City Mob : 70185 31575

Zone - 7 & 8 Esha Gandhi

IWC Jag. -Yamuna Nagar Mob.: 99920 53361

Zone - 3 & 4 **Uma Gupta** 

IWC Chandigarh Midtown

Mob.: 98149 73389

Zone - 9 & 10 Harsh Nagpal

**IWC** Panipat Mob.: 90340 06701 Zone - 5 & 6 Dr. Raj Bedi

IWC Ambala City Mob.: 98967 22340

Zone - 11 & 12 Shikha Sharma

IWC Paonta Sahib Mob.: 94181 48648

### Community Services - Village Adoption & Upliftment

PDC Neerja Pandhi

Counsellor

PDC Saroj Kakkar

Co-Counsellor

PDC Sunita Sharma

District CCCC

### Zonal Project Co-ordinators (ZPC)

Zone - 1 & 2 Shailly Pahuja

IWC Solan Midtown Mob.: 98051 60521

Zone - 7 & 8 Saloni Goval

IWC Rishikesh Mob.: 75057 80878 Zone - 3 & 4 Anita Goel

IWC Chandigarh Central Mob.: 94177 40379

Zone - 9 & 10 Anita Rajpal

IWC Karnal Midtown Mob.: 98120 11355

Zone - 5 & 6 Kulwinder Kaur

**IWC** Roopnagar Mob.: 98147 08889

Zone - 11 & 12 Anu Garg

IWC Mussoorie Mob.: 99970 30215

## **Branding Inner Wheel**

PDC Megha Bansal

Counsellor

PDC Meena Ranaut

Co-Counsellor

Kiran Jain District ISO

Zonal Project Co-ordinators (ZPC)

Zone - 1 & 2 Asha Sood

IWC Shimla Vikasnagar Mob.: 98822 44756

Zone - 7 & 8 Neelam Madhok

IWC Roorkee Sparkles Mob.: 97600 16083

Zone - 3 & 4 Esha Singla

IWC New Gen Solan Pearls

Mob.: 98889 65083

Zone - 9 & 10 Sushma Verma

IWC Karnal Mob.: 92157 15009 Zone - 5 & 6 Poonam Sharma

IWC Ambala Ind. Area Mob.: 94684 05350

Zone - 11 & 12 Lata Thakur

IWC Doon Vikas Mob.: 97209 51777



### Spreading our Wings - Membership Retention & Growth

### PIIWBD Patricia Hilton PDC Neeru Guglani

Counsellor

Co-Counsellor

### PDC Shashi Kir

District ESO

### Zonal Project Co-ordinators (ZPC)

Zone - 1 & 2 Usha Thakur

IWC Solan Midtown Mob : 98054 11144

Zone - 7 & 8 Namita Singhal

**IWC Gangoh** Mob.: 88680 00190

Zone - 3 & 4 Pratibha Mohan

IWC Baddi Mob.: 98170 17028

Zone - 9 & 10 Manjari Goyal

IWC Panipat Midtown Mob : 98123 88915

Zone - 5 & 6 Sumiti Vasudeva

IWC Shahbad Markanda Mob : 81686 91731

Zone - 11 & 12 Ruchi Chawla

IWC Doon Vikas Mob.: 99974 20210

### Friendship Exchange Meet

PDC Neeru Khattar

Counsellor

**PDC Shalini Chaudhry** 

Co-Counsellor

Pooja Goel

District Secretary

### Zonal Project Co-ordinators (ZPC)

Zone - 1 & 2 Asha Chauhan

**IWC Theog** Mob.: 98168 24353

Zone - 7 & 8 Charu Mongia

IWC Jagadhri North Mob.: 90171 71322

Zone - 3 & 4 Rekha Mehan

IWC Chandigarh Midtown Mob.: 90419 18995

Zone - 9 & 10 Anita Singla

IWC Jind

Mob.: 98960 73616

Zone - 5 & 6 Ashima Aggarwal

IWC Roopnagar Mob.: 98767 16306

Zone - 11 & 12 Seema Jain

IWC Dehradun West Mob.: 98971 42770





To gain the advantage of wisdom, experience and networking of PDCs in the execution of activities of District, certain advisory committees have been formed as under.

- 1. Constitution and Credential Committee (CCC)
- 2. Website Co-ordination & Social Media Management
- 3. Finance and Audit
- 4. District Election and Voting Procedure
- 5. 100% Balloting
- 6. District Events
- 7. Fund Raising Committee
- 8. Health Care Assistant Training Programme
- 9. Promotion of Indian Art & Culture
- 10. Inner Wheel Government Interface
- 11. South Asia Rally
- 12. North Zone Meet
- 13. Co-ordination with Rotary
- 14. Greetings Committee
- 15. Inter District Car Rally
- 16. Public Speaking Training Committee
- 17. Excursion





## Constitution & Credential Committee



PDC Sunita Sharma Chairman



PDC Neeru Khattar Member



PDC Samira Saluja Member



PDC Seema Chopra Member

### Website Co-ordination & Social Media Management



Meenakshi S. Anand District Editor



Kiran Jain District ISO



Pooja Goel District Treasurer

## Finance and Audit



Patricia Hilton
Past IIW Board Director



Krishna Sagar
Past Association Treasurer



Megha Bansal Past Association Secretary



Sujata Ahuja District Secretary



Pooja Goel District Treasurer

### **District Election and Voting Procedure**



Renu Baljee Past IIW Board Director



Anuradha Kalra
Past Association President



Kanan Diwan
Past District Chairman



Dr. G.K. Bedi Past District Chairman



Samira Saluja Past District Chairman



### 100% Balloting



Nira Nath
Past District Chairman



**Seema Kapoor**District Vice Chairman



**Gurpreet Kaur** Association Council Member

### **District Events**



Anuradha Kalra
Past Association President
Leaders Elect Training Seminar



Seema Chopra
Past District Chairman
District Rally



Anita Saluja
Past District Chairman
District Conference



Patricia Hilton
Past IIW Board Director
District Intercity

### **Fund Raising Committee**



Megha Bansal
Past Association Secretary



Pooja Goel District Secretary



Meenakshi S. Anand District Editor

### **Health Care Assistant Training Programme**



Anita Saluja
Past District Chairman



Dr. Geeta Gupta
Past District Chairman



Brij Parmar Past District Chairman



### **Promotion of Indian Art & Culture**



Swarn Kanwar Past District Chairman



Sangeeta Sood
Past District Chairman



Santosh Gupta
Past District Chairman



Neeru Guglani Past District Chairman

### **Inner Wheel - Government Interface**



Vijaya Gupta Past District Chairman



**Dr. G.K. Bedi**Past District Chairman



Neelam Vij Past District Chairman



Sangeeta Trehan Past District Chairman

### **South Asia Rally**



PDC Neerja Pandhi Co-ordinator



Seema Kapoor District Vice Chairman



Sujata Ahuja District Secretary

### **North Zone Meet**



PIIWBD Renu Baljee Co-ordinator



Kiran Jain District ISO



PDC Shashi Kir District ESO



### District Advisory Committees

#### **Co-ordination with Rotary**



**Dr. Sunita Saluja**Past District Chairman



Meena Ranaut
Past District Chairman



Sangeeta Trehan
Past District Chairman



Meenakshi S. Anand District Editor

#### **Greetings Committee**



Saroj Kakkar Past District Chairman



Bhuvan Rana Past District Chairman



Shalini Chaudhry Past District Chairman



Mala Awasthy
Past District Chairman

### **Inter District Car Rally**



Kanta Kapoor Past District Chairman



Meenakshi S. Anand District Editor

### **Public Speaking Training Committee**



PDC Sunita Sharma District CCC Chairman



Samira Saluja Past District Chairman

#### **Excursion**



Gurpeet Kaur
Association Council Member



Pooja Goel District Treasurer



**Seema Chopra**Past District Chairman



### District Events

## LEADERS ELECT TRAINING SEMINAR - 22nd May (Panchkula) & 24th to 26th May 2022 (on ZOOM)

This is an extremely important event organised by the incoming District Chairman . The purpose is to provide training, relevant information and to interact with club officers. Past District Chairmen and the experienced District officers provide valuable inputs and knowledge about various thrust areas for the year ahead. Training is provided regarding club functioning, Inner Wheel Constitution, Bye Laws and protocol at all levels. Proper orientation classes at every level are held. The District Chairman outlines her plans and expectations for the year.

#### INTER DISTRICT RALLY - 14th August 2022 (Chandigarh)

This is purely a "fun & frolic" event where no business is transacted. The sole purpose is to give an opportunity to members to meet each other, make new friends and display talent in a variety of fields. This is the time and occasion for homely and heart to heart exchanges. The entire district meet is conducted in an informal manner.

#### DISTRICT CONFERENCE - 13th November 2022 (Yamuna Nagar)

The District Conference is an event that gives opportunities to develop relationship while strengthening the organization. It is the time of joy and jubilation when old friends embrace each other and new friendships take roots. The Association President is the Chief Guest. There are important business sessions, appraisals about the half year completed, suggestions for improvements and activities are given. If necessary, election is conducted.

#### DISTRICT INTERCITY - February 2023 (Dehradun)

Intercity meetings are held to focus on special topics relevant to Inner Wheel. Guest Speakers from various specialized fields are invited to speak on important issues affecting the society. Members also participate in debates, skits and various other competitions.

#### INTER DISTRICT CAR RALLY - March 2023

An Inter District Car Rally is scheduled in the month of March 2023 to mark International Women's Day as a symbol of Empowering Women and Branding Inner Wheel.

#### DISTRICT ASSEMBLY - 25th June 2023

District Assembly heralds a new year. It is time for assessment and preparation. It is the time for appraising and evaluating the year gone by and time for setting up new goals and reaching out to higher peaks. The outgoing Chairman and her team of District Officers render their reports; the incoming Chairman and her team are duly installed to carry forward. Awards are given to Club Officers to commend the good work done by them. Every incoming Club President and her team of office bearers are expected to attend the District Assembly, essentially to be briefed about their respective duties.



## Reporting Schedule

Details of Report	Target Date	Send To
First Report : July to October Projects planned for November may also be included	Must reach before 25 October, 2022 (For 1st Newsletter to be released at District Conference)	District Chairman with Photo  District Secretary with Photo
Second Report : July to April Projects planned for May & June may also be included (Annual Report)	Must reach by 5th May, 2023	District Chairman with Photo  District Secretary with Photo

#### Notes:

- 1. Reports & Photographs should be sent by e-mail, photographs sent through Whatsapp will not be considered.
- 2. Reporting formats will be informed at a later date.

#### **District Chairman's Official Club Visit Schedule**

Month	Name of Clubs
August	Karnal, Karnal MT, Karnal Tarang, Karnal Young Stars, Kaithal, Kaithal Shining Star, Narwana, Jind, Jind United, Panipat Central, Panipat, Panipat MT, Panipat South, Gangoh, Ladwa, Radaur, Jagadhri North
September	Jagadhri Yamuna Nagar, Shimla, Shimla MT, Shimla Vikasnagar, Theog, Solan, Solan MT, Solan City, New Gen Solan Pearls, Kasauli, Parwanoo, Baddi, Kalka Hills, Kharar, Roopnagar
October	Ambala, Ambala City, Ambala Industrial Area, New Gen Ambala Utkarsh, Shahbad Markanda, Nahan, Nahan Classic, Paonta Sahib
November	Chandigarh, Chandigarh MT, Chandigarh Central, Chandigarh Harmony, Chandigarh Aashiyana, Chandigarh City Beautiful, Mohali Symphony, Panchkula, Panchkula Tulips, New Gen Panchkula, Zirakpur
December	Mussoorie, Dehradun, Dehradun Daffodils, Dehradun West, Doon Vikas, Dakpathar Valley, Doon Valley, Shivalik Hills
January	Roorkee, Roorkee Sparkles, Rishikesh, Haridwar, Kankhal, Lakshman Jhula



### Association of Inner Wheel Clubs in India Events

#### 1st EXECUTIVE COMMITTEE MEETING

HOST: DISTRICT 307



#### 1st ASSOCIATION COUNCIL MEETING

Kapurthala, 11th JUNE HOST: DISTRICT 307 Kapurthala, 13th-14th JUNE



### 2nd EXECUTIVE COMMITTEE MEETING

HOST: DISTRICT 321 KODAI KANAL, 1st & 2nd Nov. HOST: DISTRICT 326 Bhubaneshwar 4th - 5th Feb





### 2nd ASSOCIATION COUNCIL MEETING



#### **HEALTH AWARENESS PROGRAM**

HOST: DISTRICT 314



#### NATIONAL PDC MEET

HOST: DISTRICT 306 Anand (Gujrat), 8th-9th Oct.



### 19th July 2022, 29th Sept. 2022, 29th Nov. 2022 **EAST ZONE MEET**

HOST: DISTRICT 325 Ranchi 6th - 7th Aug



#### NORTH ZONE MEET

HOST: DISTRICT 312 LUCKNOW, 3rd-4th JUNE



#### **SOUTH ZONE MEET**

HOST: DISTRICT 316 Hospet 20th - 21th Aug.



#### **WEST ZONE MEET**

HOST: DISTRICT 303 Nashik, 10th-11th Sept.





## South Asia Rally

26th- 27th August : Bangladesh

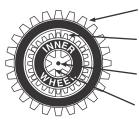




Hosted by District 345 & District 328



## What Inner Wheel Logo Means to Us



24 Teeth on outer wheel denote the clubs in the world

24 Teeth on Inside wheel denote the links with other organizations and charities

The Dot in the middle is the individual member - YOU - without whom the hob will fail

6 Spokes, radiating outwards from center represent the officers and service committees

The colors to be used are ■ Rims of inner and Outer wheels in Royal Blue Words INNER on the top and WHEEL at the bottom are written in Gold lettering

The official emblem consists of 2 gear wheels one inside the other, with 6 spokes radiating outward from the centre hub. There are 24 teeth on cogs on both inner and outer wheels. The word 'Inner' appears at the top and the word 'Wheel' at the bottom of the rim. The colours of the emblem are blue and gold with the emblem in gold, the rims of the inner wheel and outer wheel in royal blue colour and the words 'Inner' and 'Wheel' in gold lettering. 'The LOGO is obviously a gear wheel. The outer teeth of the wheel represent the Clubs around the world. If one of these teeth breaks off, the gear may slip a bit, but it still works.

The 6 spokes represent the officers and service Committees and even if one of these fails the movement will continue. The Inner teeth of the GEAR WHEEL represent the links with other organization, charities and the work we do. If one of these teeth breaks, the rest will continue to benefit. The DOT IN THE MIDDLE REPRESENTS THE INDIVIDUAL MEMBERS, THE HUB WILL FAIL AND NOTHING WILL WORK WITHOUT IT. (Mrs. Jean Parkin-PDC District 4)

So dont forget to oil the HUB, which helps to make the gear run smoothly. The colour is also important which is ROYAL BLUE for the Clubs and LIGHT BLUE for the Districts.





### Know Your Inner Wheel

- ♦ Mr. Paul Harris started the first Rotary Club in 1905.
- ♦ In 1920 the wives of Rotarians in Great Britain and Ireland joined hands to help their husbands with social work undertaken by Rotary.
- ◆ 10<sup>th</sup> January 1924. The inaugural meeting of Manchester Club (Great Britain) was held in Herriots Baths where the name Inner Wheel was adopted.
- Mrs. Oliver Golding was the Founder President and Mrs. Nixon was the Secretary. The first six rules were agreed upon.
- ◆ 10<sup>th</sup> January is now celebrated as the International Inner Wheel Day.
- ◆ 1931 The first overseas club was founded in Ballarat.
- ◆ 6<sup>th</sup> May 1934. The Association of Inner Wheel in great Britain & Ireland came into being.
- Since 1936, newly formed Inner Wheel Clubs were given a certificate of membership or the charter.
- ◆ 1955 Inner Wheel came to India with the formation of Inner Wheel Club of Ahmedabad as District 75 now District 305 (The First District in India).
- ◆ 1966 Mrs. Malti Rana was appointed the first Inner Wheel Representative.
- ◆ 1<sup>st</sup> July 1967 IIW came into being. The first Board Meeting was held in Copenhagen. Five board members were present from Denmark, great Britain & Ireland, Netherlands, Norway and Sweden.
- ◆ Lavender Weightman became the first International Inner Wheel President and came to India in 1968. She combined three Districts of Gujarat, Saurashtra and Bombay and named it National Council of India.
- ◆ 1976 -The Association of Inner Wheel Clubs in India, Sri Lanka and Bangladesh was formed. Raksha Mehta (District 314) was the first President.



### Know Your Inner Wheel

 From India there have been six ladies to honour the highest office of International Innerwheel President

1986 - 87 Mrs. Minna Kapur

1993 - 94 Mrs. Anita Agarwal

2007 - 08 Mrs. Kamla Ramakrishnan

2010 - 11 Mrs. Pallavi Shah

2014 - 15 Mrs. Abha Gupta

2017 - 18 Dr. (Mrs.) Kapila Gupta

2020 - 21 Mrs. Bina Vyas

- ◆ 2013-14 Dr. (Mrs.) Kapila Gupta. First Indian lady to be elected International Inner Wheel Treasurer and hold the post for three consecutive years.
- ◆ 2016-17 Mrs. Azhagu Annamalai second Indian lady to be elected International Inner Wheel Treasurer and hold the post for three consecutive years.

\*\*\*



Protocol, carried effectively maintains the decorum of any meeting and adds dignity. Protocol is the formal etiquette and procedure for formal ceremonies. It is a code of behavior and set of courtesies, which add grace, beauty and dignity to any function. It also enhances the stature of all those who observe these customs and creates an ambience of goodwill and happiness all around.

Inner Wheel being an international organization and having different layers of administration has plenty of scope for both the need to follow certain decorum and the desirability of observing proprieties.

#### **Protocol Classification**

Protocol has many facets and must be applied and followed in different ways.

- 1. Correspondence
- 2. Seating arrangements at various meetings.
- 3. Addressing the Inner Wheel Dignitaries.
- 4. Visits of Inner Wheel Dignitaries.

#### CORRESPONDENCE

Line of Communication

Correspondence should be from

Club → District

District → Association

Association → IIW



#### SEATING ARRANGEMENTS AT VARIOUS MEETINGS

#### Club Level

Club is the first level. For a Club function:

TREA	IPP	CG	PRES	VP	SEC	ISO

#### **AUDIENCE**

At Chairman's Official visit to the club, the District Chairman is the Chief Guest.

If Association President or Guest of Honour is also present then they will sit between the President and Vice President.

Place of Honour is to be given on the Dais to any other Association Officer present.

Club Advisor will set between treasurer and IPP.

#### **District Level**

This is to be followed at the District Meetings such as District Assembly/ Conference.

(a) When there is no separate Chairman for District Assembly / Conference.

DIST.	DIST.	AC	ASSN.	DIST.	DIST.	DIST.	DIST.	DIST.
ISO	TREA	MEM	PRES	СНМИ	VC	SEC	ESO	EDIT

#### **AUDIENCE**

(b) Where you have the Conference Chairman and Conference Secretary.

CONF	DIST.	DIST.	AC	ASSN. DIST.	DIST.	DIST.	DIST.	DIST.	CONF
<b>CHAM</b>	ISO	TREA	MEM	PRES CHMN	VC	SEC	ESO	EDIT	SEC

#### **AUDIENCE**

The Conference / Assembly Chairman is often a senior Member of the Club/District. She is nominated for her experience and she is there to help organize, supervise and guide the arrangements. It facilitates arrangements, if the host Club President is nominated as the Conference / Assembly Secretary.

#### You must have noticed that

The President always presides at the Club function and is seated in the centre.

Similarly, the District Chairman occupies the Centre seat at a District Function.

The District Chairman/Chief Guest is on the right or left of the Club President.

The Association President/Chief Guest is always on the right or left of the District Chairman.



#### ADDRESSING THE INNER WHEEL DIGNITARIES

#### **Club Function**

Club President Presides must be addressed first.

If District Chairman is present, then she will be addressed after the Club President.

If both the Association President/District Chairman are present, then after the Club President, the Association President and then the District Chairman will be addressed.

If the District Chairman is present, she will be the Chief Guest.

#### **District Function**

Chairman presides and to be addressed first.

If Association President is present, she is next.

If IIW President is present, then she will be addressed first and Association President after her.

Association President is the Chief Guest at the District Conference/ District Assembly. Any other speaker can be a guest speaker.

All PDCs, Past and Present Association Officers, District EC Members (if not on the dais) are to be seated in the first row.

IIW or Association Officers are addressed before District Executive, PDCs, dignitaries and Members of Inner Wheel.

The above will be addressed before acknowledging Rotary dignitaries and quests.

The spouses of the District Chairman and District Officers, if present, must be seated in the first row, and their presence acknowledged.

The first lady of Rotary District also must be seated in the front row and her presence acknowledged.



#### **VISITS OF INNER WHEEL DIGNITARIES**

District Chairman/Club President receives the Association President / District Chairman.

The Visiting dignitary must be seen off by District Chairman / Club President.

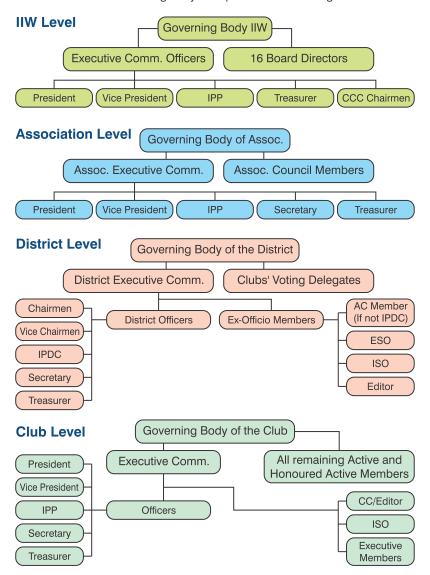
#### **Certain Facts for your Attention Please:**

- ◆ Be prompt in replying, especially to an invitation.
- ◆ Each invitation card of Club / District must have District Number.
- ◆ It must have at least one full R.S.V.P. address with pin code and telephone number for acknowledgment.
- ◆ Colour of Inner Wheel emblem, badges and collar should be uniform.
- ◆ Colour of Badges and Ribbon of the Collar: Royal Blue of Clubs. Light Blue for District.
- ◆ Wear your lapel pin at all meetings. If chairing a meeting, wear the Collar.
- ◆ We are Members of Inner Wheel and not Inner Wheelers.
- ◆ Don't use or encourage the use of Chairperson it is Chairman.
- ◆ Don't print International Inner Wheel on your stationery.
- ◆ Use only Inner Wheel District Number and not Rotary District Number.
- ◆ Use the name of the Club as it is given in the Charter.
- ◆ Club Charter must be handed over at the Club Installation and preferably shown to the Chairman during her official visit.
- ◆ Inner Wheel prayer to be read at the start of an Inner Wheel meeting.
- ◆ Be aware of Rules, Constitutions and Bye Laws. Do not hesitate to refer to them as often as necessary. Carry them with you on all Official visits particularly District Assembly / District Conference / Visits to Clubs.
- ◆ Check that you have the latest copy and not any outdated one.
- ◆ Check that the Clubs / District E.C. Members also have the latest copies.
- ◆ Do not ask the invited Inner Wheel Member or guest for any contribution, sunshine or raffle.
- ◆ Do not impose yourself on others, while visiting other cities, districts or countries.
- ◆ Share news, views and responsibilities with your E.C. Members.
- ◆ Be impartial, fair and just in case of any dispute.



## Know Your Hierarchy in Inner Wheel

The hierarchy of Inner Wheel shows that at the apex is the International Inner Wheel under which is the association consisting of various Districts and at the end are the clubs with its members providing selfless service. Every level of Inner Wheel has its Governing Body to help smooth functioning of Inner Wheel.





### Club Executive Committee

The Club Executive Committee consists of the Officers, Club Correspondent, The International Service Organizer and not more than six ordinary Members of the Club. Club may, if they so wish appoint a Joint Secretary. The President and Secretary of the Club are ex officio Members of all Club Committees with power to vote. Members may be co opted to advise the Executive Committee or to receive instructions regarding the particular work assigned to them. They may take part in discussions, but may not propose or second motions and have no voting power.

#### General Information for the President of the Club

#### 1). Presidents please note:

- The new Inner Wheel Year starts on 1st of July.
- b. The installation must take place by the first week of July at the latest.
- c. The President is installed, the jewel handed over and then she conducts the meetings.
- d. All files, relevant records, literature and documents should be handed over to the President towards the end of June.
- Start keeping records immediately.

#### 2. Have you the following items?

- a. Bannerettes for display and exchange with other Clubs.
- b. A Club Banner
- c. Officers Badges
- d. Extra Membership pins in stock
- e. Forms for registering new Members.
- 3. District Committee Meeting Minutes or at least important parts from them must be read at the Club Meetings. Members should know, what is going on in the district and take an active interest in it.

#### 4. Interest in International Inner Wheel & Association Council Matters:

- a. Take an active interest in the above matters.
- b. Reply to correspondence regularly and promptly.

#### 5. Nomination for District Offices:

- a. Must be in time. Think about it in October and November.
- b. Explain to the Club in November. Forms should be sent in time.



### Club Executive Committee

- 6. Observe International Inner Wheel Day on 10th January, by some form of special service.
- 7. Election Meeting in December.
- 8. On receipt of Association ballot papers, go through the bio data of the candidate in the Club Meeting, cast the vote and return the ballots in time.
- 9. If ballots are not received in December inform District Secretary immediately.
- 10. Nominations of Delegates to the District Committee.
  - a. Be careful in their appointment and selection.
  - b. They must be willing to attend District Committee Meetings, Assembly and Conference.
  - c. Must vote and do as Club directs.
  - d. Must report back to the Club.
  - e. Must keep notes of the Meetings they attend.
  - f. Good to have the President and Secretary/Treasurer as delegates. Remember, Delegates are eligible for District Offices. They are Ambassadors. So make the best choice. Encourage Members to become Delegates. If a Delegate is unable to attend a District Committee Meeting, the Club President must give a letter of authority on the Club letterhead, to a Deputy Delegate, who should have served at least one year on the Club Executive Committee to attend the Meeting.
- 11. Annual General Body Meeting must be held in June.
- 12. Directory forms to be sent by 30th March. For any kind of help remind the District Chairman and the District Secretary, who are always at your disposal. Treat them as your friends, and do not hesitate to approach them.





#### **GUIDELINES FOR CLUB PRESIDENT**

- 1. The President presides over all Meetings, and is responsible for the interests and well being of her club.
- 2. She should be impartial in all matters, her aim being to promote Friendship and Service by personal contact with every Member of the Club.
- The IIW Constitution and Handbook (downloadable on IIW website).
   Association Bye-Laws, Dist. Committee Club Rules should be studied thoroughly, and refer to them without hesitation. This is better than making a mistake.
- If the above Rule Books are not available, and order has to be placed with District Treasurer.
- 5. Accept suggestions from your Members with an open mind, and plan your activities and projects well in advance, with their co-operation.
- 6. Every month, tell your Members in brief, all that has taken place in the club, during the previous month.
- 7. Welcome "New Members" correctly, always following the procedure given in the latest IIW Constitution and Handbook.
- 8. Try and increase Membership of the Club.
- 9. Arrange as many F ellowship Programme, as possible.
- 10. Be prompt in sending the Ballots to IIW and Association.
- 11. Be prompt in your correspondence with International Inner Wheel, Association President. District Officers and Link Clubs.
- 12. Encourage and persuade Members to attend Club and District Level functions in large numbers.
- 13. Work in harmony with the Club Secretary, because it is she who takes the brunt.
- 14. Resign yourself, to giving quite a bit of your time to Inner Wheel work, during the year.
- 15. Be impartial in your decisions.
- 16. Make sure of unity and frankness amongst your fellow Members.
- 17. Act immediately and see that each Member is doing her bit by rendering some personal service.
- 18. Offer "hospitality" and extend friendship to the Inner Wheel Members from other District.
- 19. All letters and correspondence from the Chairman, District Executives, Association, IIW, etc., should be read to Members at the meetings.



#### **GUIDELINES FOR CLUB SECRETARY**

- The first and foremost duty of the Secretary is to prepare the Agenda. Send out Notices for the regular Club Meetings and Executive Committee Meetings to Members at least one week before the Meeting,. This should be done in consultation with the President.
- The Minutes of the regular meetings and Executive Committee meetings have to be prepared by the Secretary in consultation with the President. Minutes must be circulated to Members, recorded in the Minutes Book, read and confirmed at the next Meeting.

#### Two separate Minutes Books should be maintained:

- i) A regular Meeting Minutes Book: and
- ii) Executive Committee meeting Minutes Book.

The Minutes of the General Body Meeting should then be sent to the District Chairman for her records. (This varies from District to District)

- 3. Similarly two attendance Registers (Executive Committee Meeting and Club Meeting) should be maintained, where the signatures of those present at the Meeting should be taken.
- 4. In order to facilitate her work, the Secretary should prepare an up-to-date list of all Members, along with their mailing addresses, telephone, mobile numbers and email ID's if any, and with the portfolios they hold. This list should be distributed to all members, and changes should be notified immediately. This will help the Secretary a great deal and will also help other Members to have a better contact with each other.

The *List of the Club Members*" should be sent to the District Chairman and the District Secretary, for their official records, along with the names of the District Voting Delegates.

- During her tenure of Office, the Secretary will receive letters and circulars from the Head Quarters of International Inner Wheel. It is the duty of the Secretary to inform the Members in the Meetings and she should respond to them properly.
- 6. It is the duty of the Secretary to make the Club programmes as interesting as possible. All effort should be made to include those items, which are of interest to ladies, so that everyone can participate. Your club should be a second home for all members.
- 7. It is the privilege of the Secretary to get acquainted with the activities of other Clubs through their Secretaries, and thereby create better understanding between the Clubs in the District.



- 8. The Secretary must extend help to newly formed Clubs and on some special occasion or celebration an effort should be made to invite other Club Officers as well as District Officers and Rotarians.
- A general Register of Members and Membership from including their date of Joining and Offices help in Inner Wheel should be maintained and kept up-to-date.

#### **GUIDELINES FOR CLUB VICE-PRESIDENT**

The Vice President presides at the Meeting in the absence of the President but does not wear the Collar. She can gain much useful experience by helping her President in every possible way.

#### **IMMEDIATE PAST PRESIDENT**

The Immediate Past President provides continuity in the administration. The experience and knowledge she has gained during her tenure of office can be great value. She cannot hold any office in her Club in the year following her terms as Immediate Past President. N.B: There will be no immediate Past President for new Club in the year of inauguration.

#### **GUIDELINES FOR CLUB TREASURER FIXING OF DUES:**

In fixing the annual subscription the Club must ensure that it will cover the International Inner Wheel Capitation Fee, Association and District dues and sufficient day-to-day working expenses of the Club.

A budget has to be prepared at the beginning of the year taking into consideration the tentative income and expenditure of the club.

#### OPENING OF BANK ACCOUNT AND APPOINTMENT OF AUDITORS:

At the beginning of the year during the incoming and outgoing committee meeting a resolution is passed as to the bank in which the account of the club will be operated and the auditors who will audit the accounts of the club (preferably continue in the same bank).

The account should be opened only in a Nationalized Bank/Cooperative Bank.

Two accounts should be opened

- a. Membership Fees, to be credited to the Club Account.
- b. Charitable donations and amount raised from the fund raising to the Charity Account.
- c. Under any circumstances amount from the Charity Account should not be transferred to the Club Account.



#### **TERM OF TREASURER & AUDITING:**

The financial year begins from 1st July and ends on 30th June.

The bank accounts have to be closed on 30th June for the treasurer is not entitled to operate the accounts after 1st July,

The accounts have to be audited at the end of the financial year, and copies of the audited statement of accounts, sent to all club members within 30th September

If a club has fixed deposits then the accounts had to be audited and a balance sheet duly certified.

#### **DUES:**

Club fees should be collected during the months of July and August. If fees are not paid reminders should be sent promptly.

District and Association Fees and IIW subscription should be sent to the District Treasurer latest by September in the format sent by the District Treasurer.

The District, Association and IIW Subscription are payable for all Honorary members and Honored Active members by the Club concerned.

For existing members and new members joining before the end of December 31 will have to pay full year fees.

For members joining after January 1 will have to pay half yearly dues fixed by the Association.

Also request to club treasurer to send details of the following:

No. of members in the previous year

No. of members who have resigned in the current year

No. of members inducted in the current year

No. of members in the current year  $\,$ 

Active Members	
Honorary Members	
Honored Active Members	
Total Members	



#### **ACCOUNTS:**

Two accounts must be maintained:

Club Account

**Charity Account** 

Charitable donation received from the public must be used for the purpose for which it is collected. To do otherwise would amount to a breach of public faith.

Treasurer must inform the executive committee and the general body every month the expenses incurred and the payments made during the month.

A cash book and a ledger book must be maintained by the treasurer or done in a good accounting software.

All drafts sent to the District treasurer should be sent by DD in thename of the....... Inner Wheel District Committee or Dist and must be A/c Payee only.

All cheques must be signed jointly by the Treasurer and President or Secretary.

#### **GUIDELINES FOR CLUB ISO:**

- The aim of International Service in the Inner Wheel Movement, is to foster goodwill and build understanding amongst the members of Inner Wheel, helping the members throughout the world to get to know one another and for the ultimate realization of Inner Wheel objects and goals.
- 2. With this end in view, the Club International Service Organizer, who will arrange to get received from the other Clubs and Districts in India.
- 3. Correspond with Link Clubs abroad and attend promptly to all letters received from other Clubs and Districts in India.
- 4. Exchange Christmas and National Festival Greetings with Foreign and Indian Link Clubs.
- 5. Send, If possible, a gift of a handicraft or any other item of typical Indian workmanship to Link Clubs in foreign countries.
- 6. Send copies of Club Souvenirs, Bulletins to Indian and Foreign Link Clubs.
- 7. Provide details of Club Meetings, address, etc., of Foreign Clubs, which



members of your club, are likely to visit.

- 8. Co-ordinate your work with the District International Service Organizer, and keep a lively interest in International affairs.
- Arrange, at least two or three Club Programmes in the year, to which you
  invite students and visitors from abroad to speak on their local customs,
  culture, way of life.
- 10. Make proper arrangements to welcome and be hospitable to members of the Inner Wheel Clubs visiting your town.

#### CLUB - CORRESPONDENT / EDITOR

- 1. Organize programmes for children, such as competitions in handicraft, painting and other hobbies.
- Send news items of importance to do with Club Projects and events for publication to Inner wheel District Website, Rotary Club Bulletins and local Newspapers in all languages.

Work in close co-operation with the District Editor and take a keen interest in District publications by sending articles and advertisement for publications. Send reports of Club activities and photographs for publication.

Keep records, history, photographs, press cuttings of Club Activities and any other items which may help to enrich the history of the clubs. Inform Club Members at the meeting about personal details important event in lives of their members, Provide geographical, historical and cultural background of their corresponding link area at the time of regular Club Meetings.





## Checklist for Club Files and Materials

#### **PRESIDENT**

- 1. Correspondence Files for
  - i) IIW ii) Association iii) District iv) Clubs in District
- 2. Photo Album
- 3. Project File
- 4. Member's List
- 5. IIW Constitution and Association Byelaws Book
- 6. Association Guidelines Book
- 7. District Directory
- 8. Collar
- 9. Gavel/Bell
- 10. Charter
- 11. Stamp of the Club

#### **CLUB SECRETARY**

- 1. Meeting Minutes Register (including AGBM Minutes)
- 2. Executive Committee Meeting Minutes Register
- 3. Attendance Registers for i) General Body Meeting ii) EC Meeting
- 4. Correspondence Files- Inward and Outward for i) District ii) Clubs
- 5. Correspondence File of IIW and Association
- 6. Membership Form File
- 7. Club/Member Register (Members' History Register/File)
- 8. Club History Book
- 9. Notice File
- 10. District Directory
- 11. Club Banner/Theme Banners

#### **CLUB TREASURER**

- 1. Of Club and Charity A/c
  - i) Cash Books and ledgers of last 3-5 years
  - ii) Bank Pass Books, Cheque Books, Deposit Slips
  - iii) Receipt Books and Voucher Book
- 2. Voucher Files of last 3 years
- 3. Fixed Deposit Receipts, if any
- 4. Stock of Lapel Pins and Inner Wheel literature
- 5. Rubber Stamp
- 6. Audited Accounts of last 3 years
- 7. Budget of last 3 years
- 8. All Books and Accounts of Trust Account, if any
- 9. Files of correspondence
- 10. Daily Diary or Book to register day to day transactions
- File for Correspondence with District Treasurer including letters containing remittance of dues
- 12. Cash Book and ledger for
  - i) Club Account ii) Charity Account iii) Trust Account (if there)



### Checklist for Club Files and Materials

- 13. District Directory
- 14. Bills and vouchers of Payment File

#### **CLUB ISO**

- Link Club File: For Clubs under Association of Inner Wheel Clubs in India and Overseas Clubs
- 2. Correspondence File for
  - i) District File (correspondence from mainly District ISO)
  - ii) Club ISOs of District
- 3. Outward Correspondence File/Activity File
- 4. Directories: i) District ii) Association
- 5. Flags of the club
- 6. Flags of other clubs received

#### **CLUB EDITOR**

- 1. Project File (with photos)
- 2. Newspaper Cutting File (Scrap Book)
- 3. Correspondence
  - i) From District File (mainly from District Editor)
  - ii) From Club Correspondents of District
- 4. District Directory
- 5. Bulletins Published
- 6. Bulletins Received of other Clubs

#### **DEAR GODDESS**

Since we are going digital and paperless please keep record of correspondence in the given format

#### **LETTERS RECEIVED**

Date	From	Matter

#### **LETTERS SENT**

Date	То	Matter



## Format of Resolution for Opening Bank, Account of The Club -

### (TO BE TYPED ON YOUR CLUB LETTER HEAD)

It has been	resolved at the Meeting	held by the Inner Wh	neel Club ofat
	Date	To open the Inner Whe	el Club ofA/c
and Inner \	Wheel Club of	Cha	artities A/C., to be jointly
operated by	the Treasurer and Pres	ident or Secretary at	
Name o	of Bank :		
Adress	:		
For the	year beginning	to	
Signed	President	Secretary	Treasurer
Form	at of Resolution for	Appointing Aud	itors of The Club
•	(TO BE TYPED ON	YOUR CLUB LETTE	ER HEAD)
	resolved at the Meeting	•	
For the yea	r beginning	.toas At	uditors of the Club.
Signed	President	Secretary	Treasurer



## Format - Chairman's Visit Invitek

	INNER WHEEL CLUB OF  DISTRICT  The President and Members of  The Inner Wheel Club of  cordially invite you for the occasion of the  OFFICIAL VISIT OF THE DISTRICT CHAIRMAN  (NAME)  District Chairman Dist	
	Venue	
	Time	
	Date	
President	R.S.V.P.	Secretary
	Address & Telephone	
4	Format - Club Installation Invite	
	INNER WHEEL CLUB OF	
	INVERVINE OF STATE OF	
	DISTRICT	<del></del>
		-
	DISTRICT	
	The President and Members of	
	The President and Members of The Inner Wheel Club of	
	The President and Members of The Inner Wheel Club of	
	The President and Members of The Inner Wheel Club of cordially invite you for the Installation of And her team of Office Bearers For the year	
	The President and Members of The Inner Wheel Club of  cordially invite you for the Installation of  And her team of Office Bearers For the year  (and for lunch/dinner/tea thereafter)	
	The President and Members of The Inner Wheel Club of  cordially invite you for the Installation of  And her team of Office Bearers For the year  (and for lunch/dinner/tea thereafter) At(Venue)	
	The President and Members of The Inner Wheel Club of cordially invite you for the Installation of And her team of Office Bearers For the year (and for lunch/dinner/tea thereafter) At(Venue) On(Date) at(Time)	
	The President and Members of The Inner Wheel Club of  cordially invite you for the Installation of  And her team of Office Bearers For the year  (and for lunch/dinner/tea thereafter) At(Venue)	



## Sample of Club Letter Head





Dr. Surjit Kaur

Association President



## Inner Wheel Club of

District 308

Zenaida Farcon

Charter No.: ......

Apeksha Ko. Garg District Chairman

District Chairman

President Name

Address Phone No. : Email ID

Vice President

Name Address Phone No. : Email ID

Imm. Past President

Address Phone No. : Email ID

Secretary Name

Address Phone No. : Email ID

Treasurer Name

Address Phone No. : Email ID

Name Address Phone No. :

Email ID

Editor
Name
Address
Phone No.:

Email ID

EXECUTIVE MEMBERS (six)

Name 1 Phone No. Email ID Name 2

Phone No. : Email ID Name 3

Phone No. : Email ID Name 4

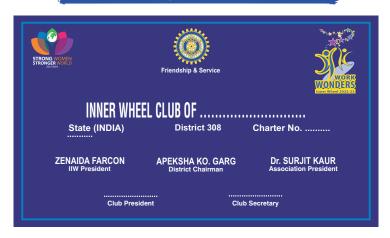
Phone No. : Email ID Name 5

Phone No. : Email ID Name 6 Phone No. : Email ID

Note: Printing should be on white background with Royal Blue Colour

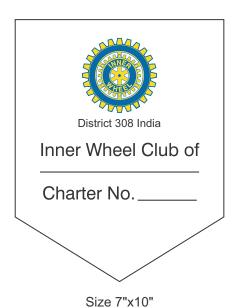


## Sample of Club Banner



Note: Colour of Banner should be Royal Blue & writing should be White / Silver / Gold

### Sample for the Club Flag





## Sample of Agendas

#### **SAMPLE - Agenda of Club Executive Meeting (EC)**

- 1. Collaring & Meeting called to order
- 2. Innerwheel prayer
- 3. Welcome & Opening Remarks by Club President
- 4. Confirmation of Minutes of the previous Executive meeting
- 5. Secretary report (Projects completed)
- 6. Treasurer Report
- 7. ISO report
- 8. Correspondence (received & sent by Club President & other Club Officers from District, Association, other Clubs, other Districts)
- 9. Future Projects
- 10. Any other matter with the permission of the chair
- 11. Vote of Thanks by Club Vice President
- 12. Adjournment of meeting by Club President

#### **SAMPLE- Agenda for General Body Meeting (GBM)**

- Collaring & Meeting called to order
- 2. Innerwheel prayer
- 3. Welcome & Opening Remarks by Club President
- 4. Induction of new members, if any
- 5. Confirmation of Minutes of the Previous General Body meeting
- 6. Secretary report (Projects completed)
- 7. Treasurer Report
- 8. ISO report
- Correspondence (received & sent by Club President & other Club Officers from District, Association, other Clubs .other Districts)
- 10. Future Projects
- 11. Any other matter with the permission of the chair
- 12. Birthday & Anniversary wishes (optional)
- 13. Vote of Thanks by Club Vice President.
- 14. Adjournment of meeting by Club President

## SAMPLE- AGENDA FOR EXECUTIVE MEETING DURING OFFICIAL VISIT OF THE DISTRICT CHAIRMAN

- 1. Collar & Meeting called to order by Club President.
- 2. Innerwheel prayer
- 3. Welcome and President's Opening remarks.
- 4. Introduction of the executive team by the President.
- 5. President's Report
- 6. Confirmation of the Minutes of previous Executive meeting.
- 7. Secretary Report
- 8. Treasurer Report



## Sample of Agendas

- 9. ISO Report
- 10. Editor's Report
- 11. Handing over the meeting to the District Chairman by the President.
- 12. District Chairman's Observations.
- 13. Formal Vote of thanks by Vice President
- 14. Meeting Adjourned.

## SAMPLE- AGENDA FOR GENERAL BODY MEETING DURING OFFICIAL VISIT OF DISTRICT CHAIRMAN

- 1. Collar & Meeting called to order.
- 2. Lighting of lamp
- 3. Innerwheel prayer
- 4. Welcome & Opening remarks by President.
- 5. Welcome of District Chairman
- 6. Welcome of District Dignitaries and guests
- 7. Apologies & Best Wishes by Club Secretary.
- 8. Secretary Report
- 9. Treasurer Report
- 10. ISO report
- 11. Release of E- Bulletin by Club Editor
- 12. Projects of the day
- 13. Future Projects By Club President
- 14. Introduction of District Chairman
- 15. Address By District Chairman
- 16. Vote of Thanks
- 17. National Anthem
- 18. Adjournment of Meeting



# Welcome Oath to New Members or Induction of New Members

At the General Body Meeting the President/Past President or any other Inner wheel dignitary present can induct the new Member. The person inducting shall read the aims of Inner Wheel, address each of the new Members by name and say, 'There are no rights without corresponding obligations. Your right to becomes a Member of this Club is the most exclusive one for it is available to you only. The Rotarian / Inner Wheel Club Member, who makes your Membership possible values very highly her privilege to be a member of her Club. If you put the same high value on your privilege to come into Inner Wheel you will welcome the obligations of friendship of service which the Membership imposes upon you, even though this involves some personal sacrifices.

I specially hope that you will find here, with your fellow Members, the feeling that you are among friends and that you will joyfully take your part in all the work of the Club and have many years of happiness with us.

The President then calls upon all present to stand and address the new Member and say "Mrs\_\_\_\_\_on behalf of the Members of the Members of the Inner Wheel Club of \_\_\_\_\_I welcome you (and addressing the Club). I introduce this new Member to you and ask you to extend your friendship to her."

After induction, the first few months are critical in the life of a new Member. Make her feel at home and wanted. Ensure that Members are accepted for what they are recognizing their talents and drawbacks in an atmosphere of patience and love.

### स्वागत - नई सदस्या का

''हर अधिकार के साथ एक कर्त्तव्य जुड़ा होता है, इस क्लब की सदस्या बनने का आपका अधिकार अत्यंत विशिष्ट है। हमें पूरा विश्वास है कि आप इस सदस्यता से जुड़े हुए मैत्री एवं सेवा के दायित्यों का स्वागत करेंगी एवं आशा करते है कि आप स्वयं को मित्रों के मध्य अनुभव करते हुए क्लब की सभी गतिविधियों में सक्रिय योगदान देंगी।''



### Retention

Retention of members is a great challenge. Retaining good members is as critical to long term growth and success of the club as the induction of new members Retain members — new as well as old ones. Avoiding turnovers is the key.

There are numerous reasons for members leaving the organization:

- (i) Health, old age, transfer and death these are natural and one cannot do anything about it.
- (ii) Communication gap.
- (iii) Improper time and place of meetings.
- (iv) Lack of proper programs.
- (v) Groupism among members leading to fights and members leaving the club.
- (vi) Ownership of club by some members.
- (vii) Lack of involvement of member making them feel neglected.
- (viii) Lacunae on part of leadership.
- (ix) Failure to give proper information and education about Inner wheel.
- (x) Too much paperwork and that too in English and thus, if required to take up post, the member resigns.
- (xi) No fiscal discipline.
- (xii) President inducts friends during her tenure as President and when her tenure over her friends leave. It is the responsibility of the President to see that her friends continue in the club even after her Presidentship.
- (xiii) Rotary groups affect Inner Wheel.
- $(xiv) \quad Reluctance \, of \, Rotary \, members \, to \, encourage \, Inner \, Wheel.$

These problems hamper membership development efforts and have to be tackled at the earliest.

Membership retention is an ongoing process that requires constant attention, action and commitment. When clubs continually gain and lose members, a revolving door effect is increased making the club unstable and thus difficult to attract new potential members.

#### Remedies for Retention

It is truly said that Prevention is better than cure. Although clubs cannot prevent a certain number of natural attrition, they can minimize its effect by working towards it. Following suggestions are recommended:

- (i) **Proper Communication:** of meetings, projects/activities and observation of events of Inner Wheel and happenings in family members their achievements, birthdays, anniversaries or sad news, etc. from time to time.
  - Circular of meetings and projects is delivered at home address or by sms (whatsapp and personal communication in case of emergency).
  - Phone calls could be used for personal touch. For example, in case of absence of member in a meeting or project it is necessary to enquire into the reason for her being absent. It makes her feel important and also they feel a part of the organization.



- Regular publication of club bulletin is an important means of communication.
   Under all circumstances Communication Gap should be avoided.
- (ii) Time and Place of the Meeting: It is also important to be aware of what time of meeting suits the majority of members; i.e. daytime meetings (possibly middle of afternoon), luncheon meetings or evening meetings. The place of meeting too should be convenient, accessible and approachable. Accommodating time and place for young working girls, family fellowships, dinner and children is important.
- (iii) Time Management: Meetings or programs need to be well organized and punctual. They should be started on time and be finished in time. Members are not comfortable with disorganization and leaders lack of concern for their valuable time. It should not create lack of interest in members. Time is precious to members in today's environment. To encourage time maintenance, Punctuality Gifts could be given.
- (iv) Variety in Meetings: Good and interesting programs be organized during meetings to sustain interest. Meetings need to be geared toward interests and likes of members. Most members want a variety in meetings that include business and social speakers on current issues, educational tours and a community project periodically. No meeting should be all of one type. Variety is the key.
- (v) Worthwhile Projects: It is the duty of the club to take worthwhile projects to satisfy the needs of members who join Inner Wheel to be a part of the social service Inner Wheel does.
- (vi) **Healthy Environment :** A healthy family atmosphere is to be created inside the club. Friendly behaviour with one another creates a healthy environment. Personal contacts play an important role in strengthening the bond in club. Respect for each other should be there as we must understand that we are all equal. New members should to feel welcome and comfortable by senior members. President should listen to the members, and encourage others to listen. Ego clashes should be avoided and hurting someone's ego need not be done.
- (vii) Involve: Involve each member new as well as senior, throughout the year in organizing some project, event or meeting on the basis of her capability and interest. This will give them importance and provide opportunity to their talent. Sense of belonging to Inner Wheel will be enhanced. Each member should feel responsible and important in club activities. Involving seasoned members as well as old members in activities is important otherwise they keep themselves away from the club activities. Their experience counts a lot and in case of new members, they



have enthusiasm. Encourage **new members to speak in meetings** about Inner Wheel.

**Note:** Very few members like to do administrative work in Inner Wheel and new members at time are given this responsibility which should be avoided while she is unaware of Inner Wheel and its working.

- (viii) Appreciation: Appreciate publicly those members who have helped in projects/events. This will make them happy and they shall keep on helping. Even in print, while giving news of the project/event, their names should be mentioned. Visibility of Inner Wheel Projects through print media, audio visual media, as well as through the medium of Information Technology encourage members.
- (ix) Awards: Awards/prizes for Best Member, Best Project Director, 100% Attendance at General Body Meetings, Executive Meetings and projects, etc. will increase attendance and with regular involvement their interest in Inner Wheel also increases. Recognition Award for member's achievements and for performance in assigned duties at the end of the year could be done.
- (x) Suggestion Box: This enable members to give their valuable suggestions.
- (xi) Encouraging Members to attend District Events: like Assembly Conference and Rally, Inter District Meets, Zonal Meets, etc. which provide platforms for friendship and Inner Wheel knowledge.
- (xii) Fellowship and Cultural Program: Good interesting programs are like Sanjivani to the club. Such programs foster friendship bond among members and also help retain them. They also help in increasing attendance.
  - Competitions like traditional dress, dance, cooking salad decoration, etc.
  - Games for club members
  - Snacks after the meeting by member/s whose birthdays fall in that month.
  - Demonstrations and talks on interesting subjects.
  - Celebration of Days like Friendship Day, Inner Wheel Day, Charter Day, etc. and various festivals.
  - Lucky Draws and Games at meetings.
  - Meeting at Members residence by rotation.
  - Picnics.
  - Joint Meeting with Rotary and Rotaract Clubs.
  - Colour Code for Dress at Meetings/Projects.
  - Theme parties.

New members want to see good combination - mixture of community



service and fellowship.

- (xiii) Knowledge of Inner Wheel: Each member should have basic knowledge of Inner Wheel and if the club functions as per Inner Wheel bye-laws, many problems can be avoided. For this, in the meetings, Inner Wheel rules from Association Bye-laws could be simplified and told to the members by senior members.
- (xiv) Follow Fiscal Discipline Transparency of accounts is a must.
- (xv) Choosing membership properly and with consent of all is important. This can happen when women not related to Inner Wheel member or Rotarian is to be made a member. Be careful as it must be kept in mind that quality is never to be compromised over quantity. This will increase club's retention of members. Also while choosing or inviting a member related to Rotary or Inner Wheel care must be taken to see that she meets the club's atmosphere, culture and preferably stays in the vicinity of the meeting place of the club, or locality of the existing club members. It then becomes easier for the prospective member to continue to attend the meetings on a regular basis and take part in more activities, once she becomes a member. This will ensure good attendance at the monthly meetings also. If most of the members are above 50, then induct some members of younger age to balance it. A balanced club membership across all demographics is considered good.
- (xvi) Exit Interviews: When a club member resigns does club your ask her why she is resigning? Many times we get a clue from her as to the shortcomings of the club. And that shortcoming can be improved to attract new members and stop members from leaving the club.
- (xvii) New members should feel welcome: A Welcome Committee at club level can be formed to welcome new members.
- (xviii) Induct Members Together: It is observed many times that very enthusiastic members leave the Parent club to join a club where they can identify themselves better. They are comfortable with the atmosphere in some other Inner Wheel Club. If the average age of the club is around 50 and if a new member is younger, then try to induct 3-4 members of her age together so that she feels comfortable.

 $Message \, for \, every \, Inner \, Wheel \, Member.$ 

"Be proud of Inner Wheel and promoting ideas of Inner Wheel with others. Be friendly and outgoing and aware of the needs of others. Listen to others. Be open to others!"

These ideas and recommendations may be just what is needed to revitalize the club.



## Ways to Bring and Retain Members

#### DO'S

- i. **IDENTIFY:** potential, qualified members.
  - Ask for Rotary Roster.
  - Talk to Rotarians or Past Rotarians whose wife, sister, mother, daughter could become members.
  - Talk to family members of Inner Wheel members.
  - Talk to former Inner Wheel members who left due to personal reason and could rejoin.
  - Talk to Rotaractors previous and present who themselves or their family members could become Inner Wheel members.
  - Attract younger members who have the potential to lead at the Club, District, Zone and National level.
- ii. INFORM: prospective members on what Inner Wheel is all about.
  - Talk about the community projects the club is involved in, international projects, social activities, Rotary/Inner Wheel involvement and the bond formed among members.
  - Have an ongoing program on educating members on changes that may develop. This might be a good time to re-educate existing members with the Inner Wheel Constitution and Byelaws.
- iii. INVITE: prospective members to a meeting / get-together / functions / projects.
  - Make it an interesting meeting.
  - Have a good speaker or program.
  - Have someone pick them up and bring them. Have this person be their mentor, and accompany them to a number of meetings until they are comfortable with the group.
  - Introduce them; make them feel welcome.
  - Let them see how you enjoy with one another and work together.
- iv. INDUCT: preferably on installation, District Chairman's visit, etc.
  - Make it a very memorable occasion when this new members is inducted into the Club.
  - Invite the new member's family to attend the induction.
  - Group induction is welcome so that new members are together and feel comfortable.
- v. **ORIENT**: When new members join, on Inner Wheel information and its policies.
  - Prepare an Orientation Package of Information that includes the Inner Wheel pin, the Handbook and a copy of the Club Roster. This could be helpful for existing memebrs too.
  - Many women get disillusioned with the administrative part of our organization so it is always advisable not to give all the do's and don'ts at the beginning or at one stretch. The information should be need based and everyone learns as they become mature in the club with experience. Keep



it simple at the beginning.

 Provide Inner Wheel information to new members though appointing a senior experienced member as her mentor.

#### Members' Orientation program is a must.

- vi. INVOLVE: Get the new member or members involved immediately. Everyone has a potential. Tap it and involve all in some or the other activities.
  - Put them on a committee to work with other members on a project. Describe the various committees; work with them to identify which committee they would like to serve on.
  - Make them feel a part of the Club right away. Make them feel important.
  - This is a wonderful way for them to meet new friends and receive important information.
- **vii. IMPROVE**: Projects and meetings and other fellowship activities. Good combination of all is required.
- viii. IMAGE: Build the image of the club as a good image attracts others towards it.
- ix. INSPIRE: Give an award to the member proposing the new member. This will inspire others to do the same.

#### DON'TS:

- i. **IGNORE:** Never ignore any member.
- ii. IMPORTANCE: Let every member in the club feel important.
- iii. 'I' word: Replace 'I' with 'We' even if you do the job alone.

#### **EXTERNAL EXPANSION (FORMING NEW CLUBS)**

Starting an IW Club is very similar to a military campaign. Careful forethought and planning is necessary. As per IW Constitution, a minimum of 12 active members to form a new club is mandatory. However, to keep a club growing strong and flourishing, it is recommended to have 20 members or more. These members getting together to form a new club could be:

- (a) Women related to Rotarians/former Rotarians.
- (b) Women related to Inner Wheel members/former Inner Wheel members.
- (c) Women who have been invited to join.

A new club can be started from any one or a combination of all three of the categories. It is permissible to form a new Club totally from Category (c). As soon as those new members join, they become full active members, and can vote and hold office, and participate in all aspects of the Club.

A new Club can be formed and sponsored by either of the following:

- Rotary Club
- Inner Wheel Club
- District Executive

Starting a new Club is the responsibility of the District ESO. She would be involved to explain the objects of Inner Wheel and how Clubs and Districts function.



## MEMBERSHIP FORM



District Number	
Inner Wheel Club of	
Membership Number	

**PHOTO** 

***********
Additional number
ears) opriate box
Date of joining
Year
Year

### Note:

District Seal

District Secretary Name and Signature :

- Use A4 size paper for the form. Membership form is to be completed by a new
  member in consultation with the club Secretary and to be sent to the District
  Secretary in duplicate for information and signature. 1 copy is returned to the
  club Secretary for her records. If a member transfers to another club, this form
  should be sent to the Secretary of her new club.
- Also keep a record of Inner Wheel posts taken by the members at Club/ District/IIW Level



### **NOTE**

- Use A-4 size paper for the form.
- Membership form is to be completed by each new member of a club in consultation with the Club Secretary and to be sent to the District Secretary by Club Secretary for information and signature and District Seal which is then returned to the Club Secretary for her files. If a member is permitted transfer to another club, a copy of this form should be sent to the Secretary of the new club.
- It can utilized for keeping up to date the history of the members in Inner Wheel at various levels of Inner Wheel.

# Bio-Data of Members

Name of Member:	
Address:	
Phone No:Mobile No:	
Name of Husband / Guardian:	
Date of Birth:	
Qualification:	 
Blood Group:	
Date of Wedding:	
No. of Children:	 
Hobbies:	
Date of Joining:	
Date : Signature of Member	
President Secretary	
District Chairman's Signature	
Date	

Note: Get the Chairman's signature during her official visit to your clubs.



# How to Organise Effective Meetings, Seminars, Events

### Identify:

Chairman

Secretary

Treasurer

Coordinator

Convener

### Whom to choose:

- When you choose the, Chairman and other Committee Members, consider the Members:
- Past experience
- Their adaptability with other members,
- Their capacity to work and get work done.

### Identify the host:

• Meet hosted by a single club

• Group of Clubs

### -Preliminary Meeting Set and fix:

Date

Time

Venue

### Prepare an expected budget-

- Income: Identify different resources to raise money i.e. Registration fees, fees from sponsors, raffle etc.
- Expenditure: Note down different heads for expenditure with expected amount to be spent, like hotel, catering, transportation, publicity etc.

### Circulars or Mails:

- Plan how many circulars to be sent.
- To whom it will be sent.
- The address list should be ready.'
- Ideal to send at least two circulars First circular to be sent at least six weeks before the Meet. The second circular four weeks before the Meet.
- Invitation should be in the hands of the invitee at least two weeks before the Meeting.

### **Chief Guest**

- Indentify your Chief Guest availability
- Send a letter for inviting.
- Entrust a special aide to take care of the Chief Guest
- The Association President visits the District at least once either for the Conference or District Assembly.
- Since the President has to plan well in advance, you may have to fix the date as early as six months to a year in advance.



### Bio-data of the Chief Guest

• Get the Biodata and give it to the person who has to introduce well in advance.

### Table Agenda

- Get copies of the Table Agenda Ready
- Timings can be noted
- Keep the Meeting to its scheduled time.
- Events such as Awards to be planned well within time.
- Master of Ceremonies Decide whether you need one
- MC to be briefed well

### **Seating on Dais**

- Head Table seating according to Protocol.
- Seating on the Dais Provide space for movement.
- Get the Name cards ready.
- Mike arrangements-check quality and number of mikes. Information to the Press

### Plan

- Information to the Press.
- Inner Wheel activities need to be publicized
- A Press Meet can held prior to the Meeting of press note sent later.
- Venue decoration
- Bouquets & Flower arrangements

Mementos

- Photographer
- Lamp, Oil, Wick & Match Box, Candle to light the Lamp Kolam, Oliva Colding Photo
- Transport arrangements for outstation Guests.

### **Backdrop or Banner**

- Plan your Backdrop or Banner
- Banners on the Road to identify the venue.

### **Food Sumptuous**

- Breakfast, Tea & Lunch
- Note that the Success of a programme depends greatly on the food served.

### Registration

- Registration Table: The registration comm. members of the Meet have to have the list of all clubs.
- Reception Table: The Members to be welcomed with the tradition of flowers, Friendship Bands or Kum-Kum etc



# Tips to Make Club Activities Interesting

To make the meetings more interesting and building a team spirit, a healthy club environment can be created by following the tips given below:

- Start meeting on time, "Felicitate the Early Bird", Call members with the first name.
- **Fellowship and Cultural Program:** Such programs foster friendship. They also help increase attendance.
- Competitions like traditional dress, dance, cooking, salad decoration, etc. and Games for club members.
- Snacks after the meeting by member/s whose birthdays fall in that month.
- Demonstration and Talks on interesting subjects.
- Celebration of various Days Friendship Day, Inner Wheel Day, Charter Day, etc. and various festivals, Lucky Draws and Games at meetings, Meeting at Member's Residence by rotation, Picnic/s, Joint Meetings with Rotary and Rotaract Clubs, Colour Code for Dress at Meetings/Projects, Theme parties, Punctuality Gifts, Circular at Home Address, Personal Calls.
- Awards for Best Member, Best Project Director, 100% Attendance at General Body Meetings, Executive Meetings and projects, etc.
- $\bullet \quad \textbf{Suggestion Box} \ \text{for members to enable them to give their valuable suggestions}.$
- Link Activities and Exchange Programs: Inviting link club/other club members or attending their clubs and participating in Inter District.
- Encouraging Members to attend District Events: Assembly, Conference and Rally.Inter District meets, Zonal Meets, etc.
- Inducting New Members.
- Regular Publication of Bulletin.

Use your agenda as your time guide.

The Meeting should be discussions that lead to concrete decisions.

GO to meetings with a positive attitude.



# Club Meetings & Bulletins

### Club Meetings - The Know how

It is usual for Clubs to meet monthly although some Clubs do prefer to meet fortnightly. Where Clubs have a speaker at the meeting, the business session should be transacted before the speaker arrives. Circulars must be sent to the members before the meeting with the agenda. The time and venue can be as per the convenience of the members. It can be any member's house or some hotel or Club.

### **Quorum of Meeting**

20% of the members of the club form the Quorum for the General Body Meeting and 4 Members form the Quorum for the Executive Meetings (respectively at least 10 general Body Meetings should be held in one year and executive Meetings should be held depending on the needs of the Club.

The Club Bulletin is the mirror of the Club and it gives complete information about the Club's activities and projects. Any achievements, creative or appreciable work by members, birthday and wedding anniversaries as well as Inner Wheel information can be published in the Bulletin. The future projects and District Events should be highlighted in it. It should provide informative and interesting reading for the members. Normally Special Issues of Club Bulletin are published during Installation Ceremony and District Chairman's Official Visit to the Club. If the Club wants quarterly monthly bulletins can be brought out.

# Sample of Meeting Notice Dist. 308

Notice of General/Executive Committee Meeting	
Dear Member, Please note that the next General/Executive	Committee
Meeting will be held on (Date) at	_ (Time) at
(Venue).	
The following is the Agenda for the Meeting.	
1. To read and confirm the minutes of the last E.C. Meeting.	
2.	
3.	
4.	
5.	
Looking forward to meet you.	
	Secretary

I.W.C. of



# Proforma 2022-23

### **DATE OF VISIT:**

1.	MEMO OF CLUB HISTORY-PLANS AND PROJECTS
a)	Name of the Club
b)	District Number
c)	Date of Inauguration
d)	Inaugurated by (Dist. Chairman)
e)	Name of Founder President
f)	Name of Founder Secretary
g)	Date of Charter Presentation
h)	Charter Presented by (Dist. Chairman)
i)	Charter Number
j)	No. of Members at the time of Inauguration.
2.	MEMBERSHIP DETAILS
a)	No. of Members as on dateNo, of Members resigned during
,	the yearNo. of New Members
b)	Do you have Membership forms?
c)	Is there any possibility of increasing Membership?
d)	Is the proper form used for the welcome and induction of new Member ?
e)	Do your Members know one another's names?
f)	Did you have any Transfers?
g)	Do you have any Honorary Member:
h)	Do you have any Honored Active Members?
I)	What is your attendance? (%)
	General Meeting
	Executive Meeting
	Projects
I)	What steps have you taken to improve it?
k)	Do you have friends in other Rotary Clubs of our District? Where we can
	have a new Inner Wheel Club?
3.	CLUB MEETINGS EXECUTIVE REGULAR
a)	Venue
b)	Day
c)	Time
ď)	Closed Months



e)	Do you observe the Quorum Rules:
1.	Executive Committee Meetings:
2.	Regular Meetings :
4.	GENERAL ADMINISTRATION
a)	What is your Membership Fee?
b)	Are your fees sufficient
c)	Do you got Club fees regularly
d)	Do you transfer payment of l.l.W. Association and District Dues with in two
,	Months?
e)	Do you have any financial difficulties?
f)	Do you have a Club Voucher File? :
g)	Do you have an Accounts & Audit File?:
h)	Who audits your Accounts?
i)	Do you have separate Club and Charity Fund Accounts?
j)	Do you raise Funds for your activities? If yes, how?:
k)	Do you have Fixed Deposits or Charity Trust in your Club?
I)	Do you get international Aid?
-)	If yes, from where and for what project:
5.	SERVICE PROJECTS Inner Wheel Motto is- Friendship and Service Please keep this Motto in mind and be an ideal club:
a.	Do you continue old Projects:
b.	How do you find and adopt new Projects?
c.	Do you participate in Rotary Projects?
d.	How do you involve your Members both new and old?
e.	Please give your plans, for the year, about service Projects at Club and District Level?
6.	PROGRAMME:
a.	Do you have Fellowship Programmes and Picnics?
b.	Do you have Education Programme?
c.	Do you have Entertaining Programmes and Programmes of interest of the Ladies?
d.	Do you celebrate Club Birthday, Charter Day and IIW Day? If yes, how?
e.	Do you greet Members on their Birthdays, Anniversaries, etc?



### 7. ATTENDANCE AT DISTRICT FUNCTIONS

- a. How many incoming Club Officers attended Training Institute?
- b. How many Members attended District Assembly?
- c. How many Members attended District Rally other functions?
- d. How many Members attended District projects and seminars, if any held ?\_\_\_\_\_
- e. How many members are going to attend the 5th South Asian Rally to be held in Dhakha?

### 8. CLUB RECORDS - Do you keep the following?

- a. Minute Book & Attendance Register for Regular Club Meeting & Executive Committee Meeting: Yes/No
- b. General Register of Members : Yes/No (Membership file)
- c. Minutes and Agenda File: Yes/No
- d. District Correspondence File: Yes/No
- e. Association Council File International Inner Wheel Yes/No
- f. Headquarters File: Yes!No
- g. General Correspondence File Yes/No
- h. Link Clubs File :Yes/No Literature-Publication Newspaper Cutting File : Yes/No
- j. Photo Album: Yes/No
- k. IIW Constitution and Handbook
  - \*Association Bye-laws and
  - \*Guidelines for Association, District and Clubs: Yes/No

### 9. GUIDELINES TO CLUB OFFICERS:

The guidelines to the respective Club Officers have been given in the District Directory. Are the same being implemented?

### 10. NAMES OF YOUR LINK CLUBS AND DISTRICTS:

IIIIIIIII	Overseas
	<del></del>

11. Pulse Polio Do you manage separate booths usually? What are your activities on NIDs and prior to them?\_\_\_\_\_

Signature of the President

Signature of the Secretary

### **NOTE**

In India

- 1. Please fill up the above Form in full.
- 2. Send the above Form, duly completed and filled, at least 20 days prior to the visit of the District Chairman for her perusal and study.
- 3. Use another sheet if necessary.



# Valuable Inner Wheel Information

### THE MARGARETTE GOLDING AWARD

An award created in the name of Margarette Golding for the highly commendable personal service through Inner Wheel or in the community.

The very first Margarette Golding Award was presented to Margarette
Palmer. Administrator/Secretary of International Inner Wheel by the then IIW
President Carole Buchanan in Chester, England.

**Note:** Applications can be sent for the Margarette Golding Award. Please refer to IIW website.

### RECIPIENTS OF MARGARETTE GOLDING AWARD FROM INDIA

2003-04	Mrs Vijaytai Lavate District 313
2005-06	PAP Raksha Mehta District 314
2010-11	Mrs Chitra Ghosh District 329
2013-14	PIIWP Mrs Minna Kapur District 301
	PAP Mrs Mano Bhaktavatsalam District 323
2014-15	PDC Mrs Sudha Gupta District 301
2017-18	PDC Mrs Krishna Sagar District 308
2018-19	PAP Mrs. Pushpa Suryamurti, Dist.314
2019-20	PIIWP Mrs. Abha Gupta, Dist.301
	PDC Mrs. Sunita Deodhar, Dist.314
2020-21	PPC Mrs. Meera Panjwani, Dist. 306

### JEWELS FROM INDIA AS THE IIW PRESIDENTS

1986-87	PAP Mrs Minna Kapur
1993-94	PAP Mrs Anita Aggrawal
2007-08	PAP Mrs Kamala Ramakrishnan
2010-11	PAP Dr. Mrs Pallavi Shah
2014-15	PAP Mrs Abha Gupta
201 7-18	PAP Dr Mrs Kapila Gupta
2020-21	PAP Dr. Bina Vyas



# International Inner Wheel Conventions

### (Held at interval of not less than 3 years)

Year	Convention	Venue	1.1W. President
1970	I	Hague, Netherlands Helena Foster (GB. & I)	
1973	II	Copenhagen. Denmark	Brite Fangal (Denmark)
1976	III	Sydney, Australia	Gwen Davies (Australia)
1979	IV	Britain, England	Elizabeth Bager Reistsma, Netherland
1982	V	Paris, France	Enette Petit (GB. & I)
1985	VI	Orlando, Florida, USA	Ragnhild Oglaend (Norway)
1988	VII	Stockholm, Sweden	Dora Bailey (GB. & I.)
1991	VIII	Hague, Netherlands	Margaret Spanning (Norway)
1994	IX	Sydney, Australia	Anita Agarwal (India)
1997	X	Berlin, Germany	Beth Mcneill (New Zealand)
2000	XI	Stockholm, Sweden	Lillian Pettigrew (Canada)
2003	XII	Florence, Italy	Solveig Svensson
2006	XIII	Chirstchurch, NZ	Erna Fandal (Norway)
2009	XIV	Koto Kinabalu. Malaysia	Suzanna Nelsen (Denmark)
2012	XV	Istanbul, Turkey	Catherine Refabert (France)
2015	XVI	Copengagen, Denmark	Abha Gupta (India)
2018	XVII	Melbourne, Australia	Kapila Gupta
2021	XVIII	Jaipur, India (Virtual)	Dr. Bina Vyas
2024	- XIX	Manchester	Trish Douglas (GB&I) (to be held)

# Triennial Conferences

(An Association Conference, is held once every three years. 2/3 majority is required to carry a motion to amend the Association Bye-Laws).

Year Co	nference	Venue	Association President	Distt. No.
1976-44	I	Bombay	Raksha Mehta	Dist. 314
1979-80	II	Bhopal	Sanoj Lalwani	Dist. 304
1982-83	III	Trivandrum	Mureil Sukumaran	Dist. 321
1985-86	IV	Delhi	Shubh Manchanda	Dist. 301
1988-89	V	Vijaywada	Mythri Gandhi	Dist. 302
1991-92	VI	Bombay	Asha Bajaj	Dist. 314
1994-95	VII	Cochin	Vimala Abraham	Dist. 321
1997-98	VIII	Coimbatore	Shanta Mookken	Dist. 320
2000-01	IX	Chennai	Kamla Rams Krishnan	Dist. 323
2003-04	X	Pune	Roshan Chindhy	Dist. 313
2006-07	XI	Mumbai	Pallavi Shah	Dist. 314
2008-09	XII	Varanasi	Nandini Bhargava	Dist. 312
2012-13	XIII	Hyderabad	Santa Lunani	Dist. 302
2015-16	XIV	Kolkata	Mamta Agarwal	Dist. 329
2018-19	XV	Pune	Smita Pingale	Dist. 313
2021-22	XVI	Varanasi	Saroj Katiyar	Dist. 311



# SOUTH ASIA RALLY (Held once in every 3 years)

Year	Rally	Venue	<b>Association President</b>	District
2008-09	1st	Kochi	Azhagu Annamelai	Distt. 320
2011 -12	2nd	Sri Lanka	Kapila Gupta	Distt. 301
2013-14	3rd	Mumbai	Pushpa Suryamurthy	Distt. 314
2016-17	4th	Malaysia	Prabha Raghunandan	Distt. 325
2019-20	5th	Dhaka (postponed)	Mamta Gupta	Distt. 329
2022-23	5th	Dhaka	Dr. Surjit Kaur	Distt. 307

# International Inner Wheel Presidents & IIW Themes

Year	Name of the President (Country)	Theme
1967-69	Lavender Weightman (GB & I)	
1969-70	Helena Foster (GB & I)	Action
1970-71	Elisabeth Bager (Sweden)	Participation, Engagement, Activity
1971 -72	C. Sharp (GB & I)	Unity & Understanding
1972-73	Brite Fangel (Denmark)	
1973-74	Agens Bulpitt (GB & I)	Tolerance
1974-75	M. Armstrong (GB & I)	Challenge
1975-76	Gwen Davies (Australia)	Bridging The Gap
1976-77	Marie Clarie Cronstedt (Sweden)	Preserve, Protect, Promote
1977-78	Kay Martin (GB & I)	Survival - Be Involved
1978-79	Elizabeth Bier - Reitsma (Netherlands)	Work for Peace Through Love
1979-80	Joan Pyke (GB & I)	Help Children Smile
1 980-81	Anne Lebeau (Belgium)	Open Your Heart
1981 -82	W. Petitt (GB & I)	Be Concerned
1982-83	Britt J. Fjellander (Sweden)	Understanding & Peace
1983-84	Esther A. Vibal (Phillippines)	Continuing Search for Peace
1984-85	Renganhild Oglaend (Norway)	Communicate
1985-86	Doris Browne (GB & I)	Co-operate
1986-87	Minna Kapur (India)	Identify
1987-88	Dora Bailey (GB & I)	Have Patience
1988-89	Alison Dowson (New Zealand)	Protect Children-They are the Future
1989-90	Brenda Taylor (GB & I)	Put Your Heart Into It
1990-91	Margaret Spenning (Norway)	Give Our World a Future
1991 -92	Isabel Mcknight (GB & I)	Take Time



0 0		
1992-93	Gwendolen Bowman (Australia)	Understanding
1993-94	Anita Aggarwal (India)	Expand to Serve Better
1994-95	Barbara Benett (GB & I)	Widen Your Horizons
1995-96	Ida Dubbeldam-de-Klerk (Netherlands)	Open Your Heart & Home
1996-97	Beth Mc Neil (New Zealand)	Look Beyond Yourself
		-Be Involved
1997-98	Dr. Elizabeth Jones (GB & I)	Together, We Are Stronger
1998-99	Louise Richardson (Australia)	Make Our World a Better Place -
		Communicate & Educate
1999-00	Lilian Pettigrew (Canada)	Reach Out, Keep Hope Alive
		Turn Giving Into Living
2000-01	Vivienne Bolton (GB & I)	Stranger Are Friends
		We Have Not Meet
2001-02	Carole Buchanan (Australia)	Enthusiasm Creates Action
2002-03	Eileen Harsant (U.K.)	Make The Friendship Positive
2004-05	Metje Hanekamp-	Work Together & Give Hope
	Van de Kamp (Netherlands)	
2005-06	Ema Fandal (Norway)	Support Gives Strength
2006-07	Janet Day (U.K.)	Show That You Care Through
		Friendship & Service
2007-08	Kamala Ramakrishnan (India)	Communicate Our Vision
2008-09	Suzanne Nielson (Denmark)	Realise Your Visions and
		Make a Difference
2009-10	Anne Fryer (GB & I)	Help Bring Hope
201 0-11	Dr. Pallavi Shah (India)	Commit with Conviction,
		Compassion, Consistency
2011-12	Catherine Refabert (France)	Think Ahead - Aim High
201 2-13	Carol Young (New Zealand)	Be a Friend
20 13-14	Gabriella Adami (Italy)	We, for Women
2014-15	Abha Gupta (India)	Light the Path
2015-16	Charlotte De Vos (Belgium & Luxembourg)	Unique & United
20 16-17	Alatise Oluyemisi (Nigeria)	Touch a Heart
20 17-18	Dr. Kapila Gupta (India)	Leave a lasting Legacy
20 18-19	Christine Kirby (Australia)	Empwer and Evolve
20 19-20	Phyllis Charter (GB & I)	Together We Can
2020-2 1	Dr. Bina Vyas	Lead the Change
2021-22	EBE Panitteri Martines	Pink First
2022-23	Zenaida V. Farcon	Work Wonders



# Countries and Geographical Regions which Have Inner Wheel

Algeria Great Britain & Ireland Pakistan

Andorra Greece Papua New Guinea

Australia Philippines Guadeloupe Austria Poland Guinea **Bahamas** Portugal Guyana Rodrigues Bahrain Hungary Romania Bangladesh Iceland Russia Barbados India Senegal Belgium Israel Serbia Benin Italy

Botswana Ivory Coast Singapore
Bulgaria Jamaica Slovenia
Burkina Faso Japan South Africa
Cameroon Jordan South Korea

Spain Canada Kenya Sri Lanka La Reunion Cayman Island Surinam Lebanon Chad Sweden Lithuania Colombia Switzerland Luxembourg Corsica Taiwan Madagascar Croatia Tanzania Madeira Cyprus Togo Malawi Denmark Trinidad Malaysia Djibouti Tunisia Mali Egypt Malta Turkey Estonia

Faroe Islands Martinique Uganda Finland Mauritius Ukraine

Fiji Mexico United Arab Emirates
Wexico United States of America
United States of America

French Guiana
Goban
Gambia
Germany

Nepal
Virgin Island
West Indies
West Africa
West Africa
Windward Isles

Ghana Nigeria Zambia

Norway Zimbabwe



# Important Days

11th July World Population Day 1st to 7th August World Breast Feeding Week

5th August Friendship Day

15th August Independence Day (India) 5th September Teacher's Day (India)

8th September International Literacy Day / Day of the Girl Child

15th September International Peace Day

16th September International Day for Preservation of Ozone Layer

21st September World Alzheimer's Day / Rose Day /

International day of Peace

26th September Day of the Deaf 29th September World Heart Day 1st to 7th October Wildlife Week

1st October International Day for Older Person /

International Day for the Disabled

4th to 7th October World Animal Week

5th October International World's Teacher Day

6th October World Habitat Day

9th October World Sight Day World Post Day

10th October World Mental Health Day

15th October World Food Day

16th October World White Cane Day (guiding the Blind)

20th October World Osteoporosis Day 1st November Anti Poverty Day

14th November Children's Day (India); World Diabetes Day14th to 20th Nov Child Rights Week / National Book Week

15th to 21st Nov World New Born Week 10th January International Inner Wheel Day

12th January National Youth Day 24th January National Girl Child Day 26th January Republic Day (India) 4th February World Cancer Day

23rd February World Understanding & Peace Day

8th March International Women's Day
15th March World Consumer Day
21st March World Forestry Day
22nd March World Day for Water
7th April World Health Day

11th April National Safe Motherhood Day

22nd April Earth Day

15th May International Day of the Family
31st May World "No Tobacco Day"
5th June World Environment Day



# Inner Wheel Abbreviations

IIW : International Inner Wheel

IWC : Inner Wheel ClubIWD : Inner Wheel DistrictDC : District Chairman

PDC : Past District Chairman

PP : Past President

IPP : Immediate Past President

**ASSN.** : Association

AC Member : Association Council Member PAP : Past Association President

SEC : Secretary Jt.
SEC. : Joint Secretary

TRE. : Treasurer

**VP** : Vice President

IPAP : Immediate Past Association President

ISO : International Service Organizer
ESO : Extension Service Organizer

cccc : Constitution & Credential Committee Chairman

NR : National Representative

**Dy. NR** : Deputy National Representative

IIWR : International Inner Wheel Representative

DIST : District

DEC : District Executive Committee

DCM : District Committee Meeting

**GBM** : General Body Meeting

COTI : Club Officers' Training Institute

PIIWP : Past International Inner Wheel President

PIIWBD : Past International Inner Wheel Board of Directors

IPIIWP : Immediate Past International Inner Wheel President



# Why One Must Join Inner Wheel

There are lots of reasons why women from across the globe choose to become part of International Inner Wheel:

- 1. Global Friendship: When you join Inner Wheel, you become part of a network of friendship embracing over 1 lakh persons from 103 countries of which around 40000 are from India alone. Research had proved that friendship improves both quantity & quality of life.
- **2. Personality Development**: It provides a platform to learn new things, communication skills and working as a team.
- 3. Leadership Development: You get opportunity of learning to motivate, influence and lead people from different walks of life. Gradually, by accepting responsibilities at different posts of the Club, District and higher levels, you get a chance to become a leader.
- **4. Fun & Entertainment**: Many of the activities in Inner Wheel are for fun, be it club meetings, festivals celebrations, District Rally and many other programs. It helps to bring out of the boring routines of household.
- 5. Share your talent: If you have a talent of any sort, bring a difference in people's lives by sharing your talent.
- **6.** Local and International Recognition: Hundreds of people might be knowing you, but once you join Inner Wheel, you can become known and recognised by thousands of peoples.
- **7. Opportunity to Serve**: Inner Wheel is a service organisation. It provides ample opportunity and options to serve the community at grass-root level.
- **8. Who's Who list:** Generally, nice and prominent peoples join the Inner Wheel. By becoming a part of Inner Wheel, you also become a member of their bigger circle and get invited and recognised in social and private functions.
- 9. Assistance While Travelling: Because there are Inner Wheel Clubs everywhere, you seek and find local assistance while travelling new places, be it a need of a doctor, lawyer, hotel or guidance about place of interest from tourism angle or what and where to shop, etc.
- 10. Cultural Awareness: Around the world, practically every religion, country, culture, race, creed, political persuasion, language, colour and ethnic identity is found in Inner Wheel. It is a cross section of the world's most prominent citizens from every background. If you move around, you become familiar of their cultures and learn to love and work with people everywhere. They become better citizens of their countries in the process.



# Glossary For Inner Wheel

**Account -** a record of money received and paid out with resulting balance.

**Active Members -** Women from any of the three categories of membership (listed on page 3 of the C&H).

**Ad Hoc Committee -** a temporary committee, which may be formed by Clubs, Districts, National Governing Bodies and International Inner Wheel for any special needs.

Amendment - modification to a Motion/Proposal.

**Archiving -** keeping of important documents.

**Audit** — an official examination of the accounts by a qualified chartered Accountant.

**Badge** — an emblem or brooch, usually displaying the Inner Wheel logo, worn to show membership. It should be worn at all Inner Wheel events and visits to other special functions. Only badges of an approved design are permitted.

**Ballot** – a paper vote - a written vote - a secret vote.

**Blueprint** — Instructions or Guidelines for the work and duties of each Officer. There are Blueprints for Club, District, National and International Inner Wheel Officers.

**Board** - the International Governing Body.

**Board Director -** elected members, from different countries, to serve on the International Governing Body and govern Inner Wheel. Board Member is a former name for Board Director of 11W (used before 1995).

**Bye-laws -** within the framework of the Constitution, National Governing Bodies may have their own.

**Bye-Laws** which enable members to enjoy their membership according to the customs and traditions of their own country.

**Canvassing -** that is asking for votes by any means this is for bidden, whether by letter or any other means and will result in disqualification of the candidate concerned.

**Capitation Fee -** annual membership fee, a charge per person paid to the Club, District, National Governing Body and International Inner Wheel.

**Charter Presentation** — a ceremony to welcome a new Club into Inner Wheel and introduce all the new members and the Officers.

**Charter Certificate -** a certificate presented to each new Club showing the date the Club was registered or the date of the inaugural meeting.

**Constitution and Handbook — C&H** - contains the rules, which provide the basis on which Inner Wheel is organised, these rules are binding on all Inner Wheel members. Revised after each convention.



**Constitution Chairman** is responsible for interpreting and explaining the Constitution, and ensuring that all changes are done correctly. As her work is highly specialised, she has to be nominated by Clubs, but elected by the International Inner Wheel Governing Body.

Convention - International convention is held every three years.

**Delegate** - agents for voting and representing the club.

**Division of the Club -** splitting one club into two or more clubs.

**Deputy** — a person appointed to act on behalf of, or represent, another.

**Directory** — a booklet giving contact information about Officers, and other relevant details.

Dues - annual capitation fees

**UN ECOSOC -** United Nations Organisation for Economic and Social Development.

Ex Officio - by virtue of Office held

**Extension-** formation of new Inner Wheel Clubs and promotion of new membership within existing Clubs.

**General Motion** — a proposal of a more general nature, which does not change the rules in the Constitution and Handbook.

**Governing Body** — the Officers responsible for managing Inner Wheel at each level. **Honorary Member-** A person whom the Club wishes to honour by making them an Honorary Club Member for a limited time.

**Honoured Active Member** — An Active member who has done outstanding service, which the Club members recognise, and wish to honour by paying her subscriptions for a limited time.

**Inner Wheel Logo** — the official Inner Wheel emblem which must not be defaced or changed in any way.

**Inaugural Meeting** — the first official meeting of a new Inner wheel Club.

International Headquarters - IIW's Secretariat in England. Address:

Suite 2.3, 20 Market Street, Altrincham, Cheshire, WA141PF, U.K.

**International Administrator** — works in the office above and deals with all correspondence to and from International Inner Wheel, and all the administrative affairs of IIW.

International Service Organiser – I.S.O. or Overseas Service Organiser — O.S.O These offices are both the same; they inform members about International/Overseas Charities and organise help to areas, throughout the world, where there is a need.

Margarette Golding Award — an award created in the name of Margarette Golding who started the Inner Wheel Organisation. The award was established by IIW, in 2000, for women (IW members or non-members) who have given exceptional personal service to local communities or people in other countries in need of help.



**Membership at Large** — if an Active Member resides in an area of a country where there are no Inner Wheel Clubs, she may be granted Member at Large status.

**Minutes-** a written record of each business meeting held by the Clubs, Districts, National and International Committees.

**Non District Clubs** — Clubs formed in a country or an area where there are no other, or very few Inner Wheel Clubs. As they are not part of a District they must communicate directly with IIW.

**National Governing Body** — Can be formed in any country which has 2 or more Districts. It elects a National Council, to be responsible for managing Inner Wheel in that particular country.

**Newsletter** — an informal printed report issued periodically to members.

NGO Non Governmental Organization

**Nominate** — propose a candidate for election to office.

**Nominee** — a member who is nominated for a particular office.

**Per capita** — means 'for each person'. As used in reference to the annual membership fees to International Inner Wheel, National Governing Bodies, Districts and Clubs.

**Proposal -** a suggestion to change the Constitution, which is put forward for discussion then voted on.

**Proxy Vote holder** — a member elected to hold votes for Clubs not able to attend a meeting, and to vote on their behalf.

**Quorum** — required number of members that must be present to constitute a valid meeting.

**Rally** — a more informal gathering of members.

Ratify- formally confirm or accept a Resolution or an agreement made.

Resolution- something proposed and resolved upon, a decision taken.

**Standing Orders** — rules governing the way all business should be conducted at Conventions and Conferences.

Structure - the way in which Inner Wheel is organised - its framework.

**Theme -** an annual theme, chosen by the IIW President, suggested to inspire members into action.

 $\label{thm:continuous} \textbf{Tenure of office} - \text{length of time a member can hold an office}.$ 

**Trustee** — a member appointed to have responsibility for the properties of International Inner Wheel.

**UN ECOSOC** United Nations

**UNICEF** — United Nations International Children's Education Fund United Nations Day of Peace to be observed on September 21st each year.

**World Inner Wheel Day -** January 10 is the date celebrated by clubs all over the world, to mark the commencement of the Inner Wheel Organisation, by Margarette Golding, in 1924. On that day, members are asked to think of their fellow members worldwide and also perform some personal service.

Courtesy: IIW Website



# My Wonderful Batchmates





























# ICI DIARIES















# ICI DIARIES















































# Journey in the District



District Editor 2017-18



District ISO 2018-19









District Vice Chairman 2021-22





# **ASSOCIATION OF INNER WHEEL CLUBS IN INDIA** INCOMING CHAIRMAN'S INSTITUTE

11th to 13th May 2022, Shirdi (Maharashtra)

