



सुबल
महिला सशक्तिकरण
Women Empowerment

**Inner Wheel District Committee
2021-22**

Mrs. Anita Jain
District Chairman 2021-22

PNE Seema Khaitan
Committee Chairperson 2021-22





INNER WHEEL PRAYER

Instill in us O' Lord, the true meaning of friendship
Never let us forget that we are all Thy children
Notwithstanding the differences in our cultures and creeds,
Endow us with a desire to serve our Fellowmen,
Remembering that we, too, often need help.
Whenever or Wherever the need for service arises,
Help us to be ready to serve
Endavouring to make our badge of Inner Wheel worthwhile
Ensuring that we have not Lived in vain

इनरव्हील प्रार्थना

मित्रभाव के सत्यअर्थ को हम सब में हे ईश्वर भर दो,
हम सब ही हैं तेरे बालक भूलें ना यह इतना कर दो।
धर्म और संस्कृति भेदों का मन में नहीं स्थान रहे,
सभी मानवों की सेवा का हमें सदा ही ध्यान रहे।
के मानव जीवन व्यर्थ न जाये प्रभु यह कृपा प्रदान करो।।
आवश्यकता हमें मदद की हो सकती यह याद रहे,
सेवा करने की जरूरतें जहाँ कही भी आन पड़े।
के मानव जीवन व्यर्थ न जाये प्रभु यह कृपा प्रदान करो।।
सेवा करने को सब जन की तत्पर हम सब डटें रहें,
'इनरव्हील' की शान बढ़ाये यह वर हमें प्रदान करो।
के मानव जीवन व्यर्थ न जाये प्रभु यह कृपा प्रदान करो।।



सुबल | महिला सशक्तिकरण *Women Empowerment*
Inner Wheel District Committee 2021-22



Inner Wheel District 301

सुबल

महिला सशक्तिकरण

Women Empowerment

**Inner Wheel District Committee
2021-22**



Mrs. Anita Jain
District Chairman 2021-22



PNE Seema Khaitan
Committee Chairperson 2021-22



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PNE Seema Khaitan

Chairperson - Women Empowerment Committee

Opening Remarks

Women empowerment is one of the most highlighted topic in today's world. Day in and day out we hear the need to empower women. International Women's Empowerment Day is celebrated all over the world. Woman is the SOUL of society, each day is Women Empowerment Day.

What is Women Empowerment?

Women empowerment can be defined to promoting their self-worth, their determination to think on their own and their right to influence social change for themselves and others. In other words, we can say it is directly linked to the fundamental human right of the feminine gender. If you want to have a better world, you have to fuel the women empowerment mission. fundamental human right that's also key to achieving a more peaceful and prosperous world.

Empowering women is essential to the health and social development of families, communities and countries. A happy woman gives birth to a well-developed mind and healthier children.

A key part of this empowerment is through education. Though there are other essential ingredients to this like giving voluntary education, making them self-reliant, providing a safe environment for women and their children, teaching them business skills etc.

Inner Wheel is totally committed towards this worthy cause. And in this movement District 301 had during the last year has done commendable work.



To start with, District 301 Women Empowerment Committee organized Stree Shakti – Durga, an event to show the infinite energy a woman carries with herself. Legendary Kathak artist Shovana Narayan performed and showcased the different gracious appearances of a woman. The said performance was applauded by all. It showed the genre woman carry with herself.

Also, a Women Empowerment Project was taken up by District 301 in association with PHD Family Welfare Foundation which was graced by Hon'ble Mrs. Meenakshi Lekhi, Minister of State for External Affairs and Culture, District Chairman Anita Jain as the Guest of Honour and in the august presence of various senior Inner Wheel dignitaries of various Districts.

The project was done at the premises of **PHD House, New Delhi**, where ten (10) E-rickshaws were given to ten under-privileged and needy women from different parts of Delhi, who wanted to lead a dignified life for themselves and their children. The total cost of the project was **Rs. 14,06,985/-**.

Seema Khaitan

Past National Editor 2019-20
Committee Chairperson
Women Empowerment Committee



Anita Jain

District Chairman 2021-2022

Message

Warm Inner Wheel Greetings!!!

Women are always saying, 'We can do anything that men can do.'

But men should be saying, 'We can do anything that women can do.'

“Women Empowerment” signifies that women should be given equal opportunity in every field, irrespective of any discrimination, limitation and restrictions. It includes raising their status through education, self reliance, awareness, self esteem, literacy and training. It means giving them the power to take decisions.

This is what we do at Inner Wheel.

An organisation run by women to help each other and other women. From administration to handling accounts, project planning, execution and many more- everything is done by a woman. Inner Wheel itself makes a woman who is a member feel empowered and through this medium, an Inner Wheel member helps in empowerment of other women.

In our District 301, we have successfully carried out various projects over the years to help women become independent and empowered. Many women have been provided with support then be it financial, moral, societal or emotional. A lot of women have been supported to pursue their education and their education (both school and college) have been sponsored. Many have been given financial help to run their own businesses. They have been given vocational training to stand on their feet and become financially independent. Many self defence classes, therapy, meditation sessions, legal workshops have also been organised to increase self awareness among women.

This year, respected PNE Seema Khaitan was the Chairperson of the Women Empowerment Committee of Inner Wheel District 301 and she left no stone unturned to help women. We managed to help young girls and women in collaboration with PHD Family Welfare



Foundation by donating ten pink E-Rickshaws to help them earn for themselves and for their families. They were also provided with training for the same. It was quite a special day to see those women riding their E-rickshaws to their future. Apart from this, many women in villages in and Delhi have been provided with employment by opening beauty parlours and stitching centres.

A woman can be empowered in many ways- there are various government schemes also in place for this very reason however, I feel that we educated and privileged people can and should do our bit to help whoever we can and as Isabelle Allende (Author) once said, "I can promise you that women working together – linked, informed and educated – can bring peace and prosperity to this forsaken planet." I believe it. I hope you do too.

Wishing you all the very best,

Anita Jain

District Chairman 2021-22

***“Woman is the companion of man,
gifted with equal mental capacity”
– Mahatma Gandhi***



Mrs. Minna Kapur

Past IIW President 1986-1987

Message

Dear **Seema**,

It gives me great pleasure and happiness to greet the **Women Empowerment**. Great honour for all of us. I feel very honoured and proud to welcome the great honour. Give him to the women of today.

I salute all. Dream it a great privilege I know the women of the day. A doing so very well and this world an I wish them the best of luck and good wishes.

I thank Seema for giving me this honour to wish the Women Empowerment of today.

Minna Kapur

Past IIW President
1986-1987

*“When women support each other,
epic things happen.
Empowered women empower women.”*



Mrs. Anita Aggarwal

Past IIW President 1993-1994

Message

Dear **Seema**,

I feel you have done full justice to your committee "**Women Empowerment**" and delivered good results. With full support of District Chairman **Anita Jain** and club leaders and under your guidance and leadership very many challenges were met and commendable projects to empower young girls and women have been accomplished.

I appreciate your plans and corrective measures taken for distribution of **E-rickshaws**, opening new skills development centres, giving training for self defence to teen age girls, computer training courses and many more programs for empowering women.

I wish and pray that you continue doing philanthropic work in your journey of Inner Wheel.

With all good wishes.

Anita Aggarwal

Past IIW President
1993-1994

***"Each and every girl in this world
should have two rights:
To choose Who and What she wants."***



Mrs. Abha Gupta

Past IIW President 2014-2015

Message

Dear **Seema**,

Received your mail and thank you very much. I am happy that you have sent the report of work done under **Women Empowerment Committee** to give us the first hand information- in the year gone by. I am really glad to go through the entire report and very impressed of the work done this year. At the outset, I want to congratulate you & your team members for the fabulous work for our needy women which is in fact the need of the hour.

We all know that women empowerment defines: promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others.

Your great work providing **E-Rickshaw** to so many women will enable them to take care of their livelihood with dignity. They will use their skills, they never knew they could use. With the contribution of almost 50 Clubs in our District and few individual contributions have really made your mega project a big success. Icing on the cake had been that this project was collaborated with PHD Family Welfare Foundation which has enhanced our image of Inner Wheel in the society and also a good way of Inner Wheel branding. Organising Stree Shakti—DURGA an event to show the infinite energy a woman carry with herself is worth appreciating.

Indeed this women empowerment committee has showcased great work and I congratulate you and the team members who worked with you. Keep up the good work and all the best for your future endeavours.

Abha Gupta

Past IIW President
2014-2015



Dr. Kapila Gupta

Past IIW President 2017-2018

Message

Dear PNE Seema,

I extend my heartiest congratulations on a successful year of you serving on District committee on **Woman Empowerment**. U with your vision gave new ways of serving community to empower womanhood. m sure you have a feeling of job done well & stand tall as Achievers - true to the topic u have given to me to pen down.

Women Empowerment- I call it —women with wings — yes all women have invisible wings to fly to outer world of service and friendship. *"Who is an Empowered Woman"* they are challenging traditional social norms and redefining their identity through their continuous efforts.

Marie Curie once said, *"We must believe that we are gifted for something and that this thing, at whatever cost, must be attained"* (qtd. in Hutchens 156). These words should be used as a credo by every woman who believes that they were born for something great and that they have enough talent to achieve their goals. Women should realize that they have the inner strength to overcome obstacles and achieve any goals, even in those situations when they can be viewed as non-powerful, when they are discriminated against, or when they are limited in their resources. There are many examples in the past and present that demonstrate the variety of women's achievements and support the idea that each woman can accomplish even more than she believes.

Roles: Who is an Empowered Woman? It is someone who has something inside telling them *"there has to be more than this"*. They are ready for a new direction in life ... Isis is a goddess in Egyptian mythology. As goddess of life and magic, Isis protected women and children, and healed the sick. That's what each IW member is doing — taking care of sufferings of women & children or sick people following IIW theme — care for women & girls.

History tells us of many famous women who contributed to changing the roles of females in both the past and modern society and who emphasized the paths for future accomplishments. However, what can the past teach ordinary females in regard to the opportunities that are open to them?



The main idea hidden in this statement is that each woman has the unique potential that she can realize in her everyday life if she accepts the fact that each female is talented & has the wings to fly. How women are practicing to uplift their position in the household; bring about new modes of social interface; and identity expression and a reversal in gender. That's what each IW member too has — dreams as wings to serve.

Through our work with the local community we found that there were a number of girls and women that were not engaging with enterprise support programs not because they didn't have great ideas, but because they were not confident in how to develop them or how to engage with organisations that could help support them, we in IW empowered many women, girls to recognise their wings to fly high, get educated and be independent financially. To help break down those barriers, to create a network of support and to help girls, women to better understand how they could take their ideas to the next level, as part of our commitment to create opportunities for them to find pathways into sustainable employment.

Nobel prize winner at a very young age **Malala** from **Pakistan** is a example of Empowered Woman. She fought against system and wrote many articles to educate women & girls. Like her many women are there in world recognizing their capabilities in the form of invisible wings to be achiever's. **Mother Teresa; Merry Kom, Sudha Murthy, Bachhendri Pal** & list goes on and on.

In IW too few who recognised their hidden strength reached high and high to ultimately reach highest post at International Inner Wheel, making her club and country proud. The world has changed as well as the role of women in it. Therefore, each woman needs to believe that she has invisible wings to achieve more through her everyday activities and focus on talents and interests that could be hidden for years because of fears and stereotypes.

Thus, women need to believe that they have enough determination and confidence as wings in order to choose the path in their life and succeed in it. My best to each member, do big in service to make the world better for some & promote friendship.

Dr. Kapila Gupta

Past IIW President

2017-2018



PAP Dr. Urmil Bareja

District ESO 2021-2022

Message

Dear Seema

Warm Greetings!

Let me thank you first for asking me to send a message for your compilation on Women Empowerment.

***“There is no tool for development more effective than
Women Empowerment”- Kofi Annan***

Women empowerment is not just about educating women, or vocational training or involving them in decision making process, women empowerment is about gender equality, accepting their thoughts and view point, respecting their efforts and letting them make their own life decisions without forcing them.

The change should be brought, things won't change in a day but every single effort can improve the condition. We need to bring the change first at home by giving same love, education, good health and nutrition, and respect while bringing them up with same value system. Women are not just limited to household chores, given an opportunity achievers in every field voice of other women like Seema Kushwaha, poetry queen like Rupy Kaur, youngest CEO Radhika Gupta, Kalpana Chawla in space Or ultimate Pop star Beyoncé to name a few.

Inner Wheel has provided us with a strong platform and Clubs with likeminded members have been doing commendable job in carrying out such a wonderful project on the topic.

This year IIW Theme **“Pink First”** truly motivated members even getting them legal assistance for various issues including violence against women. This was one spectacular show of women power philanthropy at its best.



The smiles & light on the faces of the lady recipients as they drove E-rickshaws, was pure joy & self-satisfying to watch, as I was there KUDOS to Seema Khaitan for visualizing & executing the Project to its logical end and still taking care of it. My heartiest congratulations to Seema Khaitan & her team of Co-Chairpersons, Congratulations to District Chairman Anita Jain & all the participating Clubs.

The year E-Rickshaw project for women to enable them to earn their livelihood with dignity. Kudos to you Seema as a Women Empowerment Chairperson for your commendable efforts and for Clubs for their generosity and effort.

Maya Angelo said,

“Each time a woman stands up for Herself,
without knowing it, possibly without claiming it,
She stands up for All WOMEN”

PAP Dr. Urmil Bareja

District ESO 2021-2022

*“Respect a woman and
the world will respect you.”*



PP Anita Naveen

IWC of Delhi Vasant Kunj
Co-Chairperson - Women Empowerment Committee

Message

"Empowering women is the key to building a future that we want"

As a nation, as we progress towards a new era of independence, development and prosperity it is imperative to acknowledge the integral role played by women in shaping this success of the society. Be it in the fields of science & technology, arts & literature or sports, despite all adversities women have not only competed but shined against their male counterparts.

These empowered women have now paved the paths for future generations to realize the importance of pursuing their dreams and being diligent in doing so. Once again, proving the fact that empowered women, empower women. I am extremely grateful to our District Chairman 2021-22 **Mrs. Anita Jain**, for giving me the opportunity to be a part of the Women Empowerment Committee; a cause truly dear to me.

I want to express my heartfelt gratitude to Committee Chairperson **Mrs. Seema Khaitan** her vision, meticulous planning and execution of projects were a great learning experience for us all.

My sincere thanks to the co-committee chairpersons for being immensely supportive in all our endeavors. My heartiest congratulations to Presidents of all the clubs under our prestigious District 301, for having done such exemplary projects towards the cause of **'Women Empowerment'**.

Just like every drop creates an ocean, each of our projects has hugely impacted the cause for women empowerment. Here's to the strong empowered women in our society, ***"may we know them, may we raise them and may we be them"***.

PP Anita Naveen

IWC of Delhi Vasant Kunj
Co-Chairperson - Women Empowerment Committee



PP Renu Bhushan

IWC of Delhi Vasant Kunj
Co-Chairperson - Women Empowerment Committee

Message

इन्जर व्हील की हार्दिक शुभकामनाएं

“पूरी जिम्मेदारी के संग, भर रही हूँ मैं ऊंची उड़ान,
ना कोई शिकायत है ना कोई थकाना।”

आज मैं हूँ एक सबल नारी, कहती हूँ आप सब से यही बात,
मेरी है यही आवाज़:

नारी है सृजन की शक्ति, नारी है मानव जीवन का अस्तित्व,
इस सर्जन की शक्ति को, विकसित परिष्कृत कर सामाजिक,
आर्थिक एवं रानैतिक न्याय, विश्वास,
धर्म की स्वतंत्रता और समानता देना ही है।

नारी सशक्तिकरण,
जो सदियों से सहती आई है, लोक-शर्म और लाज मिले उसे अधिकार
और न हो उसपर अत्याचार न फेंके कोई उसपर तेजाब,
न बने फिर कोई निर्भया देनी होगी उसे बचपन से शिथा और प्रशिक्षण
जिससे तोड़ सकें रूढ़िवादी बेड़ियां जो हैं उसके पावं की जंजीर, नहीं रहेगी तब अबला,
बन जायेगी वो सबला, भरे फिर वह ऊंची उड़ान।

हो सपने फिर उसके साकार मत करो शोषित उसे बार-बार कह कर बेचारी
आज नारी ने अपनी काया को संवार कर सब बंधन तोड़े हैं
अपनी एक अलग पहचान बना समाज को विभिन्न अद्भुत रूप दिखाएं हैं
तभी तो आज हर घर की जान है नारी, देश की शान है नारी
दुनिया की पहचान है नारी, जब हर दृष्टि से होगी नारी शक्तिशाली
तभी तो कोई भी राष्ट्र होगा वैभवशाली।

PP Renu Bhushan

IWC of Delhi New Friends
Co-Chairperson - Women Empowerment Committee



PP Ritu Jain

IWC of Delhi Vikas

Co-Chairperson - Women Empowerment Committee

Message

This year IIW theme “PINK FIRST” defines the message:

‘Equality and Empowerment for Women’.

Women helping women that is the orientation of IIW’s presidential theme 2021-2022. It means that women can help women as Inner Wheel is a female oriented organisation.

Women’s empowerment has five components: women’s sense of self-worth; their right to have and to determine choices; their right to have access to opportunities and resources; their right to have power to control their own lives, both within and outside the home; and their ability to influence the direction of social change to create a more just social and economic order, nationally and internationally.

In this context, education, training, awareness raising, building self-confidence, expansion of choices, increased access to and control over resources, and actions to transform the structures and institutions that reinforce and perpetuate gender discrimination and inequality are important tools for empowering women and girls to claim their rights.

But despite a great deal of progress, women and girls continue to face discrimination and violence in every part of the world.

PP Ritu Jain

IWC of Delhi Vikas

Co-Chairperson - Women Empowerment Committee



PP Sunita Singh

IWC of Faridabad Industrial Town
Co-Chairperson - Women Empowerment Committee

Message

What is Women Empowerment ?

Is It—Right to influence Social Change for ourselves OR our ability to determine our choices OR Sense of self worth and respect.

HOWEVER—Sometimes I feel it is still—A MIRAGE—nothing has changed for us.

At the same time when given a second thought there is a vast difference in condition of women 30 or 40 years down the line and in current times.

Means we are becoming more and more empowered in due course of time.

Here I will like to mention that when I got the opportunity to be the part of INNER WHEEL CLUB I was and I am able to do my bit, by empowering my GENDER, helping them to get respect in society, by ensuring their health, safety and nondiscrimination. As Women Empowerment is essential for the achievement of Sustainable Development of Society.

In the age of ARTIFICIAL INTELLIGENCE the few of the problems that women are still facing today is PATRIARCHY, RACISM, SEXISM, ECONOMIC, DISPARITY. Such problems prevail not only in INDIA but throughout the world.

HENCE—It is not enough to give women or minorities equal right on PAPER. They need to be Empowered to be able to make use of this POWER.

AND Empower women to take the stand to do what THEY WANT TO.

UNDOUBTEDLY

STRONG WOMEN MAKES STRONGER WORLD

PP Sunita Singh

IWC of Faridabad Industrial Town
Co-Chairperson - Women Empowerment Committee



Mrs. Mala Rishi
District Chairman 2022-2023

Message

WOMEN EMPOWERMENT

Many of us as women are blessed to have been born in the strata of society which makes us feel independent from shackles of caste, creed, color, male dependence, male dominance etc.

What is Women Empowerment? Do we really need to empower women? Yes, we do require to empower a vast population of women as decades of male dominance has denied them strategic life choices. Moreover, the social and family responsibilities, due to emotional reasons mainly, doesn't allow a woman to evolve fully. Women empowerment is the process of retrieving their true rights and giving them their proper place and recognition in the society. Even today women are victims of domestic violence and abusive marriage. This discrimination against women is very pathetic & needs to be removed as soon as possible.

Women empowerment equips and allows women to make life determining decisions through different problems in society. It ranges from self-strength to efficiency building of women. However, empowerment of women now can be categorized into five main parts – **social, educational, economic, political and psychological**. Women have suffered as an unequal member through centuries. They require to be empowered as it's a human right and enables achieving a more peaceful prosperous world and coexistence.

Everyone has a different strength. We should include them in every opportunity and boost the morale of a woman to a comparative level of equality along with upholding self in high esteem. Women empowerment helps in boosting the status of women through five major ways - **literacy, education, training, counselling and awareness**. The best tool for empowering a woman is awareness of her rights as a human being.

Let us promote and get involved towards empowering women to enable them contribute towards the prosperity of the community, society and the country.

Mala Rishi

District Chairman 2022-2023



PNE Seema Khaitan
Chairperson - Women Empowerment Committee

Concluding Remarks

Warm Inner Wheel Greetings!!!

I would like to address this august audience with a quotes by John Holmes that plays a very vital role in my life.

“There is no exercise better for the heart than reaching down and lifting people up.”

Thank you, merci. gracias, danke, grazie!

No matter what language I pen this heartfelt note in it would translate to an enormous thank you to each one of you for being my constant source of strength, for keeping me motivated, for keeping me true to my mission & always reminding me of the spirit & essence of Inner Wheel.

We the Inner Wheel sisters are in every sense working towards building a happier, healthier, peaceful, independent, educated & a much better tomorrow, with a strong emphasis on women upliftment & financially independent women.

In the past our esteemed organization has initiated multiple programs & projects, which all the Inner Wheel sisters have carried out to the best of their ability & capability. It is the sense of service first, selflessness & the spirit of charity that is commendable in each one of us, these attributes play a key role in making all project of the IIW a roaring success. I salute & admire the very fabric of our organization. We all communicate, collaborate, commit, initiate, strategize & execute. I believe this process has worked wonders for us making each of projects more successful than the previous one!

It was a moment of utter joy when I as the District Triennial Coordinator accompanied with a 158-member delegation to “**Envision 2k22**” the 16th Triennial Conference in Varanasi a moment of true happiness & selfless service.



Also with the E-rickshaw donation drive was extremely dear to me as it enabled multiple women to become financially independent. It gave them a chance to decide for themselves, earn for their family, themselves & become a financially contributing factor to the society as well as to their household. A big big big thank you to **Renu Bhushan, Anita Naveen, Sumita Singh & Ritu Jain**, it was with your concerted efforts, unconditional support & guidance that we could make this initiative a reality.

Durga Shakti: a program by the world acclaimed kathak dancer **Shovna Narayan** was an eye opener to all its spectators not just in the gracious manner she performed & perfected her art but in the way she depicted multiple roles, duties, responsibilities we as women perform on a daily basis.

The discussion with **Dr. Rahul Manchanda** ace gynecologist was a very beneficial platform where all commonly prevalent health issue with Indian women were discussed & **Dr. Rahul** had been very graciously & patiently explained the how, what & why of each & every issue raised.

I with all my heart stand very humbled & touched by the endless efforts we've all put in to keep up the good work & build a happier tomorrow. I would also like to thank & appreciate all Clubs of District 301 & all Co-chairpersons for another year of success, love, laughter, togetherness & exceptional love.

Love and blessings always.

Seema Khaitan

Past National Editor 2019-20
Committee Chairperson
Women Empowerment Committee



Inner Wheel District 301

CLUB REPORTS

IWC Delhi Main	IWC Delhi Ridge	IWC Green Greater Noida
IWC Delhi Achievers	IWC Delhi Rohini	IWC Gurgaon South City
IWC Delhi Ambience	IWC Delhi Sainik Farms	IWC Gurgaon Sushant Vatika
IWC Delhi Central	IWC Delhi South	IWC Hapur
IWC Delhi Civil Lines	IWC Delhi South Metropolitan	IWC Hapur Sangini
IWC Delhi Civil Lines Vision	IWC Delhi Sunshine	IWC Indrapuram
IWC Delhi Grand	IWC Delhi Umang	IWC Jindal Nagar
IWC Delhi Greater Kailash	IWC Delhi University	IWC Modi Nagar
IWC Delhi Ipex	IWC Delhi Vasant Kunj	IWC Noida City
IWC Delhi Mayur Vihar	IWC Delhi Vasant Vatika	IWC Noida Elite
IWC Delhi Metro	IWC Delhi Vikas	IWC Pilakhuwa
IWC Delhi Midtown	IWC Delhi Vivek	IWC Palwal Tejaswini
IWC Delhi Midwest	IWC Delhi Westend	IWC Rohtak
IWC Delhi New Friends	IWC Faridabad Industrial Town	IWC Rohtak Bloomingdale
IWC Delhi North	IWC Ghaziabad	IWC Rohtak City
IWC Delhi North West	IWC Ghaziabad North	IWC Shipra Suncity
IWC Delhi Qutab	IWC Ghaziabad Greater	IWC Sonapat
IWC Delhi Raisina Hills	IWC Ghaziabad Golf Links	IWC Vaishali
IWC Delhi Rajendra Place	IWC Ghaziabad Royal	



IWC of Delhi Main

Report

No. of Beneficiaries: 265

Amount Spent: Rs. 1,01,952/-

Remarks: IWC Delhi Main has focused on Empowerment of girls by giving Stitching Machines, E-Rickshaws, Parlor Product, Hygiene Products, by getting them Married so that they feel settled in family life By giving them training of **JAGO DURGA ON ZOOM**. Club did a joint project at the **PHD HOUSE** Spending twenty thousand rupees. They also did several meetings on webinar to empower women. A lot of work done by them. I wish each and every capable person in our country start thinking to empower women, our country can come out of poverty soon as

*There is no Limit to what we Women can Achieve and
She overcame every thing that was meant to destroy them*



IWC Delhi Achievers

Report

No. of Beneficiaries: 270

Amount Spent: Rs. 1,63,200/-

Remarks: The Club contributed towards training of girls to become beautician. This was part of district project at Bhigaan village in Sonapat. The Club also enabled a Covid warrior widow, with 3 children to be financially self-sufficient by giving her an e-Rickshaw. She is a brave warrior who has helped and assisted people in sanitising their home during the deadly 2nd wave of Covid. The Club proposed to start a "**Silai Centre**" in a nearby village in the month of Sept 2021.

The members celebrated '**Nanhi Pari**' at ASHI. 31 under privileged girls decked up in fineries did the ramp walk, followed by the Club members. The little girls were given prizes, goody bags, snacks, water bottles and board games. The Club held '**Nanhi Pari**' part -2 virtually, from a remote village in Bihar. Girls were dressed up in attires couriered to them by the Club. These were children of local labourers, who also participated in ramp walk.

The children were also given talk on dental hygiene by the Club ISO, virtually. The children were given the treats after the program. Technology played an important role in bringing about happiness by connecting with under-privileged girls from a remote village in Bihar.

There is a way in which you can empower yourself as a woman. Think positively and empower yourself. The main aim is to choose to be a warrior and not a victim.

*"Think like a queen, a queen is not a prey to fall.
Failure is another steppingstone to greatness." - Oprah Winfrey*





IWC Delhi Ambience

Report

No. of Beneficiaries: 1137

Amount Spent: Rs. 21,45,050/-

Remarks: • IWC Delhi Ambience contributed to District E- Rickshaw project "Dus Ka Dum". • Jingle Bell Dresses were distributed as part of Nanhi Pari Project. • Approx. 700 dresses were provided to IWC Ghaziabad Club as part of Nanhi Pari Project. • On the occasion of Makar Sakranti winter dresses, accessories, shoes and snacks were distributed in girls' orphanage. • Interacted with young girls and distributed new dresses. Organized a ramp walk and distributed healthy snacks for Nanhi Project at Bhatti Mines. • Visited a center where handmade products were made and sold to promote self-reliance. Interacted with employees and bought items to promote their work. • Continued last year's project to help Shalini, and her mother became financially independent. They helped advertise her products in the district by preparing an information leaflet and stickers and placing that with face pack. These were distributed in Jonapur Village. • 200 Jingle Bell dresses and accessories were distributed to young girls in Able Charity Orphanage.

"In the future, there will be no female leaders. There will just be leaders."

– Sheryl Sandberg



IWC Delhi Central

Report

No. of Beneficiaries: 3 Families

Amount Spent: Rs. 27,200/-

Remarks: • IWC Delhi Central provided two sewing machines for two under privileged women. They also contributed Rs 20,000/- in District E- Rickshaw project.



IWC Delhi Civil Lines

Report

No. of Beneficiaries: 4

Amount Spent: Rs. 13,6100/-

Remarks: IWC DELHI CIVIL LINES along with a E-Rickshaw given by them to girl so that she can earn livelihood for her family they also invested in a vegetable selling movable cart for a needy girl interested in supporting her family. Really money spent for a noble cause by empowering a girl child.

*No one ever became a Success without taking Chances,
One must be able to recognize the moment and seize, it without delay*





IWC Delhi Civil Lines Vision

Report

No. of Beneficiaries: 20

Amount Spent: Rs. 1000/-

Remarks: The Club helped in training women workers in making hairbands, candles and 'Diyas'. any skill taught to women goes a long way in enabling them to be self-sufficient in many ways.

"Men must change their mindset towards women. If they are more respectful towards them, things will change at the grass-root level. It will happen slowly, but everyone must move together." Madhuri Dixit



IWC Delhi Grand

Report

No. of Beneficiaries: Multiple

Amount Spent: Rs. 36,020/-

Remarks: IWC Delhi Grand enabled fee and dress of 20-year-old girl for dance competition on TV channel - "Ishwar". On the occasion women's day, they provided a Rickshaw to a lady coolie working as labor. Purchased Diyas from Diya makers who earn their livelihood using cow dung. Provided one hundred fifty registers and pens to Voice of Slum NGO where they educate children from economically weaker sections. They also contributed to District E- Rickshaw project.

*"We've begun to raise daughters more like sons...
but few have the courage to raise our sons more like our daughters."
- Gloria Steinem*



IWC Delhi Greater Kailash

Report

No. of Beneficiaries: 104

Amount Spent: Rs. 15,300/-

Remarks: The Club sponsored the fees for a professional designing course of an under-privileged girl. The discarded army uniforms were brought to use by making masks, apron and napkins out of them. A perfect example of 'recycle and re-use'. The Club partially contributed to the District mega e-rickshaw project 'Irada Dus Ka Dum'. The Club members held professional training workshops for speech delivery and recording. Women from economically weaker section were provided with old and new sweaters, shoes and salwar suits. Club donated wool to under-privileged women to make sweaters for their school going children. Inner Wheel as an organization works across gender, class, caste, creed. The areas touched upon by the organization is varied.



Being a woman can be challenging at times, and they have to face so many barriers, such as honour killing, forced marriages, gender discrimination, occupational segregation, violence etc. Despite the barriers women are proving their worth at every step and achieving everything they desire. They are objectified and looked down upon.

“A huge part of being a woman is giving other women the freedom to make choices, you might not necessarily make yourself.” Lena Dunham



IWC Delhi Ipex

Report

No. of Beneficiaries: 3

Amount Spent: Rs. 13,700/-

Remarks: The Club contributed towards District Mega E-Rickshaw project “IRADA DUS KA DUM”. They also contributed a token of appreciation towards “Strong Women, Stronger World”. The members donated a sewing machine to an underprivileged woman, which marked a positive step towards enabling her to earn a decent livelihood. The Club also provided some beauty products to a woman, in order for her to run her beauty business efficiently. Women empowerment is defined as promoting a woman’s self-worth and her ability to do things based on their own choices and her right to influence social changes for themselves and others.

“I never dreamed about success, I worked for it”- Estee Lauder.



IWC Delhi Mayur Vihar

Report

No. of Beneficiaries: 6

Amount Spent: Rs. 30,000/-

Remarks: IWC Delhi Mayur Vihar, under its women empowerment project, distributed pink bicycles to underprivileged girls to encourage them to go to Schools and save money and time for travel.

*“I can promise you that women working together –
linked, informed and educated –
can bring peace and prosperity to this forsaken planet.”
- Isabelle Allende*





IWC Delhi Metro

Report

No. of Beneficiaries: 93

Amount Spent: Rs. 47,700/-

Remarks: IWC of Delhi North encouraged and helped a girl to learn Driving. Arranged the Marriage of a orphan girl. Really a very good effort to settle a girl in life.



IWC Delhi Midtown

Report

No. of Beneficiaries: 608

Amount Spent: Rs. 14,80,884/-

Remarks: Inner Wheel Club of Delhi, Mid Town contributed generously towards the District mega project named “**IRADA DUS KA DUM**”, **E-Rickshaw** project. This is a long-term sustainable project empowering three women in the true sense of the word. The women e-rickshaw drivers received training under the skill development program of the Government of India. The Club made PowerPoint presentations of women entrepreneurs in the Club, to be showcased in the district calendar. The Club also contributed, six sewing machines empowering the beneficiaries, thus enabling them to earn a livelihood for their families.

The Club facilitated training of thirty girls to become beauticians. Out of these twelve girls were provided starter kits to start their own businesses. Eighteen of the remaining girls were given other gift hampers. Before the on-set of winters, the Club donated blankets to the under-privileged. In addition, sanitary napkins were distributed to young girls. The Club also contributed towards a sanitary napkin vending machine-this in turn also generated employment for women. A talk was delivered to young girls on personal health and hygiene. Raw materials for manufacturing the sanitary napkins for a year, were also provided by the Club.

“A woman with a voice, is by definition a strong woman” – Melinda Gates



IWC Delhi Midwest

Report

No. of Beneficiaries: 254

Amount Spent: Rs. 2,28,150/-

Remarks: The Club volunteered to sponsor a young girl for nurse’s training for the entire duration of 4 years. Sweaters and caps were distributed to young trainee beauticians. Curtains were provided with fabric to the tailoring trainees. Face shield and N95 masks were also donated during the times of Covid.



The Club sponsored the fees for two semesters for an under-privileged girl candidate pursuing Teacher's training program. This was a very positive step towards empowering a young girl in to making her self-sufficient. One of the Club members is also tutoring her for spoken English. The Club has extended her financial support for entire duration of 2 years. The Club members visited the stitching and tailoring unit of a university. A motivational talk was given to boost the morale of the girl students.

There are a lot of challenges for women in any society to prove themselves, but the aim is not to glorify the challenges but rather, to look at how at every step, women have fought back to make their voices heard and stand up for their rights and rights of other women. In the words of Nobel prize winner Malala Yousafzai,

"If one man can destroy everything, why can't one girl change it."



IWC Delhi New Friends

Report

No. of Beneficiaries: 114

Amount Spent: Rs. 78,900/-

Remarks: IWC Delhi New Friends sponsored Rakhis to under privileged women so that they can sell those Rakhis. Organized A Mehndi competition for girls, provided awards and soft drinks as well as chocolates. On the occasion of Durga Pooja distributed sarees, sanitary napkins, food to the workers of tea garden. Contributed to District E – Rickshaw project. They will organize a training session for the students to do block painting and provide them fabrics, color and other essentials for painting. Leaving prints of INNER WHEEL, they inaugurated Inner Wheel New Friend Baking Centre, where they appointed a baking expert who will give training of baking cakes and cookies and paid 9,600 for raw material and for baking classes. Provided fabric worth Rs. 5000 and sweater with Inner Wheel logo to the workers of Silai centre.

"Behind every great woman is another great woman" – Kate Hodges



IWC Delhi North

Report

No. of Beneficiaries: 10

Amount Spent: Rs. 21,000/-

Remarks: Inner Wheel Club Delhi North has contributed in a District of E-RICKSHAW under Women Empowerment.

I tell my story, not because it is unique, but because it is not. It is the story of many





IWC Delhi North West

Report

No. of Beneficiaries: 20

Amount Spent: Rs. 8,200/-

Remarks: The Women Empowerment Committee of IWC Delhi North West honored school teachers of Village Kannuja and distributed dupattas and trophies.

*"There is no limit to what we, as women, can accomplish."
-Michelle Obama*



IWC Delhi Qutab

Report

No. of Beneficiaries: 20

Amount Spent: Rs. 60,568/-

Remarks: Four Sewing Machines were distributed by IWC Qutab to the under privileged women. A computer course was organized for under privileged girls.



IWC Delhi Raisina Hills

Report

No. of Beneficiaries: 45

Amount Spent: Rs. 95,270/-

Remarks: The Club donated one e-rickshaw as part of the District mega e-rickshaw project, 'Irada Dus Ka Dum'. This enabled an under-privileged woman from an economically weaker section of society to support herself and her family in a sustainable way.

Club contributed large number of sanitary napkins to under-privileged girls and women. This not only helped the young women and girls to cope with their menstrual cycle with dignity but also taught them about cleanliness and hygiene during periods. The Club also contributed some day-to-day essential items to these under-privileged girls.

An empowered woman is the source of an empowered family. Respecting a woman does not mean that you are supposed to treat her like a queen every time. It simply means that you should appreciate her the way she is.





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महिला सशक्तिकरण Women Empowerment
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IWC Delhi Rajendra Place

Report

No. of Beneficiaries: 1

Amount Spent: Rs. 9,000/-

Remarks: IWC Rajendra place have contributed for a **E-RICKSHAW** to a girl interested in becoming Independent by earning herself. Good Thought. There is awareness in girls to be the bread earner of the family.



IWC Delhi Ridge

Report

No. of Beneficiaries: Multiple

Amount Spent: Rs. 31,900/-

Remarks: Live candle making workshop was organized by IWC DELHI RIDGE towards women empowerment and entrepreneurship. The aim was to make them financially independent. Vocational training was provided to under privileged women. Empowered Mrs. Suman Sharma a skilled tailor by providing her project to make face masks and handbags.

A certificate of recognition was giving to six women to motivate them for their startup. Bought 60 matki diyas, calligraphy on handmade paper and cookie packs for gifts for district and chairs. They also contributed to the district E- Rickshaw project.

"Women are like tea bags. They don't know their true strength until they are in hot water."



IWC Delhi Rohini

Report

No. of Beneficiaries: 32

Amount Spent: Rs. 22,200/-

Remarks: The Club partially contributed to the District mega **e-rickshaw** project '**Irada Dus Ka Dum**'. The Club members collected old clothes to be donated to the under-privileged women. Sewing machines were donated to women from economically weaker section, in order to enable them to earn a sustainable livelihood. Every drop in the ocean matters. Contributions big or small are solid steps in creating an equal society of self-sufficient, independent women. In the words of astronaut Kalpana Chawla, **"The path from dreams to success does exist. May you have the vision to find it, the courage to get on it and the perseverance to follow it."** Strong women make stronger world. Don't wait for people to support you, be your own support that is where the strength of a woman lies.





IWC Delhi Sainik Farms

Report

No. of Beneficiaries: 230

Amount Spent: Rs. 1,00,300/-

Remarks: IWC Sainik Farms have indeed done a very remarkable work under the Committee of Women Empowerment.

They donated things like Kanchak bags, masks, cushions cover several meters of cloth, dolls, dresses, laces, ribbons to the young entrepreneurs who can support their families by making and hence earning through it. Indeed a good way to empower a women.



IWC Delhi South

Report

No. of Beneficiaries: Multiple

Amount Spent: Rs. 13,600/-

Remarks: IWC of Delhi South has also tried to empowerment girls by teaching them stitching hence donated sewing machines, several meters of cloth and all its accessories.



IWC Delhi South Metropolitan

Report

No. of Beneficiaries: 20

Amount Spent: Rs. 20,768/-

Remarks: IWC South Metropolitan helped the girl who completed tier beauty parlor course. They distributed sanitary napkins, Nivea face wash, washable diapers, towel, bibs, biscuit etc.

Frocks, toys, Story books, woolen blankets, and refreshment to the under privileged women and girls. They danced wearing frocks an enjoyed on the tune of the song – “**Mere Ghar Aai Ek Nanhi Pari**”

IW logo mask also distributed. Organized monthly ongoing project for computer coaching for girls of Kusumpur Pahari. Organized a talk by Dr. Sapna from AOGD organization on lactation precautions, childcare, and menstrual hygiene.

It was attended by 5-7 mothers with their children. They contributed to the district E- Rickshaw project.

“We have to teach our girls that they can reach as high as humanly possible” - Beyonce





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IWC Delhi Sunshine

Report

No. of Beneficiaries: 4

Amount Spent: Rs. 15,000/-

Remarks: COVID has certainly left few family devastated to the extent that they are left with no means of livelihood. Thus the amount of 15000 can a major help to the family of 4 whose earning member has succumbed to it.

"You do not have to be perfect but you have to be committed"



IWC Delhi Umang

Report

No. of Beneficiaries: 124

Amount Spent: Rs. 83,780/-

Remarks: The Club partially contributed towards the District mega e-rickshaw project 'Irada Dus Ka Dum'. The Club members sponsored training for 2 instructors to teach stitching in a 'silai kendra'. The fees for the training were contributed by the Club.

On the occasion of the Int Women's Day, Club helped set up a 'silai centre' in Udaipur. The idea was to help the under-privileged women from nearby and remote villages to be trained at this centre. This would help them to be financially independent and support their families as well. One of the Club members, who owns a beauty salon, volunteered to train young girls from nearby villages, thus enabling them financially independent.

"I strongly believe that the first step and the most important tool towards women empowerment is education. The right education will ensure that women are more competent and confident in taking up bigger challenges and raising the bar in any field." Kirtiga Reddy



IWC Delhi University

Report

No. of Beneficiaries: 5

Amount Spent: Rs. 9,000/-

Remarks: IWC Delhi University made a generous contribution of Rs. 9,000/- to the Project E-rickshaw, a project on women empowerment whereby E-rickshaws were distributed to the needy women to enable them to earn their livelihood with dignity.

"Feminism isn't about making women stronger. Women are already strong, it's about changing the way the world perceives that strength." - G.D. Anderson





IWC Delhi Vasant Kunj

Report

No. of Beneficiaries: 106

Amount Spent: Rs. 1,30,304/-

Remarks: IWC Delhi Vasant Kunj has donated 3 **E-Rickshaws** to the underprivileged girls with driving license. What a way to Empower Girls--- To earn their livelihood in turn support the family. At the same time they have invested in settling down a girl in family life with a complete Wedding Trousseau as well as utility items so that she can concentrate in other more important affairs like doing job somewhere and earn for the family in happy state of mind. All other possible way like GIVING Bicycles, Sanitary Napkins, Masks, Laptop, Books , Uniforms Fabric- for that matter they have tried to help Women or Girls in every possible way so that they are able to earn for themselves- Hence Empowered.

"Hats off to them Women's freedom is the sign of social freedom"



IWC Delhi Vasant Vatika

Report

No. of Beneficiaries: 1

Amount Spent: Rs. 10,000/-

Remarks: IWC Delhi Vasant Vatika under its Stree Shakti project distributed tricycles to one physically challenged woman who lost her legs in order to empower her and encourage her to move freely and independently.

"We need women at all levels, including the top, to change the dynamic, reshape the conversation, to make sure women's voices are heard and heeded, not overlooked and ignored." – Sheryl Sandberg



IWC Delhi Vikas

Report

No. of Beneficiaries: 80

Amount Spent: Rs. 71,000/-

Remarks: The Club contributed sewing machines to ten women in addition to providing them with raw materials to kick start their tailoring businesses. This is a long-term sustainable project, which will help these women earn a livelihood to support their families and lead a life of dignity. The Club also contributed towards setting up of a '**Kirana**' shop, yet another way of empowering women in the long run. Empowerment includes raising women's status through education, career, literacy, and upskilling. The Club has also enabled a woman to set up a tea stall; a sustainable and dignified way to make a living for herself and her family.





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IWC Delhi Vivek

Report

No. of Beneficiaries: 20

Amount Spent: Rs. 12,500/-

Remarks: IWC of Delhi Vivek has opened a beauty parlor at Sewa Bharticenter Kaekaedooma East Delhi. Have also donated a pedicure machines. Around twenty girls were benefitted and it is going to help them throughout their life.



IWC Delhi Westend

Report

No. of Beneficiaries: 17

Amount Spent: Rs. 3,000/-

Remarks: The Club members celebrated Women's Day at NOIDA camp. The celebration included ramp walk and various other games followed by tea and refreshments. Many Indian women from the entertainment industry, sports and education, have proved their prowess despite all odds. Indian women have garnered much appreciation for their extra-ordinary work and achievement. As author Arundhati Roy aptly puts it in words, ***"I do not success and failure seriously. The only thing I do seriously is marching forward. If I fall, I get up and march again."***

*"No woman should be told, she can't make decision about her own body.
When women's rights are under attack, we fight back." - Kamala Harris*



IWC Faridabad Industrial Town

Report

No. of Beneficiaries: 82

Amount Spent: Rs. 2,60,993/-

Remarks: The Club sponsored fees for girls pursuing diploma course. They contributed partially for the district mega **E-rickshaw** project '**Irada Dus Ka Dum**'. Vegetable vending carts were provided to under-privileged women. They put a lot of emphasis on this project, to provide long-term sustainable means of livelihood to women of economically weaker sections. **"Silai centre"** was set up for girls by providing by sewing machine and raw material etc.

Ladies' bicycles were provided to girls who came to work from remote areas to the city. Women empowerment is an important subject, essential to create powerful women. When it comes to deciding about their lives, women should be self-sufficient and should have their voice.

*"If you want something said, ask a man;
if you want something done, ask a woman." - Margaret Thatcher*





IWC Ghaziabad

Report

No. of Beneficiaries: 211

Amount Spent: Rs. 12,712/-

Remarks: IWC of Gaziabad have put in good efforts for empowerment of girls and women by donating E- RICKSHAW and Sewing machines .Thus by having skill girls can earn their lively hood and their family.



IWC Ghaziabad North

Report

No. of Beneficiaries: 14

Amount Spent: Rs. 13,650/-

Remarks: IWC GAZIABAD NORTH spent money in Training Girls to make Planters and Applying mehendi thus making them empowered Great thought.



IWC Ghaziabad Greater

Report

No. of Beneficiaries: Women

Amount Spent: Rs. 3,000/-

Remarks: IWC Ghaziabad Greater contributed to District project "Naki Ki Dewar".

"Feminism isn't about making women stronger. Women are already strong; it's about changing the way the world perceives that strength."



IWC Ghaziabad Golf Links

Report

No. of Beneficiaries: 21

Amount Spent: Rs. 92,000/-

Remarks: The Club contributed one e-rickshaw as part of the District mega e-rickshaw project - 'Irada Dus Ka Dum'. As part of the image-building exercise, the Club arranged a seminar at ABES Engg college for 20 girls. Union Minister Smriti Irani has rightly put it in words, "Just like charity begins at home, we have to start making a change from home and society. We need to work together to make this world a better place for women. We have to break some age-old shackles of the patriarchal society we belong to. Hence image-building for women is an important step towards it." In the words of ex-policewoman and politician Kiran Bedi, "The focus is what is right before you - to give it your best. It shows the seeds for tomorrow."





IWC Ghaziabad Royal

Report

No. of Beneficiaries: 23

Amount Spent: Rs. 56,400/-

Remarks: Celebrated Women's Day by empowering twelve marginalized women by providing them with sewing machines.

Honored and recognized eleven entrepreneur club members by giving them trophies. Felicitated their honorary member Indian Para Athlete Shweta Sharma.

"A woman is the full circle. Within her is the power to create, nurture and transform." – Diana Mariechild



IWC Gurgaon South City

Report

No. of Beneficiaries: 221

Amount Spent: Rs. 2,52,500/-

Remarks: A sewing machine was provided to a Silai Kendra at Kannauja Village. On the occasion of the COV of their club an IW Haat was organized. Women from Responsenet NGO brought their products and members of IW family purchased products from them.

Girls going to South Korea for Taekwondo competition were supported by their club and meritorious girls from under privileged background were given cash amount as a token of encouragement on COV by DC **Mrs. Anita Jain**.

IW Haat was organized, and products made by Suchitra weavers were showcased and purchased by IW members. Sponsorship was provided for skill training of women to earn their livelihood. 40 pair of socks were purchased from Suchitra weavers for IW members.

They also contributed to District E- Rickshaw project. A stitching centre was started "Dhoori hoon main" at Budh Vihar and teachers were paid for six months to teach stitching.

Participated in Pink Brigade Car Rally and celebrated Women's Day at PHD House, Delhi. Dant Pari Course: Six months dental training was provided to five girls from Vidhya school and Harmon house. Dal, Daliya, Rice and Ghee was distributed at Saini Khara Village to pregnant and lactating mothers.

"The glass ceiling will go away when women help other women break through that ceiling." – Indra Nooyi





IWC Gurgaon Sushant Vatika

Report

No. of Beneficiaries: 290

Amount Spent: Rs. 46,200/-

Remarks: The Club contributed sewing machines and raw materials to underprivileged women, to start a sewing school. The Club also helped these women to put up billboards near their residence and their village to advertise their business and help gain more customers.

On the occasion of their charter day, the Club gave away herbal soaps, made by women from an NGO in their vicinity. The Club also helped underprivileged girls in re-charging their mobile phones in order to continue with their online classes. Books and stationery items were also donated to underprivileged girls on Yoga Day. These girls were felicitated with certificates to encourage them and boost their morale.

The Club also partially contributed towards the Mega District E-Rickshaw project “IRADA DUS KA DUM”. This shows how women empowerment is a must and women should feel empowered more and more, to do what they wish to accomplish in their lives – related to career, education and other spheres.

“A girl should be two things, who and what she wants” – Coco Chanel.



IWC Hapur

Report

No. of Beneficiaries: 8

Amount Spent: Rs. 300/-

Remarks: The Club conducted a ramp walk of Club members, as influential women of India. This would definitely provide a lot of motivation to young and old members.

The Club felicitated all the Doctors by paying them a tribute. On Teacher’s Day, all the teachers in the Club were awarded certificates for being mentors and helping shape bright future.

Women are always seen as housewives and caretakers, but these days women are working and doing well in their career, and that is what empowerment is, to do better and better in life.

Women empowerment is essential because, empowering a woman is giving the woman their basic right. They should have equal rights in everything they do. Empowerment is not only crucial in their home, but also wherever they go.





IWC Hapur Sangini

Report

No. of Beneficiaries: 33

Amount Spent: Rs. 1,700/-

Remarks: Sanitary pads were distributed by IWC Hapur Sangini to the under privileged women. "Naari Shakti" A program was organized that was all about women's strength and it was well explained by lady police inspector. Empowered women and skilled them about handicrafts.



IWC Indirapuram

Report

No. of Beneficiaries: 30

Amount Spent: Rs. 23,000/-

Remarks: The Club partially contributed towards the District Mega E-Rickshaw project "IRADA DUS KA DUM". One of the Club members, trained an underprivileged woman in crochet and help her setup a crochet training center.

Needles and thread were also provided to this underprivileged woman by the Club. The Club also helped some women in setting up a nursery by providing them seeds to kickstart their business. This would help them setup a plant nursery, a solid step towards a long-term and sustainable means to earn their livelihood.

Women empowerment is important because it is essential that women are able to do everything, they set their motivations on. There are times when your family doesn't support you in your decision, and that is when you need to stand up for yourself. Empowering women is very important and much needed, this determines you as a woman.



IWC Jindal Nagar

Report

No. of Beneficiaries: 4

Amount Spent: Rs. 500/-

Remarks: Although small but certainly meaningful of giving cloth to women to stich bags thus trying to do earning for their families.

Even if you are having thought to help somebody your work is half done.





IWC Modi Nagar

Report

No. of Beneficiaries: 114 +

Amount Spent: Rs. 42,100/-

Remarks: IWC Modinagar enabled the underprivileged girls for complete primary education in order to empower women. They trained underprivileged women to do embroidery. They contributed two sewing machines in the marriage of two underprivileged girls.

They distributed ration to underprivileged women. Celebrated mothers' day in Spice Garden for empowering women. They also contributed to the district E – Rickshaw project.

*"You educate a man; you educate a man.
You educate a woman; you educate a generation."*



IWC Noida City

Report

No. of Beneficiaries: 2

Amount Spent: Rs. 5,000/-

Remarks: IWC NOIDA CITY enabled cash to two under privilege girls for their uniform and stationary.

*"You never have to ask anyone permission to lead.
When you want to lead, you lead." – Kamala Harris*



IWC Noida Elite

Report

No. of Beneficiaries: 1

Amount Spent: Rs. 4,000/-

Remarks: The Club donated a sewing machine in a sewing centre, enabling an under-privileged woman to learn a skill and help her earn a livelihood in the long run.

Instead of marrying-off girls at a young age, they should be educated, taught a skill, so that they are able to live a life of dignity.

"Marriage is made out to be so important for girls, the focus has to shift at some point from marriage to the real challenges of life, which are same for women and men. We have to prepare our girls, just the way we prepare the boys." Kangana Ranaut





सुबल

महिला सशक्तिकरण Women Empowerment
Inner Wheel District Committee 2021-22

IWC Pilakhuwa

Report

No. of Beneficiaries: 44

Amount Spent: Rs. 1,66,400/-

Remarks: The Club donated a sewing machine to an under-privileged girl on her marriage. Members donated woolen sweaters to girl students in a school. The Club also contributed to a mass-marriage of 14 girls. This was part of a project done by Bharadwaj Parishad. Helping under-privileged girls married with dignity is one of the noblest deeds.

"As women we must stand up for ourselves.

We must stand up for each other. We must stand up justice for all." Michelle Obama



IWC Palwal Tejaswini

Report

No. of Beneficiaries: 561

Amount Spent: Rs. 1,22,050/-

Remarks: On international women day IWC Palwal Tejaswini organized a blood testing camp for checking the hemoglobin and spread awareness about cancer prevention. They opened Atam Nirbhar Silai Center which was inaugurated by District Chairman **Mrs. Anita Jain**.

They provided almirah, sarees, blankets, jewelry, etc. for under privileged orphan girl's marriage. They also distributed sanitary napkins.

"Every woman's success should be an inspiration for another.

We're strongest when we cheer each other on." – Serena Williams



IWC Rohtak

Report

No. of Beneficiaries: 4262

Amount Spent: Rs. 262500/-

Remarks: IWC Rohtak made a generous contribution of Rs. 51,000/- to the Project E-rickshaw, a project on women empowerment whereby E-rickshaws were distributed to the needy women to enable them to earn their livelihood with dignity. The Club also organized camp for the pregnant ladies, where iron folic tablets were distributed

"Strong women don't play the victim. Don't make themselves look pitiful and don't point fingers. They stand and they deal." – Mandy Hale





IWC Rohtak Bloomingdale

Report

No. of Beneficiaries: 4 +

Amount Spent: Rs. 59,500/-

Remarks: The Club donated a washing machine to an under-privileged woman. They also honoured a lady driver, who drives a school bus. She helps children from a slum area to go to school. The Club partially contributed for the District mega e-rickshaw project, within 'Irada Dus Ka Dum'. The Club donated a facial machine at a beauty salon in the vicinity. This would enable a lot of women to earn a livelihood on a long-term sustainable basis. The name of the saloon was based on the theme of the Inner Wheel year 2021-22 "Pink First".

"You don't have to be pretty; you don't owe prettiness to anyone. Not to your boyfriend/ spouse/ partner, not to your co-worker, especially not to random men on the street. You don't owe it to your mother, you don't owe it to your children, you don't owe it to civilisation. Prettiness is not a rent you pay for occupying a space marked 'female'." Erin McKean



IWC Rohtak City

Report

No. of Beneficiaries: 4262

Amount Spent: Rs. 2,62,500/-

Remarks: The Club organised an exhibition, which gave ample opportunity to girls and women to showcase their talent. The Club members helped an under-privileged girl to start a beauty salon. The salon was named 'Inner Wheel Beauty Parlor'. The Club enabled a domestic help to be trained in acupressure therapy. This would help her earn some extra income to support herself and her family.

The Club members donated a coffee vending machine to an all-women restaurant run for women, by women promoting the theme of the year 2021-22 'Pink First'. One of the women entrepreneurs of the Club showcased handicraft product in an exhibition. The Club helped her financially to hold this exhibition.

To promote women education one of the Club members delivered a motivational speech to under-privileged girls. As part of a religious project Club donated a 'petal ghanta' with hammer to a temple. They also gave a token amount to each of the girls who danced at a religious event. The Club members generously contributed to the District mega e-rickshaw project, 'Irada Dus Ka Dum'.

The Club was one of the 9 clubs who hosted the District picnic. As part of a medical project Club donated iron-folic tablets to pregnant and lactating women from nearby areas on the occasion of International Women's Day.



Women lead the world today, but most of us don't recognise her. We all need to change our mentality and should start respecting her, not only on Women's Day and Mother's day but every day. True love is incomplete without basic respect for women.



IWC Shipra Suncity

Report

No. of Beneficiaries: 66

Amount Spent: Rs. None

Remarks: IWC Shipra Suncity created awareness amongst the under privileged girls about importance of menstrual hygiene and use of sanitary pads. They trained under privileged girls to make jewelry from waste clothes.

"Don't be afraid. Be focused. Be determined. Be hopeful. Be empowered"
– Michelle Obama



IWC Sonapat

Report

No. of Beneficiaries: 1

Amount Spent: Rs. 1,100/-

Remarks: IWC OF SONIPAT helped a girl with dire necessity with eleven hundred of Rupees. With this this girl will have in the almighty that when there is a will there is a way.



IWC Vaishali

Report

No. of Beneficiaries: 4

Amount Spent: Rs. 14,000/-

Remarks: INNER WHEEL OF VAISHALI spent 14000 of rupees and Empowered two women on the occasion of Durga PUJA by giving them SEWING MACHINES which would help them to earn the livelihood for their family thus making A HAPPY FAMILY. Thus Friends-- Always find something you are passionate about and keep Tremendously interested in it





Seema Khaitan

Chairperson - Women Empowerment Committee

International Inner Wheel Theme

Dear Friends,

Warm Inner Wheel Greetings!

At the outset, let me extend my best wishes to all of you for new session of the Inner Wheel commencing 1st July each year. I would also like to congratulate **Mrs. Mala Rishi**, District Chairman D-301 and her team for the upcoming year with full of exciting and thought-provoking projects. I believe the new team will carry forward the legacy and bring laurels to the District.

Friends, as we all know, this year Theme of International Inner Wheel (2022-23) is '**Work Wonders**'. As the Theme goes, the literal meaning of Work Wonders means to do something miraculous, to achieve something that was very hard to accomplish, to accomplish something that seems unbelievable.

Inner Wheel is conceived to give a platform of likeminded women around the world. In this long journey, Inner Wheel has managed to achieve its goal to serve the downtrodden and underprivileged people of the society irrespective of caste, creed, religion etc. I believe, this year too, the new team will live up to the expectation and will do a complete justice to the true meaning of the Theme – **Work Wonders**.

It has been said that faith sees the invisible, believes the incredible and receives the impossible. When fear knocks on the door of your heart, send faith to open it and you will be free from distress. We come face-to-face with difficulty and danger, disease and death. We feel frightened. If only we cultivate the faith that such experiences come to us not without a purpose, we need never be afraid.



As the saying goes *“Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results.”*



International Inner Wheel Theme 2022-2023

Seema Khaitan

Past National Editor 2019-20

Committee Chairperson

Women Empowerment Committee



“जहाँ एक महिला है, वहाँ जादू है”





Girls with Dreams Become Women of Vision





JAGO DURGA





Distribution of 10 E-Rickshaws



Empowered Women, Empower Women



Women Empowerment is the process of giving women the guidance and support by increasing her capacity to make choices and to transform those choices into desired actions and outcomes. By joining a **Women Empowerment Project**, you will help women around you who have been suppressed, take back their power.

Once you've decided to volunteer for a women empowerment program, you might wonder what type of tasks you will do during. Each program may differ as they all have a different focus depending on the requirements of the society:

- Focus on personal development of women
- Women's rights
- Providing a safe environment for women and their children
- Educating women
- Give vocational training so women can find work
- Teach English and/or business skills
- Few more projects can be included as supplementary projects for women empowerment.
- Ending gender-based violence.
- Sexual and reproductive health and rights.
- Economic and social rights and empowerment.
- Equal participation and leadership.
- Women, peace and security.
- Green and digital transformations.
- Individual empowerment.
- Gender empowerment.
- Social empowerment.
- Educational empowerment.
- Economic empowerment.
- Political empowerment.
- Psychological empowerment.
- Physical empowerment.

International Inner Wheel Theme 2022-23

Art Concept:

The creation of the stars is a wonder of creation across cultures and time.

The figurines in Inner Wheel blue and yellow represents the members, in lively pose as they show their amazing and spectacular work.

The stars are in the colours of the rainbow representing the myriad of activities in all spheres.

The rainbow of lights when combined is the white light the Inner

Wheel women shines to the world.



PNE Seema Khaitan
Committee Chairperson 2021-22